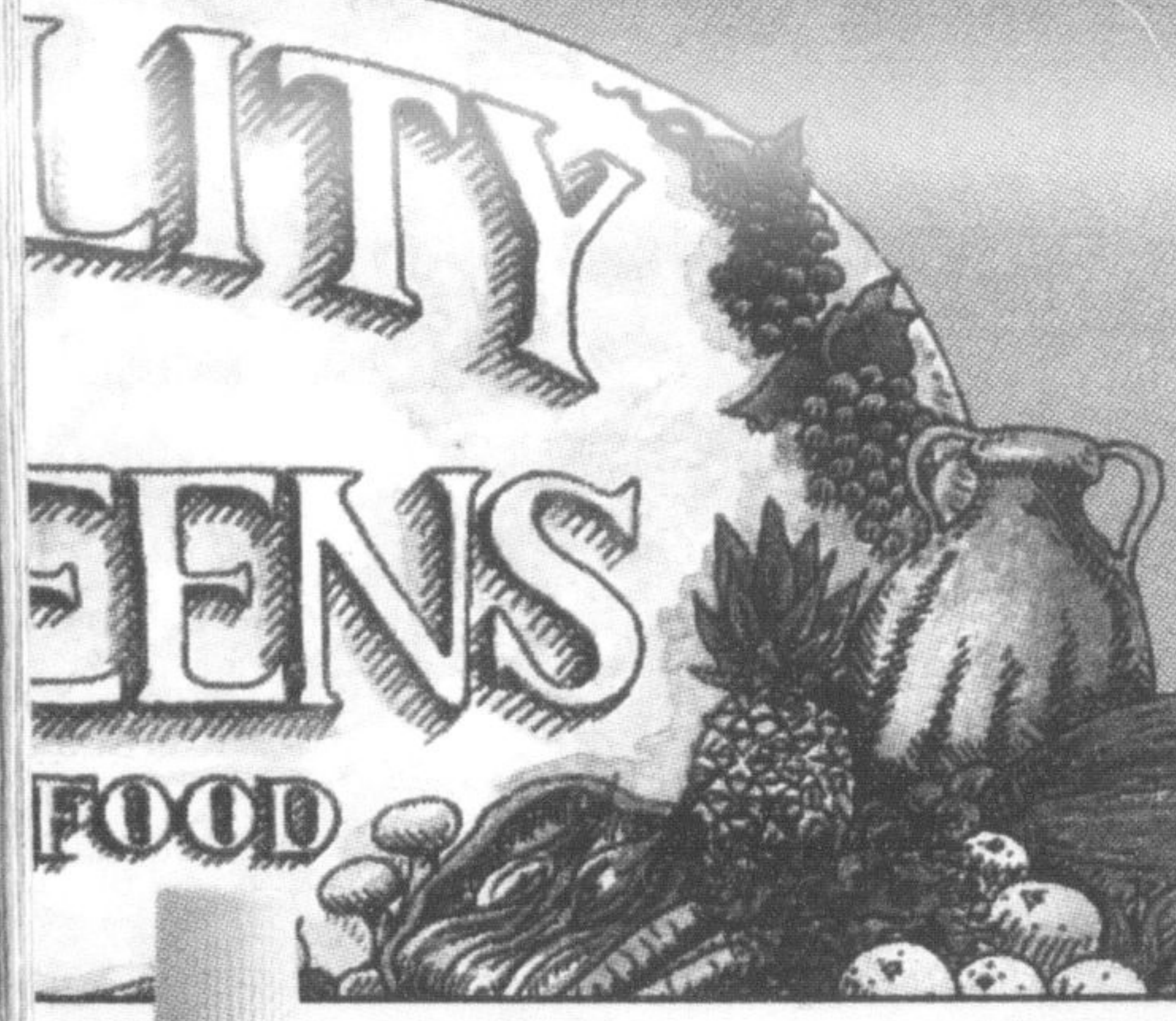


es. June 4 - Mon. June 10



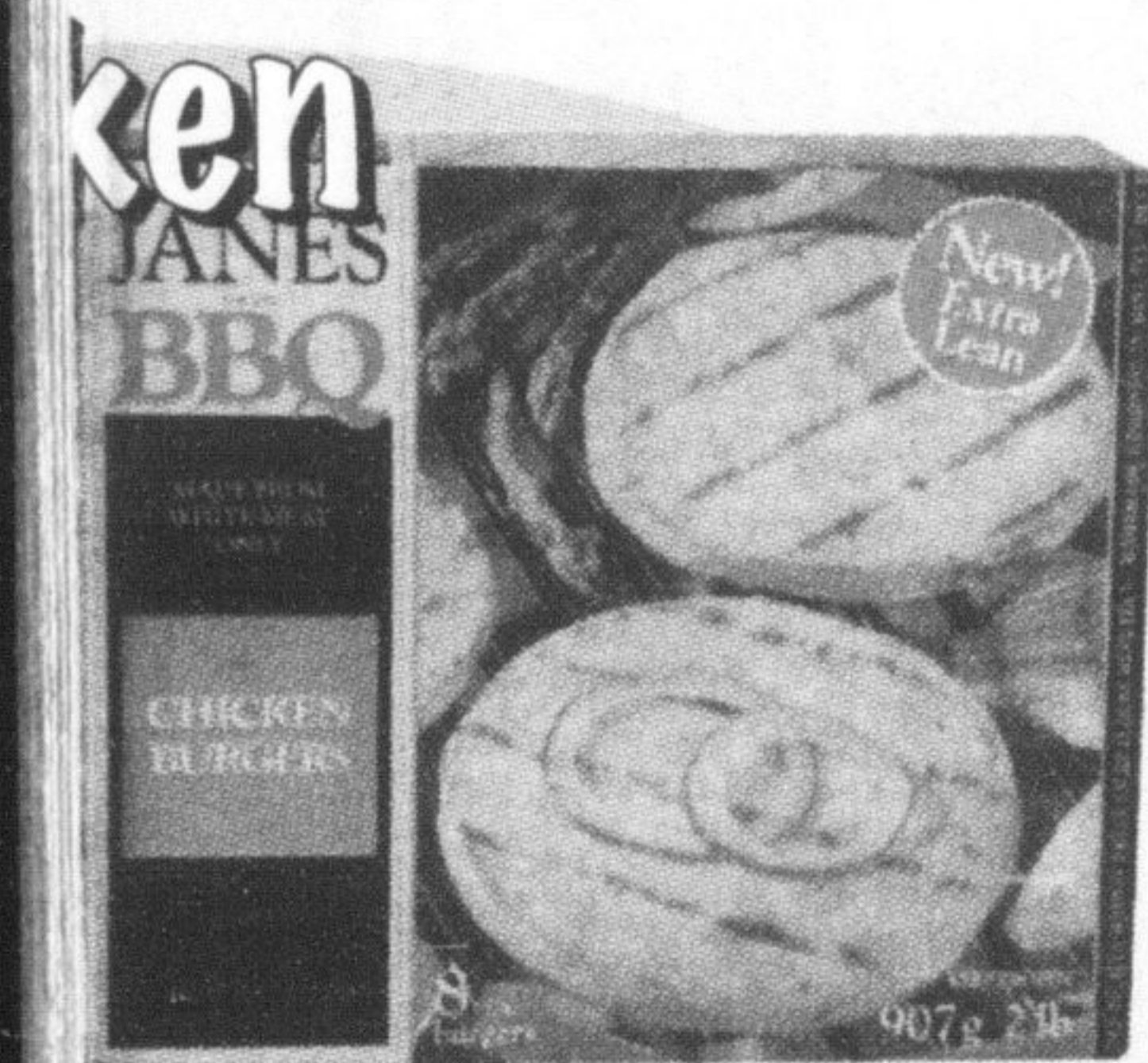
• WE DELIVER •
Seniors 5% Discount Mon-Wed

WE RESERVE
THE RIGHT
TO LIMIT
QUANTITIES



Kraft

Cheese
Slices
2.99
500 gr



Kraft
Peanut
Butter
2.99
1 kg



Chicken



Cottonelle, 2 Ply
Bath
Tissue
2.99
8 Roll



Motts, Assorted Varieties
Snack
Packs
1.99
6x113 gr



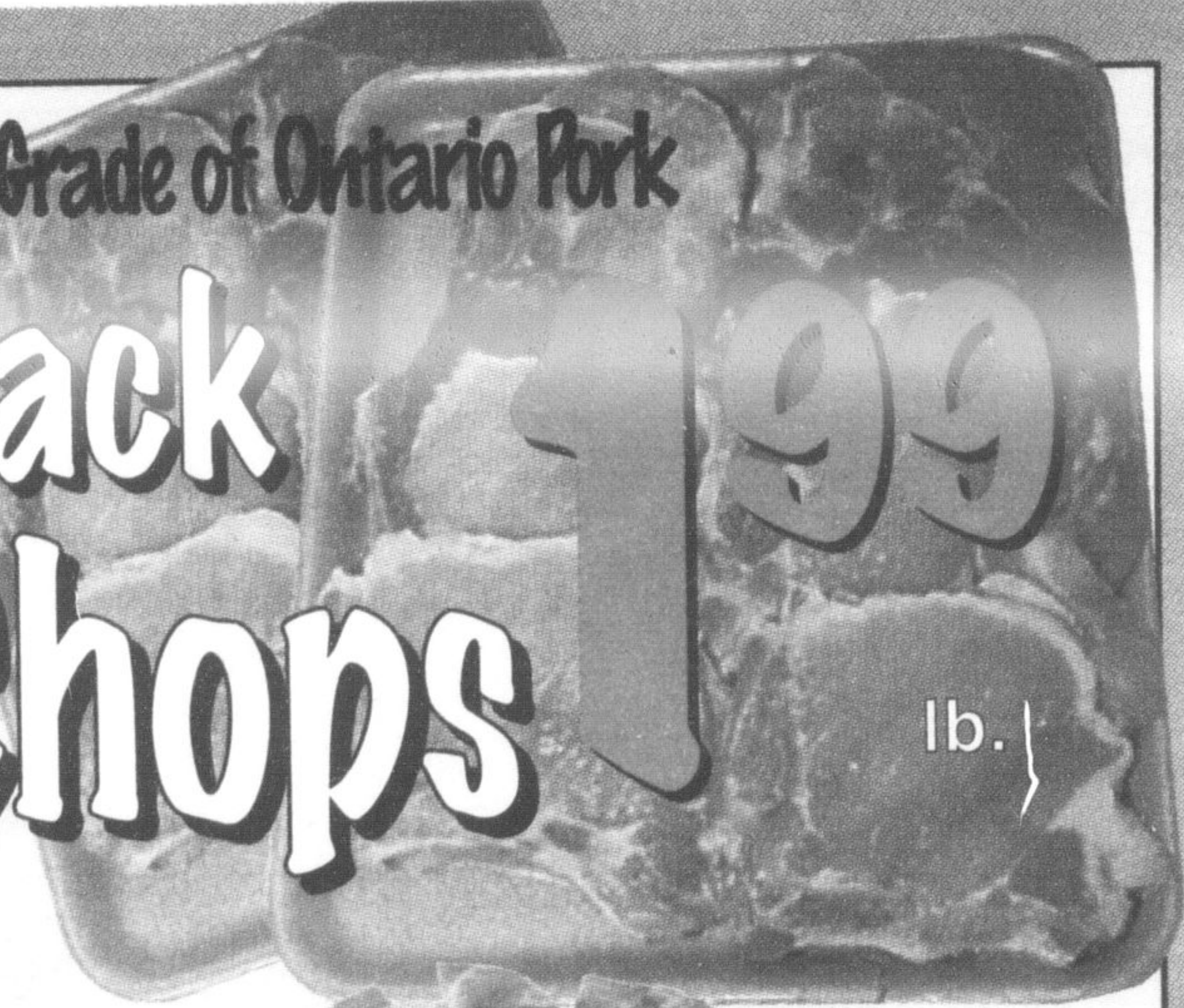
ives Fresh Daily

6.99 lb. Fresh White Fish Fillets 5.99 lb.

8.99 lb. Fresh Monk Fish Fillets 11.99 lb.

Cut from Special Select Grade of Ontario Pork

Family Pack
Pork Chops **1.99**
lb.

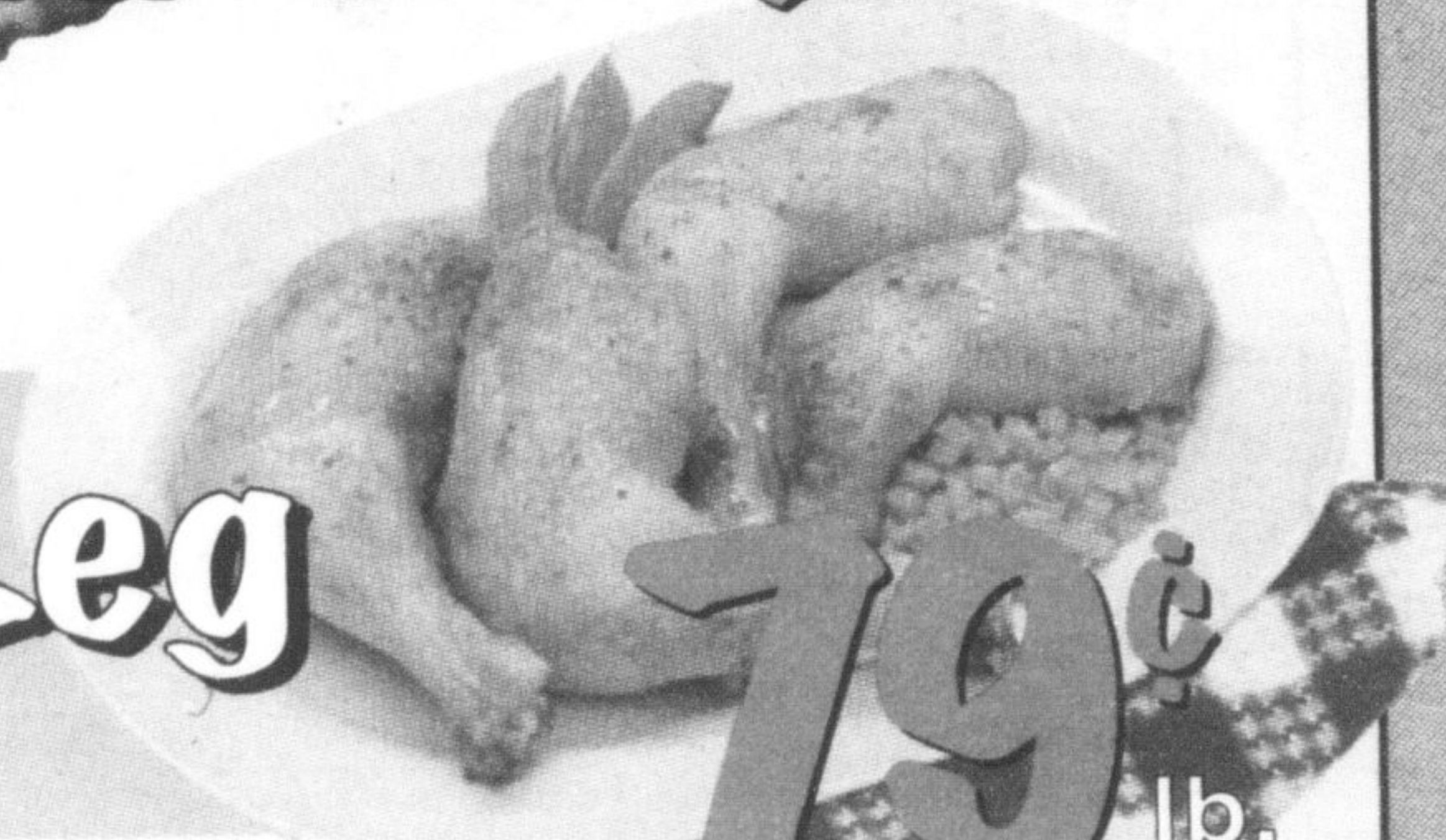


Pork
Side Ribs **2.49**
lb.



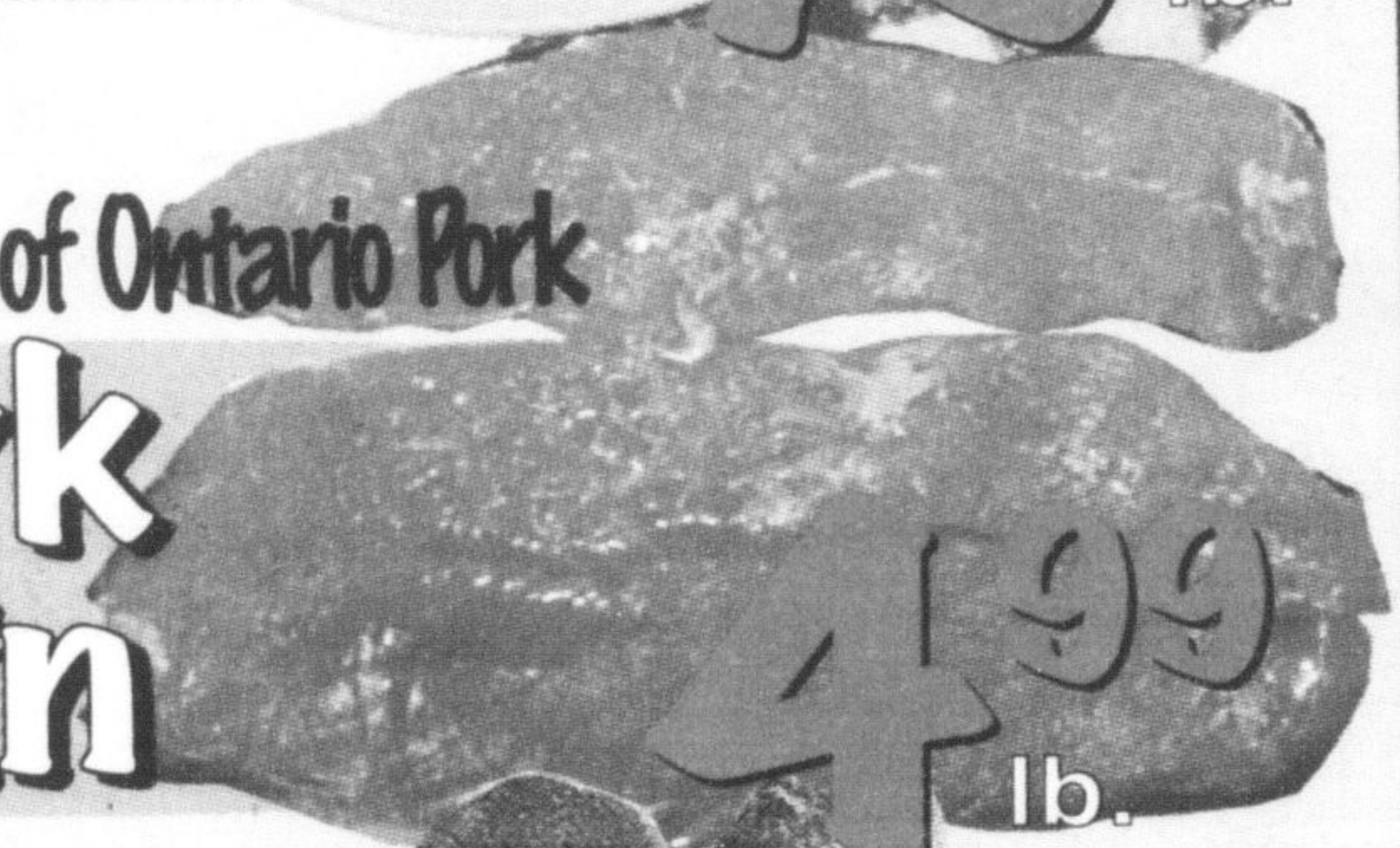
FRESH from Sargent Farms

Chicken Leg
Quarters **79¢**
lb.



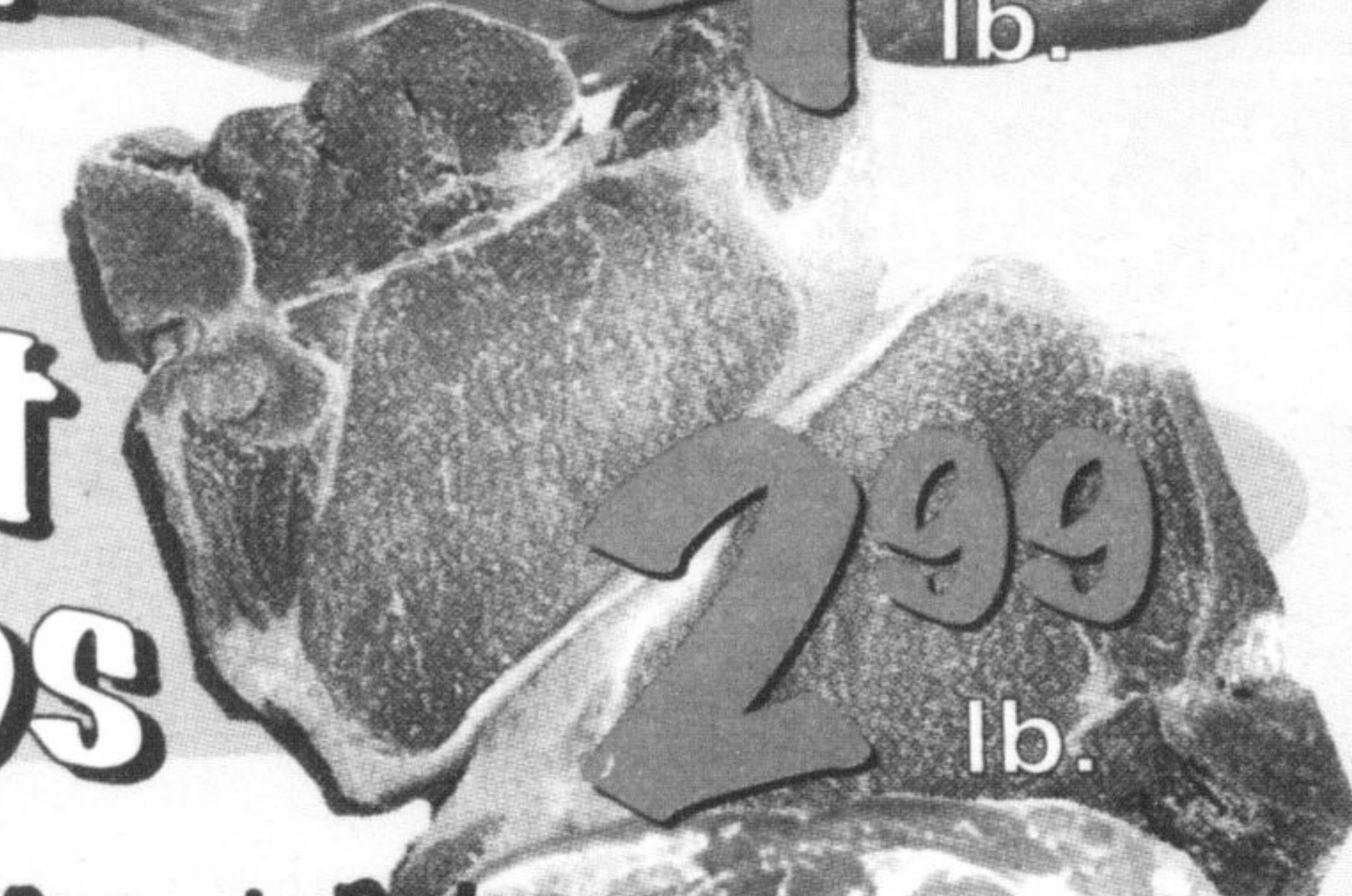
Cut from Special Select Grade of Ontario Pork

Fresh Pork
Tenderloin **4.99**
lb.



Direct from Sargent Farms

Centre Cut
Pork Chops **2.99**
lb.



Cut from Special Select Grade of Ontario Pork

Pork Picnic
Shoulder Roast **1.29**
lb.



Cut from Special Select Grade of Ontario Pork

Pork
Butt Chops **1.99**
lb.



Bakery

Mini Chocolate Chip or
Blueberry

Muffins

2.49
Pkg 12

Chocolate
Croissants

79¢
ea

Country

Brown Bread

1.49
87gr

Flax Bread

1.49
ea

Multigrain Bread

1.79
ea