



Photo by GRAHAM PAINE

✓ Love you, mommy!

Kari McInall tickles seven-month-old daughter Kaity during Hornby Nursery School's Mother's Day tea Thursday.

National Physiotherapy Month



www.physiotherapy.ca
Mois National de La Physiothérapie
 April 20 - May 20 • du 20 avril au 20 mai

It's National Physiotherapy Month!!

Did you know that physiotherapists are the specialists in movement therapy? A physiotherapist can help you with any body part that is not moving like it should, either from stiffness, weakness, or from pain.

Do you have a stiff neck or back that will not move the way it used to? Can't walk because you have hurt your ankle, had a stroke, or are recovering from a recent heart attack? Suffer from shoulder or elbow pain because you have done too much gardening, were on the computer too long, do too much lifting at work, or were too aggressive with spring cleanup? Did that first golf game or tennis match of the season hurt just a little too much? Have you had a nagging pain that just won't go away?

Consult with a registered physiotherapist in your area to help you. You will not be disappointed. Soon you will be back to all of those hobbies that you used to enjoy.



3006 Derry Rd. W.
 Suite #203, Milton
 878-9293
 across from Milton Hospital



86 Main St., Milton
 876-1515



Halton Healthcare
 S.E.R.V.I.C.E.S.
 Rehabilitation Services
 Milton District
 Hospital Site
 Oakville Trafalgar
 Memorial Site
 Milton 905-876-7022
 Oakville 905-338-4613

Why Milton's Tina Drodge aligns herself with community organizations.

Tina Drodge believes that many of her business skills had their foundations in Guiding. That's why she gives back to Girl Guides of Canada by volunteering her time as a Leader. "I love working with children, sharing lessons I learned as a Guide," says Tina. "The Girl Guide experience helps build skills that will serve them throughout their lives."

Guiding also taught Tina the importance of community involvement. She now makes it her goal to align herself with other local initiatives, like the Breakfast for Learning program. Tina's an area leader, helping to raise public awareness, recruit volunteers and fundraise in support of this program.

We would like to thank Tina and the many other dedicated RBC Royal Bank employees who are involved in their communities volunteering their time to help make dreams come true.

To see how we give dreams a helping hand, visit www.rbcroyalbank.com/community.



Pictured (l. to r.) are: Amanda, Tina and Annie. ✓

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