

228 Main St. E.
Milton
876-4496

MON. - WED.
8:00 A.M. to 8:00 P.M.
THURS. - FRI.
8:00 A.M. to 9:00 P.M.
SAT. 8:00 A.M. to 7:00 P.M.
SUN. 10:00 A.M. to 6:00 P.M.

QUALITY GREENS

FINE FOOD

WE DELIVER
Seniors
5% Discount
Mon-Wed

WE RESERVE THE RIGHT
TO LIMIT QUANTITIES

Prices in effect from Tuesday May 21 until Monday May 27

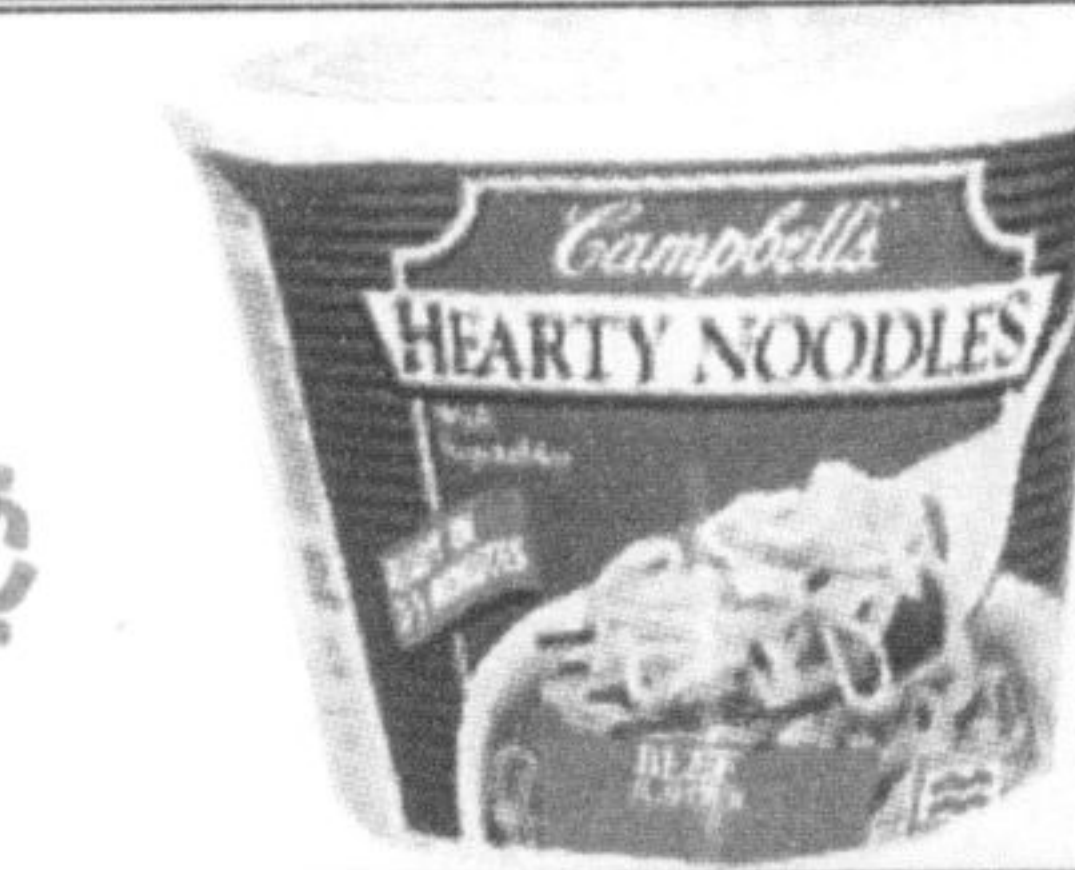
Folgers
Ground
Coffee **4⁹⁹**
1 Kg



Assorted Varieties
Peak Freen
Cookies **1⁹⁹**
340 g



Assorted Varieties
Campbells
Noodle
Bowls **79^c**
65 g



Scott
Jumbo
Towels **2/4⁰⁰**
Pkg of 2



Assorted Varieties
Sunny
Delight **2/3⁰⁰**
1.89 Litre



Assorted Varieties
Nine Lives
Cat Food **37⁹⁹**
156 g



Crest PÂTE ORDINAIRE
PROTECTION ANTICARIE
Reg/Tarter/Icy Mint Clean 75 ml **99^c**



Assorted Varieties
Aurora
Beans **59^c**
540 ml



Made from 100% Pure Canadian Beef

**Fresh
Ground
Beef** **1⁹⁹**
lb.

Naturally Aged 21-day Canadian Beef

**Strip
Loin
Steaks** **9⁹⁹**
lb.

Fresh Seasoned Ground Pork & Beef
Wrapped in Bacon & Flank Steak

**London
Broil** **3⁹⁹**
lb.

Mild, Hot, Fennel Seeds or Fresh Garlic

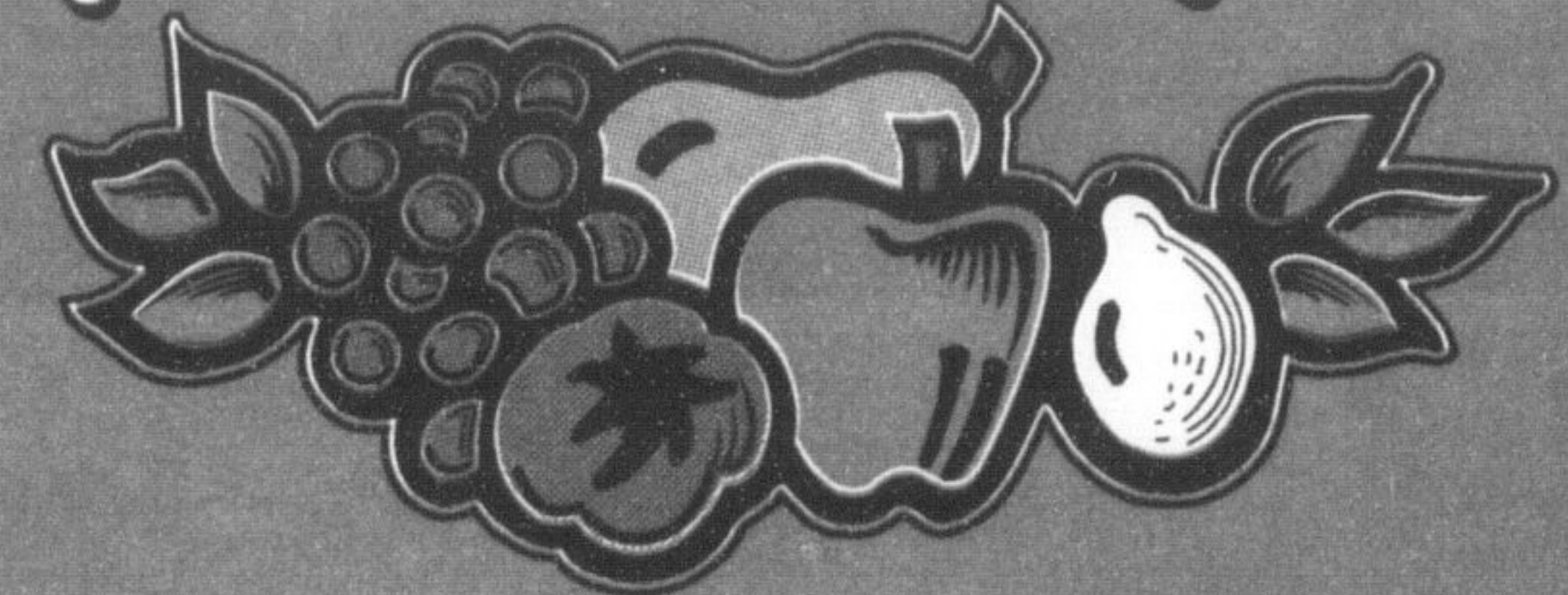
**Italian
Sausage** **2⁸⁹**
lb.

Cut from Ontario Special Select Pork

**Boneless
Pork Butt
Roasts** **1⁹⁹**
lb.

Fresh
**Atlantic
Salmon
Fillets** **5⁹⁹**
lb.

Come see our fresh line of
Organic Fruits and Vegetables



Farm Fresh from the USA

**Beefstake
Tomatoes** **79^c**
lb.

Farm Fresh from the USA

**White & Red
Potatoes** **99^c**
lb.

Farm Fresh from Chile
Packham, D'Anjou, Red
D'Anjou & Emperor Brown

Pears **99^c**
lb.

Farm Fresh from California

**Sweet
Strawberries** **1⁹⁹**
pint

Farm Fresh from the USA

**Vidallia
Onions** **99^c**
lb.

Farm Fresh from the USA

**Honeydew
Melons** **1⁹⁹**
ea.

Maple Lodge
Cooked &
Cajun Chicken Breast **1³⁹**
100gr
Roasted
Rosemary Ham **1¹⁰**
100gr

Fat Free Smoked
Turkey Breast **1⁵⁹**
100gr
Casa Italia, Mild or Hot
Genoa Salami **1¹⁰**
100gr
Havarti Cheese **1¹⁰**
100gr

Raisin Bread **1⁸⁹**
ea.
Fruit Bread **1⁸⁹**
ea.
Pecan Pie **3⁴⁹**
ea.

**Sausage
Rolls** pkg of 4 **1⁶⁹**
Mini Muffins pkg of 6 **1⁷⁹**