

FIRST DAY OF SUMMER

SUMMERIZE YOUR WAISTLINE!



- Safe, All-Natural
- Individualized Weight Loss Programs
- No Shakes, Shots, or Pre-Packaged Meals
- Lose 2-7 lbs/week

Linda lost 30lbs and 40 inches

"I lost 30 pounds and 40 inches and I am maintaining it 3 years later! I've completely changed the way I eat, the way my body looks and my lifestyle."

50% OFF*
All weight loss programs

*Based on full program, does not include product. Expires June 28/2002

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Purchase a Central Air Conditioner & receive a **FREE*** Programmable Thermostat



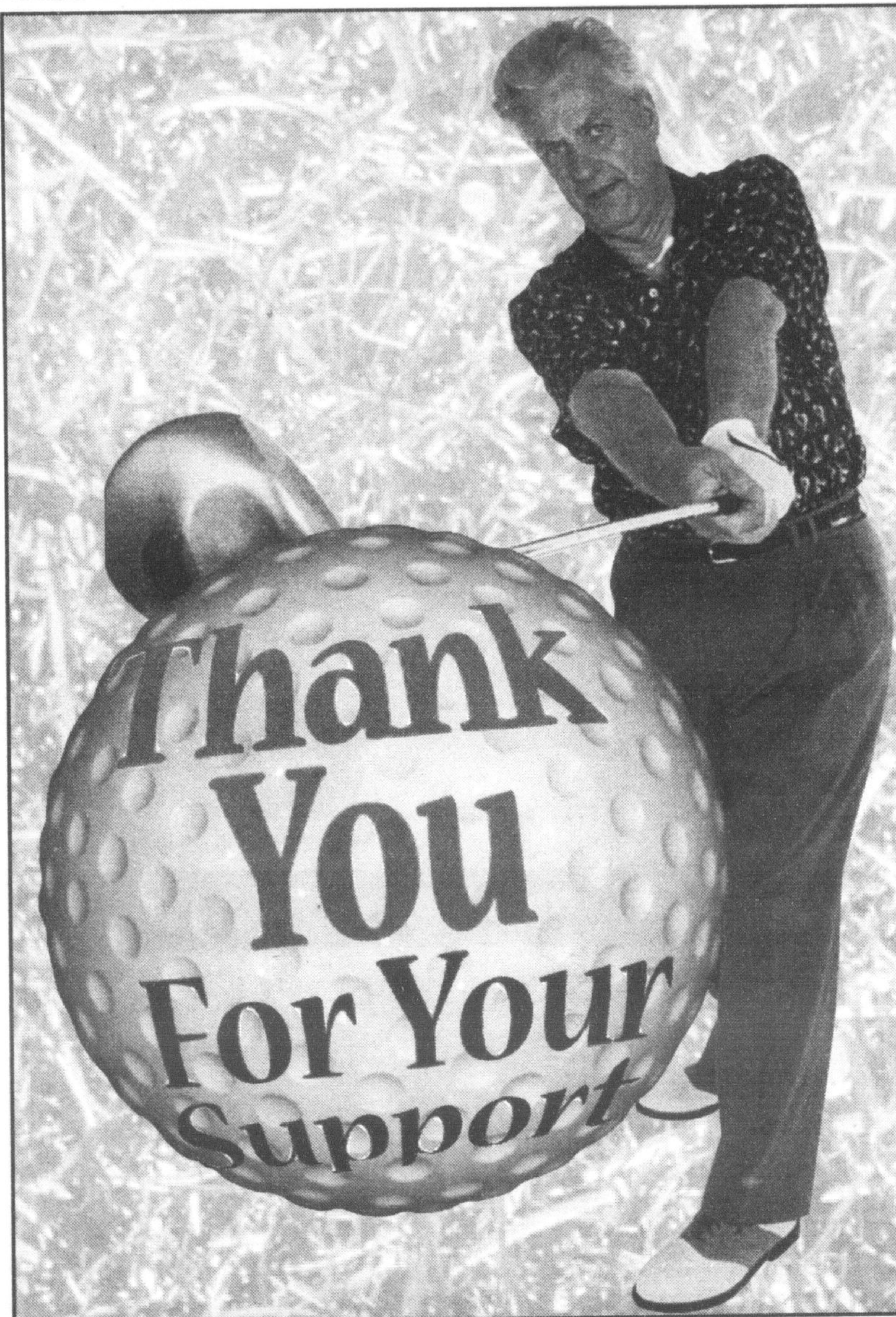
*Offer expires July 12/02. Can not be combined with any other offer.

Heating & Cooling Ltd.

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Unit #6 & 7, Milton
VISIT OUR SHOWROOM TODAY! MON-FRI: 8:30-5:00



ST. PAUL'S 2ND ANNUAL GOLF CLASSIC, DINNER & AUCTION

The resounding success of this event on May 31st was due in part to the generosity of the following sponsors:

Title Sponsors:



Corporate Sponsors:

Bob's Auto Service, McCuaig Insurance, Milton Optical, Elsley Optical, Miltowne Collision, Tonner Signs, Donaldson Financial Group, Prosperity One, Shopper's Drugmart (Carriage Square), Sargent Farms, Kenneth M. Black Carpentry, Ever-Glow Electric & Dearie Galbraith Fireplaces.

In addition, there were 38 **Hole Sponsors** & over 40 **Auction & Prize Donors**. Special thanks to Patrick Doherty, who performed his great auctioneer duties.

Plans are underway for the **3rd Annual Golf Classic** to be held **May 26, 2003 at Granite Ridge**. It will be a shotgun start, & promises to be bigger & better than ever.