

June 18 - Mon. June 24



• WE DELIVER •
Seniors 5% Discount Mon-Wed

WE RESERVE
THE RIGHT
TO LIMIT
QUANTITIES

Reg., Light, Ultra Low Fat

Cool Whip

249
1 Litre



Westons, Assorted Varieties

Country Harvest Bread

169
675 gr



Lactantia, Assorted Varieties

Soft Cream Cheese

199
250 gr



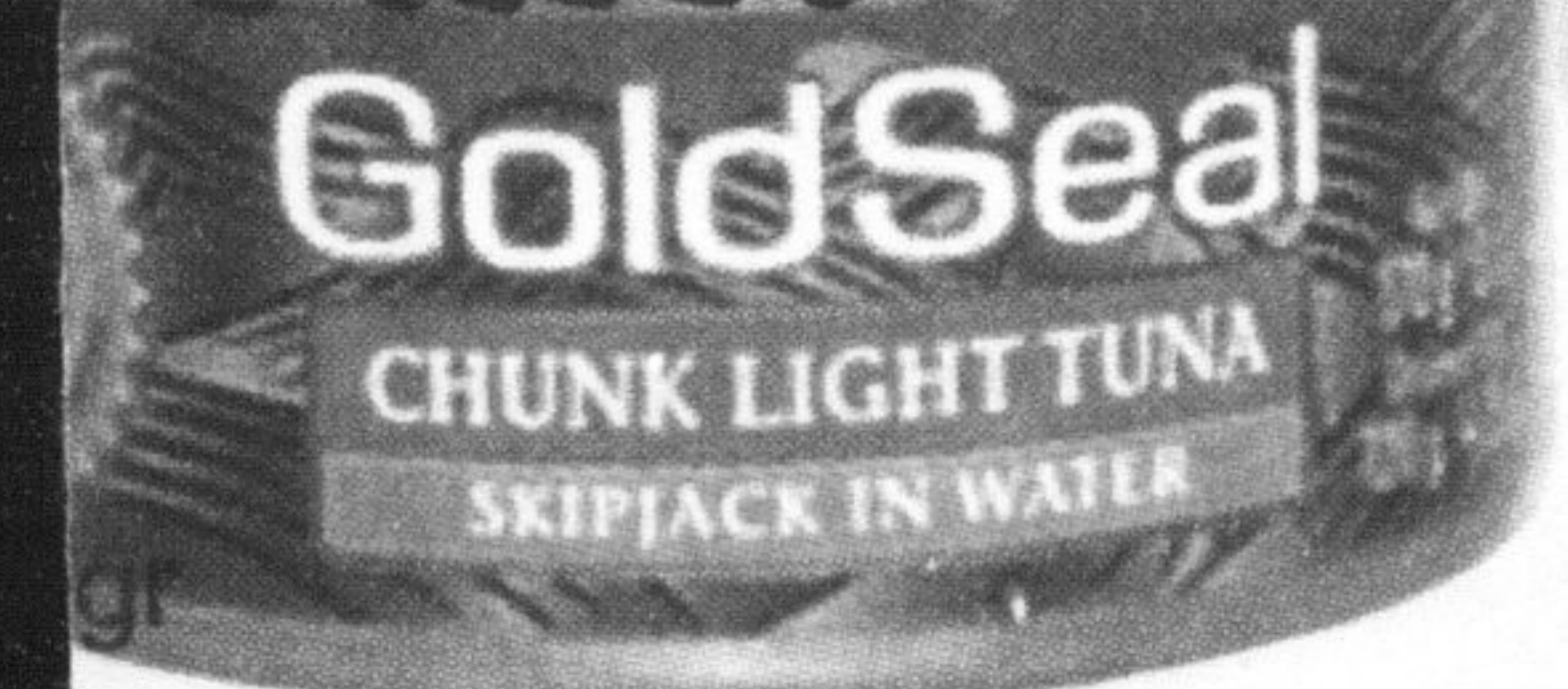
Assorted Varieties

Dip A Chip
Chip Dips

99¢
227 gr



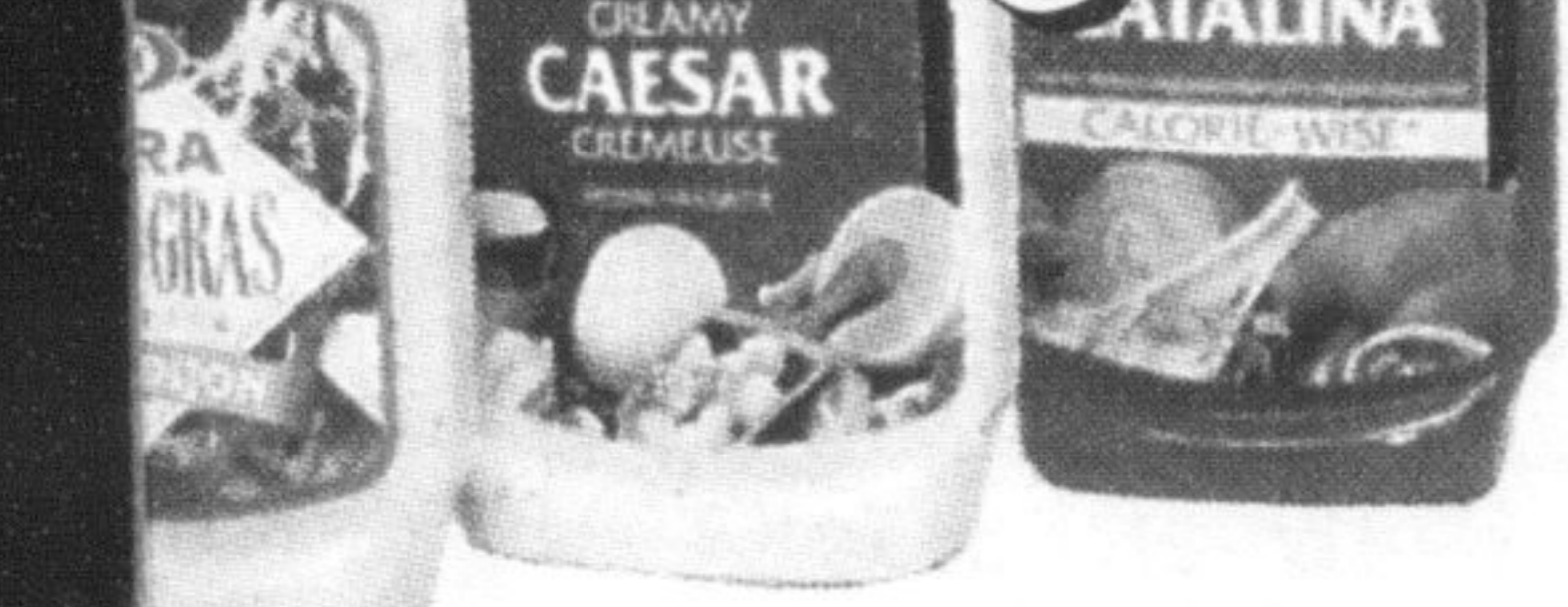
Chunk Light Tuna



Whip



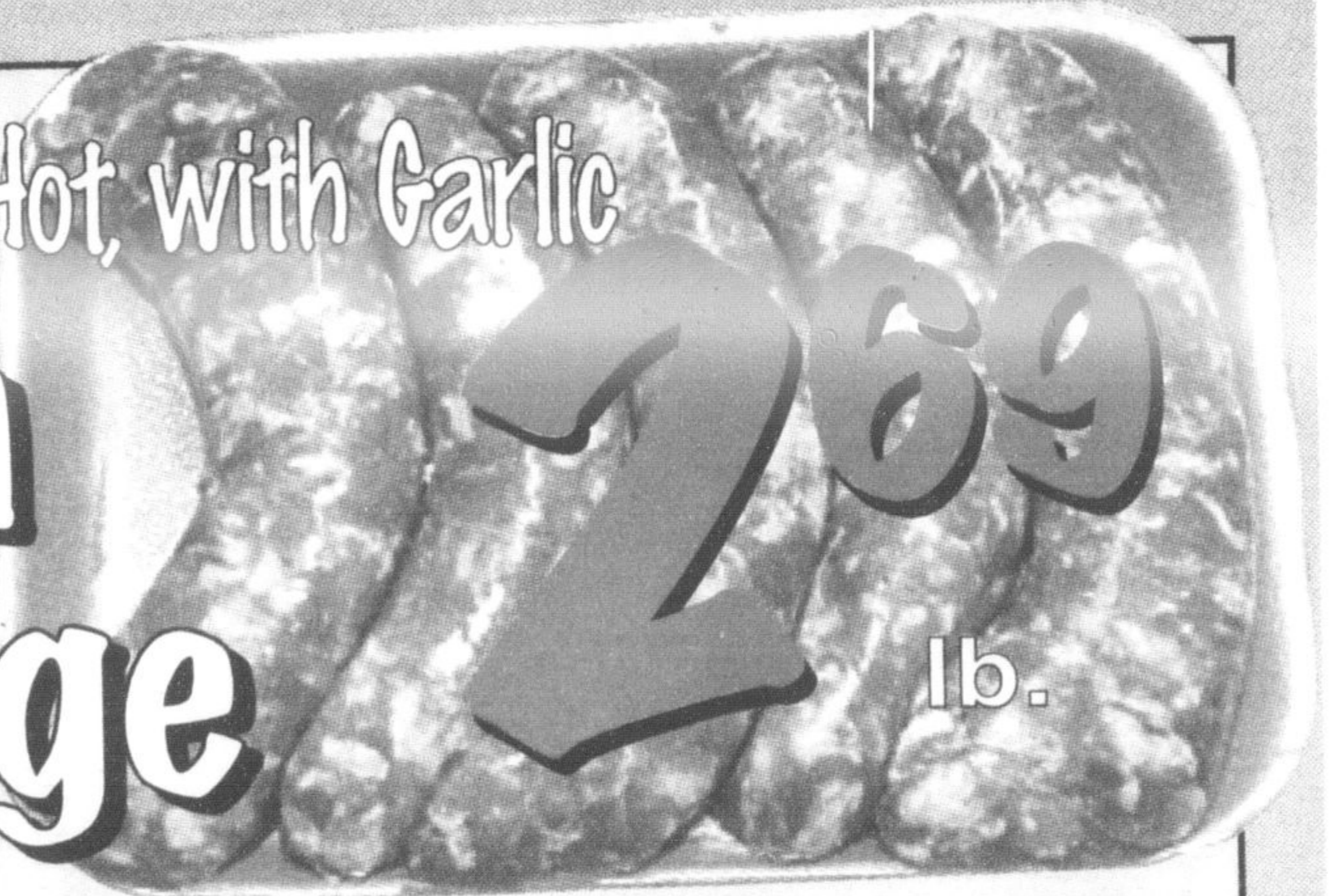
Dressings



Storemade, Mild, Hot, with Garlic

Italian Sausage

269
lb.



Cut from Special Select Grade of Ontario Pork

Pork Side Ribs

199
lb.



Cut from Special Select Grade of Ontario Pork

Pork Tenderloin

499
lb.



FRESH from Sargent Farms

Chicken Drumsticks

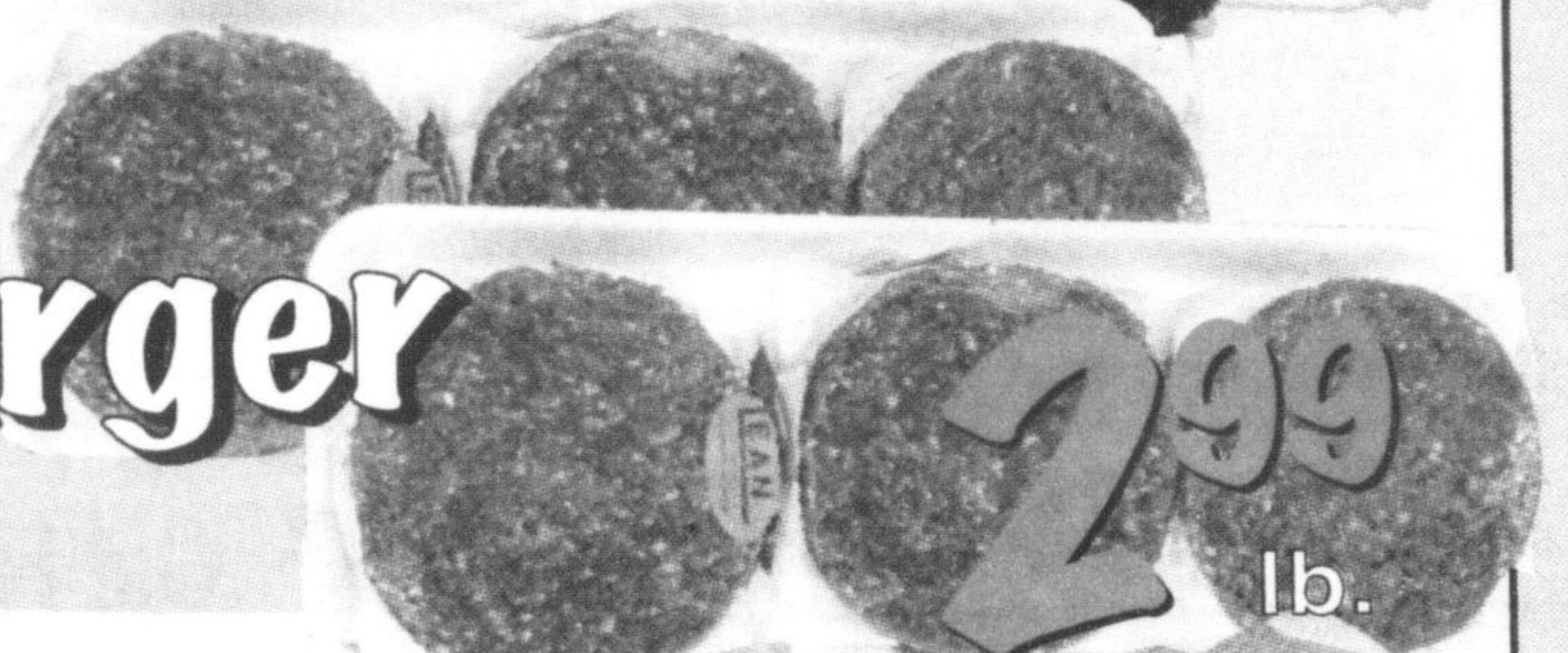
99¢
lb.



Storemade Pure Beef

Hamburger Patties

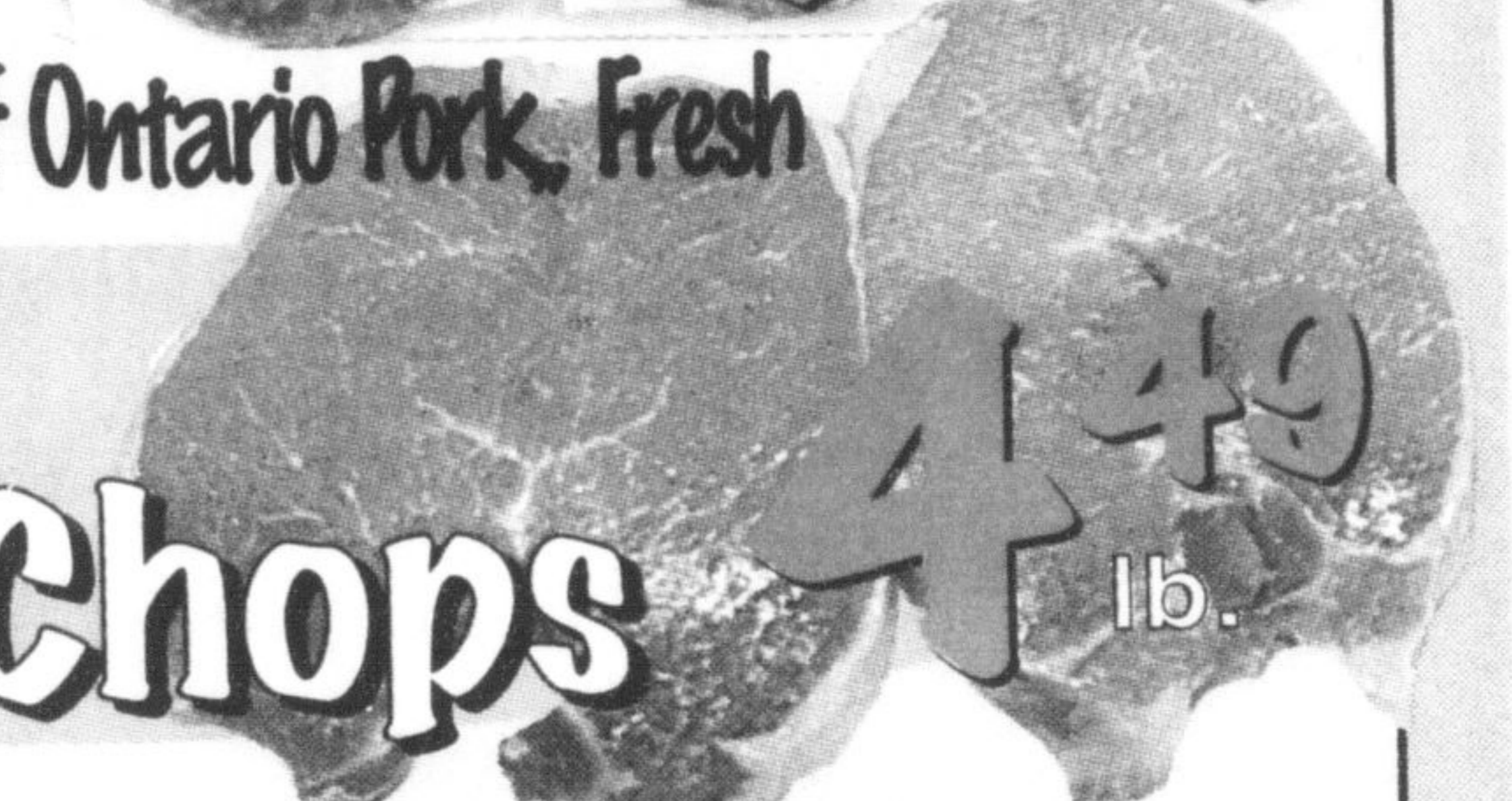
299
lb.



Cut from Special Select Grade of Ontario Pork, Fresh

Boneless Pork Loin Chops

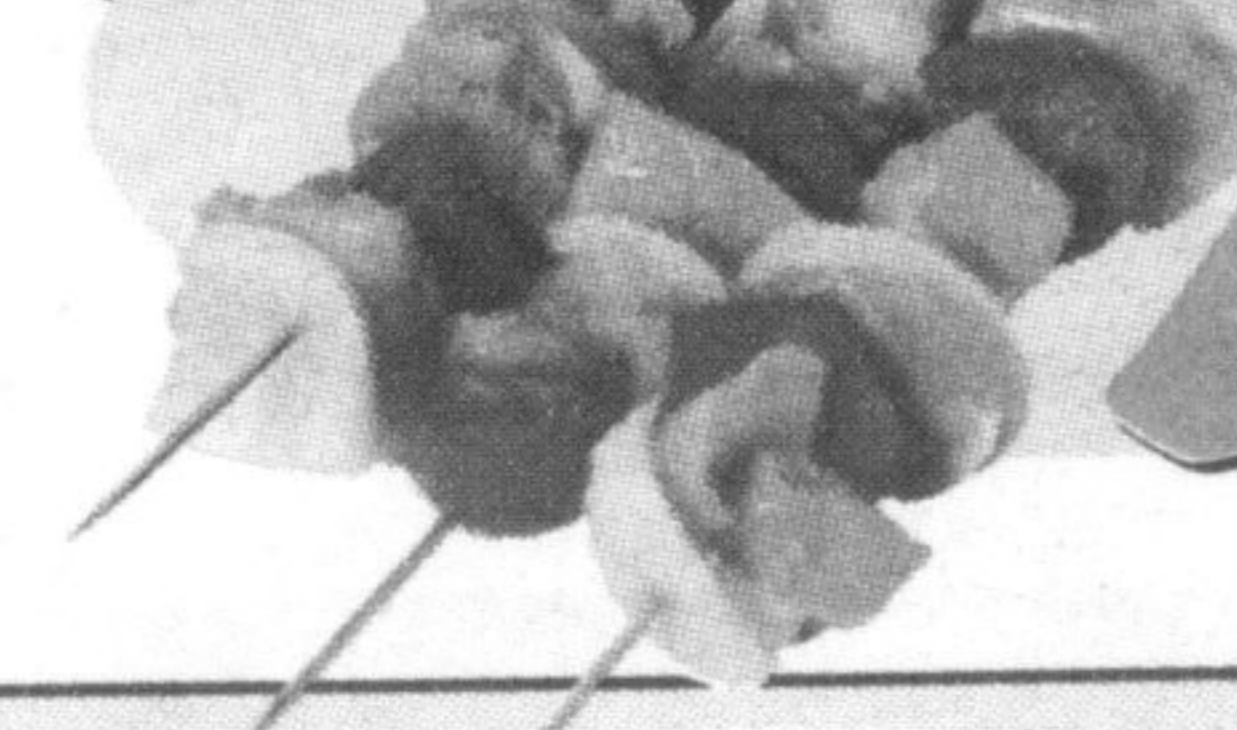
449
lb.



Storemade from Fresh Boneless Chicken Breasts

Chicken Shishkabobs

499
lb.



Cut from Canada Triple A Beef

N.Y. Striploin

999
lb.



Arrives Fresh Daily

999 lb. Fresh Ocean Perch Fillets 549 lb.

549 lb. Fresh Shark Steaks 599 lb.

Bakery

Fruit Bread 189

Raisin Bread 189

Sausage Rolls pkg of 4 169

Assorted Cookies 349

Strawberry Cream cheese 189

Croissant 189