

HEALTHY LIVING

Red Cross Society seeks volunteers for programs

The North Halton branch of the Canadian Red Cross Society is looking for drivers as well as volunteers for its new Personal Disaster Assistance Program (PDAP).

Volunteers with the PDAP will assist emergency services personnel in dealing with individuals and families coping with small-scale emergencies.

The PDAP will provide 24 hours assistance in the Milton and Halton Hills communities.

Volunteers will receive extensive training and must be prepared to be available for several hours every six to eight weeks.

Drivers are also needed to transport clients to medical appointments Monday to Friday.

Drivers will have the option of driving the Red Cross bus or use their own vehicle. Expenses will be reimbursed.

The Red Cross is also seeking an archivist to organize the historical memorabilia.

For more information, call (905) 875-1459.



For a good cause

Eight-year-old Marc Lepage, who has cystic fibrosis, faces off against the infamous Hanson Brothers of movie fame 'Slap Shot' during the Zellers Friends of the Family annual golf tournament at Rattlesnake Point Golf Club Wednesday. The fundraiser collected more than \$300,000 for cystic fibrosis treatment and research.

DENTURE ADVENTURE



by
**GARRY
TRENTON**
Denturist

LEARNING TO LIVE WITH DENTURES

Learning to live with dentures often requires a period of adjustment. This time can be shortened if the patient adopts a good mental attitude and is patient and determined to wear his or her dentures. It doesn't matter how much difficulty one experiences at first, as you will gradually learn to use false teeth. A few denture wearers do not assume the right mental attitude, and without giving their new teeth a fair trial, begin to think their case is hopeless. These few people will never learn to wear dentures unless they make up their minds to conquer their difficulty. Remember, it takes about four times longer to master a lower denture than an upper denture.

Also, it is important to remember that it isn't always the person with the smallest quantity of gum or ridges that is the hardest to fit, and who apparently would have the most problems. These people usually realize that their case is more difficult, and knowing this, are prepared for anything. When they get their dentures, they find that denture wearing isn't as bad as they feared. Many people have accepted the challenge of wearing dentures, and won. You can too! Don't hesitate to call our office for information you might need regarding your dentures. Consultations are always free!

You do not need a referral; simply call our office direct.
WE CARE ABOUT YOUR SMILE!

MILTON DENTURE CLINIC
Garry Trenton, Denturist

159 Main St., Milton
905-876-2000



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Tobacco control campaign in the works across Halton

In an effort to help combat tobacco use among youth, the Halton Region Health Department will implement the region-wide 'Not to Kids' tobacco control campaign.

'Not to Kids', which originated in Toronto, is a comprehensive program that aims to decrease youth access to tobacco by helping tobacco retailers and the community understand the Tobacco Control Act (TCA).

The health department will work with the school boards to educate staff, students and parents about the TCA as it relates to selling and supplying tobacco to minors.

"Alongside enforcement, reducing youth access to tobacco is one effective component of a strategy to reduce youth smoking

rates in Halton," said Dr. Bob Nosal, the region's medical officer of health.

As part of the program, which is funded by Health Canada and Nunavut Region, tobacco retailers will receive resources and an operations manual, which includes information about the TCA, operator responsibilities, signage and tips for spotting false identification cards.

"Mac's is delighted to participate in the expansion of this successful program," said Brian Edwards, training and recruitment manager of Mac's Convenience Stores Inc.

"As a responsible retailer, we are interested in working with 'Not to Kids' to educate consumers about the Tobacco Control Act and helping to make a difference in the community."

invitation

The Board of Directors of
Halton Healthcare
Services Corporation
invites you to attend the

Annual General Meeting

2002

Thursday, June 20th, 2002

7:30 p.m.

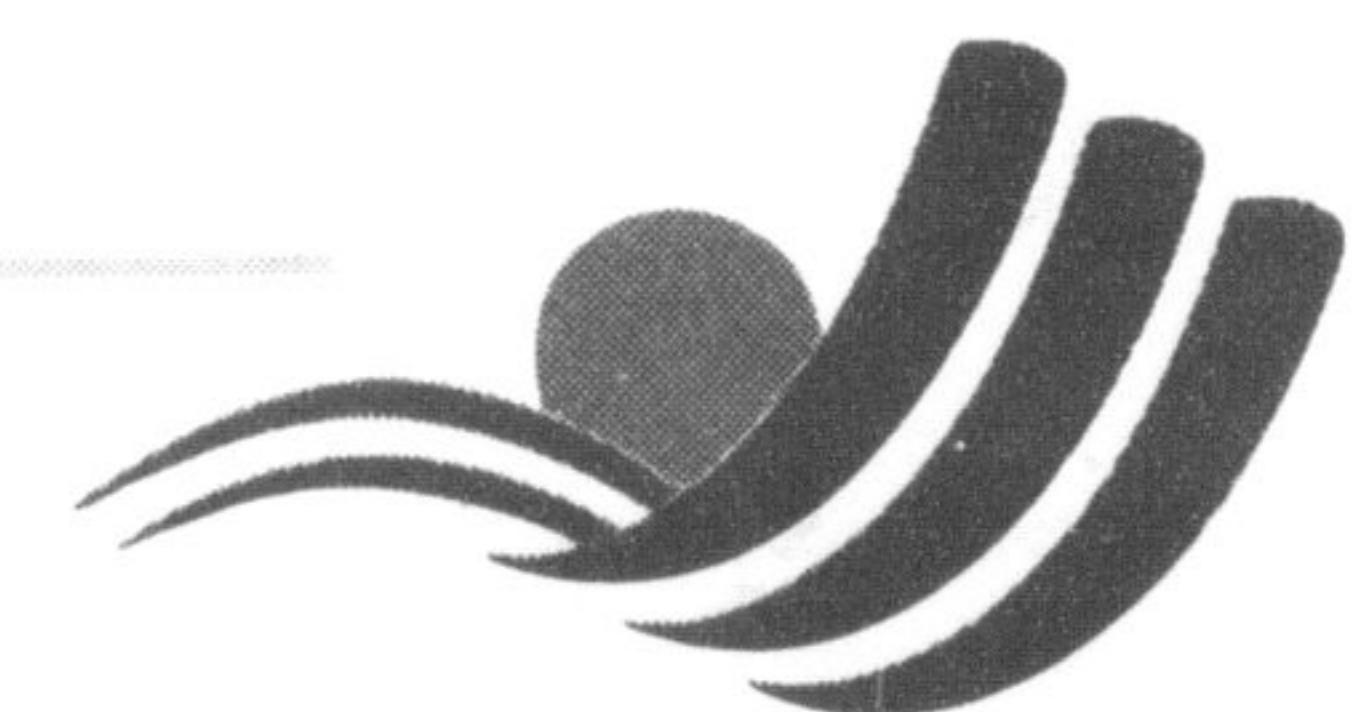
Oakville Conference & Banquet Centre - 2515 Wyecroft Road, Oakville

Guest Speaker

Mr. David MacKinnon, President & CEO, Ontario Hospital Association
"Healthcare in the 21st Century"

Long Service recognition awards will be presented to HHS staff and physicians. Audited Financial Statements will be available at the meeting. Please call the Public Relations Office at 905-815-5100 for additional information.

Oakville-Trafalgar Memorial Hospital & Milton District Hospital



Halton Healthcare