



**FRESH PRODUCE
FROM
THE FIELDS OF
ONTARIO**

FARM FRESH from Ontario

Sweet Ontario
Strawberries

2.49
quart

FARM FRESH from USA

Blueberries,
Raspberries,
Blackberries

2.99
ea.

Hydroponically Grown in Ontario

Large English
Cucumbers

99¢
ea.

FARM FRESH from Ontario

Green or Red
Leaf Lettuce

99¢
ea.

FARM FRESH from Ontario

Fresh
Green Onions

2.99
ea.

FARM FRESH from Ontario

Fresh
Spinach

79¢
bunch

FARM FRESH from the USA

Fresh
Baby Greens

3.99
lb.

FARM FRESH from the USA

Jumbo Sweet
Cantaloupes

1.99
ea.

Deli

Swiss Cheese

1.99
100g

Schneiders

Off the Bone Ham

1.49
100g

Mastro, Hot or Sweet

Casalunga Salami

1.39
100g

Heritage

Browned

Turkey Breast

1.99
100g

Schneiders

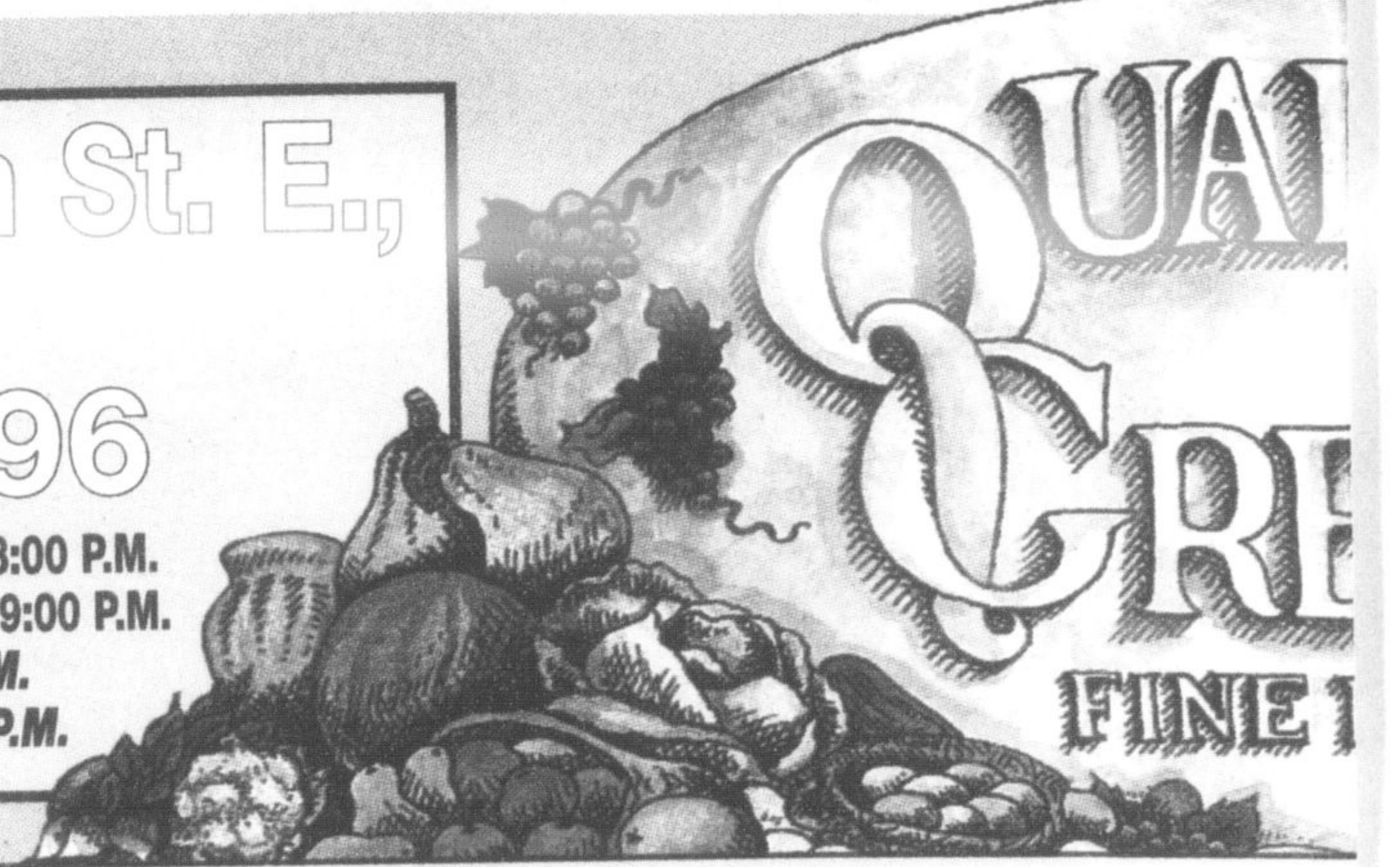
Roast Pork

1.49
100g

Prices in effect from Tu

228 Main St. E.,
Milton
876-4496

MON. - WED. 8:00 A.M. to 8:00 P.M.
THURS. - FRI. 8:00 A.M. to 9:00 P.M.
SAT. 8:00 A.M. to 7:00 P.M.
SUN. 10:00 A.M. to 6:00 P.M.



Redpath
Granulated
White Sugar

1.99
2 Kg Bag



Charmin
By Royale

4.99
24 pack

Reg or Honey Nut
Cheerios
Breakfast

1.99
425/375

Arrowroot
Cookies

2.99
500 gr
Bonus Pack

Wonder, White or Brown
Texas Toast

99¢
675 gr

White S
Paper T

79¢
pk

Weston's, Assorted Varieties

**Real Big
Buns**

1.49
pkg of 6 or 8



Honey N
Apple C

1.99
430 gr

Our Seafood Arr



Fresh **Atlantic
Salmon Fil**

Fresh **Sword Fish
Steaks**