

Living HEALTHY

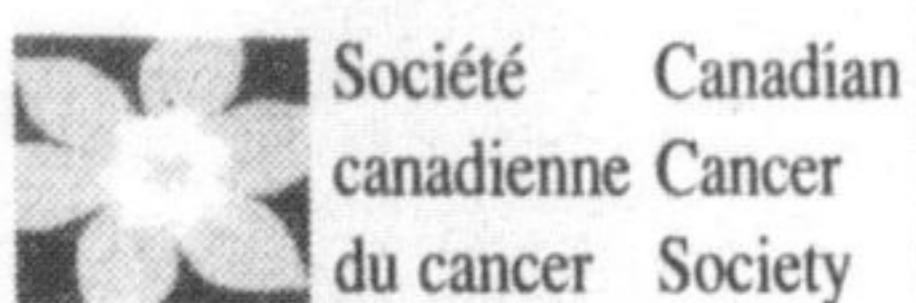
A series of free public education seminars presented by



Halton Healthcare

www.haltonhealthcare.com

In partnership with:



Provided by a non-restricted educational grant from:



With appreciation to:
MDH Foundation & Siemens Hearing Instruments

For more information or to reserve your seat call or email

905.338.4379

irohm@haltonhealthcare.on.ca

Colorectal Cancer

What You Need To Know

Tuesday, April 2, 2002

6:30 p.m. Displays & Refreshments

7:00 p.m. Program

Milton District Hospital

with:

Dr. Gulshan Sawhney, M.D.

Internist, Milton District Hospital

Dr. Jeffrey Kolbasnik, M.D.

General Surgeon, Milton District Hospital

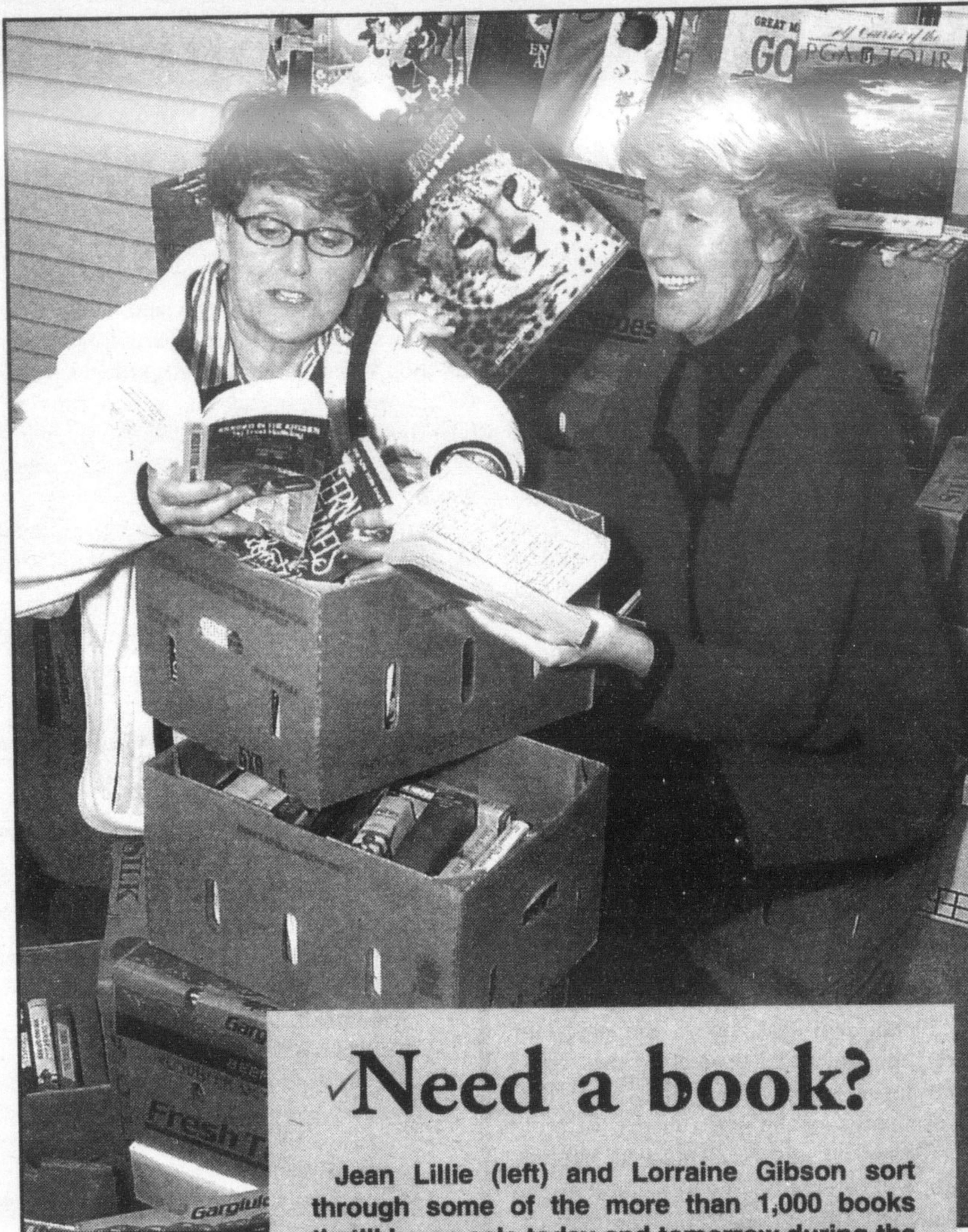
ASL interpretative services available.

Register by fax: 905-878-0498 or
cpopp@haltonhealthcare.on.ca by March 29

April is Cancer Month

1-888-939-3333 www.cancer.ca

Halton Healthcare Services is an amalgamation of Milton District Hospital & Oakville - Trafalgar Memorial Hospital



Need a book?

Jean Lillie (left) and Lorraine Gibson sort through some of the more than 1,000 books that'll be on sale today and tomorrow during the Canadian Federation of University Women — Milton District book sale at Milton Mall. Proceeds help the group offer high school scholarships.

Photo by GRAHAM PAINE

WHAT'S ON IN MILTON!

Espress Yourself Caffé

Friday and Saturday

2 for 1 Coffee Special

We have a wonderful selection of freshly ground coffees or Cappuccinos, Mochaccinos, Espresso, Lattes and Herbal, Earl Grey, Chai and regular teas.

"Seniors-Special" Sundays
25% off all food and beverage orders
(Taking care of Milton's youth)

220 Main Street East
905-878-9009

Latin Night

Every 2nd & 4th Friday of the month
Next Event: (March 8 & 22, 2002)
Latin Dancing all night with 1 hour dance lesson
Ladies FREE before 10:30pm
The Grand Chalet
324 Steeles Ave. Milton at Hwy 25
Call for info (905) 878-7934

SPECIAL EASTER BRUNCH

HUGE ITALIAN BUFFET

SUNDAY MARCH 31, 2002
11:30AM - 3:00PM
ADULTS \$19.95 CHILDREN 1/2 PRICE
The Grand Chalet
Call for Reservations: (905) 878-7934
324 Steeles Ave. Milton at Hwy 25



Come join us

189 Mill Street • 878-6680

NASCAR

SPORTS BAR

Karaoke & Dancing
Thursday, Friday & Saturday

Pitcher & Wings Special

370 MAIN STREET EAST • 905 878-1880



276 Main St.
878-4171

10pc Mega Meal
Now with Popcorn Chicken
\$22.99 plus taxes



The Ivy Arms

Live at the Ivy:

Tin Cup Saloon • March 23
(60's Influenced R&R)
Mark Nelson • March 30
3 MDM • Every Thurs.

Fresh Pasta Bar & Prime Rib Friday Night

Join us in our "Smoke Free" downstairs lounge! Open Fridays!

201 Main St. E. 905-876-4899

GALLINGER



QualityCare service

Let us prove how convenient service can be.

Come and see us.

Tuesday 8:00 am - 8:00 pm

Saturday 9:00 am - 3:00 pm

Mon, Wed, Thurs, Fri 8:00 am - 5:00 pm

For your convenience we shuttle in and around town.

Call for your service appt.

For your information

"Ford's Firestone Wilderness At Tire

Replacement Program"
Ends March 31st, 2002



655 Main St. E. Milton
905-875-3673

A Tradition of Value & Trust Since 1967