

# Dateline

## Tuesday Feb. 26

The Milton Seniors' Activity Centre, 500 Childs Dr., holds **Mingle and Chat** from 1:30 to 3:30 p.m. For more information, call (905) 875-1681.

The Canadian Mental Health Association, Halton branch, presents **'Stress Management: Learning to Unwind'**, a four week program examining the causes of stress and coping strategies. The program will be held in Milton from 7 to 8:30 p.m. For location or more information, call (905) 693-4270.

Do you have a new baby? **Calling New Parents**, a free program for parents and babies six months and younger, meets with a public health nurse to discuss parenting and infant care. The group meets at the Milton Community Resource Centre, 917 Nipissing Rd., from 1:30 to 3:30 p.m. For more information, call (905) 693-4242, ext. 7899.

Improve communication and leadership skills with the **Milton Toastmasters**. Everyone welcome to attend the Royal Canadian Legion, 21 Charles St. (upper level), at 7:30 p.m. For more information, call Sue at (905) 876-2563.

## Wednesday Feb. 27

The Milton Seniors' Activity Centre, 500 Childs Dr., holds **Lunch & Learn**. Lunch is served at 11:30 a.m., followed by a discussion from guest speaker Holly McGaffin, who will discuss the benefits of massage therapy. To register for the lunch or for more information, call (905) 875-1681.

The Canadian Red Cross, Halton branch, holds a **CPR and First Aid course** in Milton from 6 to 10 p.m. For location or to register, call (905) 875-1459.

The Halton chapter of **CARP, Canada's Association for the Fifty Plus**, meets at the Burlington Seniors' Centre, 2185 New St., at 7:30 p.m. Professor Patricia Spadafora of the Sheridan College Research Centre discusses making the lives of Canadian seniors better and more fulfilling. New members welcome. For more

information, call Harry at (905) 335-5717.

The Milton Millennium Community Residences (MMCR) presents an **update on Martindale Gardens** at Hugh Foster Hall from 1 to 4 p.m. For more information, call (905) 876-4539.

## Thursday Feb. 28

The Milton Seniors' Centre's **Diners Club** meets at a local eatery. For restaurant location or more information, call (905) 875-1681.

The Milton Seniors' Centre, 500 Childs Dr., holds **Seniors' Cinemas** at 1:30 p.m. The feature presentation is *Love Leads the Way*. For more information, call (905) 875-1681.

The **Halton/Hamilton/Niagara chapter of VOICE**, a support group for parents of hearing impaired children, meets to discuss education, services and advocacy. For location or more information, call (905) 335-1069.

**VON Alzheimer Services** welcomes new caregivers to the Milton area support group. The group meets in the Community Room (upstairs in Loblaws) from 2 to 3:30 p.m. If you're care giving for a relative with Alzheimer's disease or a related disorder and want to meet other caregivers, call (905) 847-9559.

The Milton Fall Fair Homecraft Division holds a **euchre party**

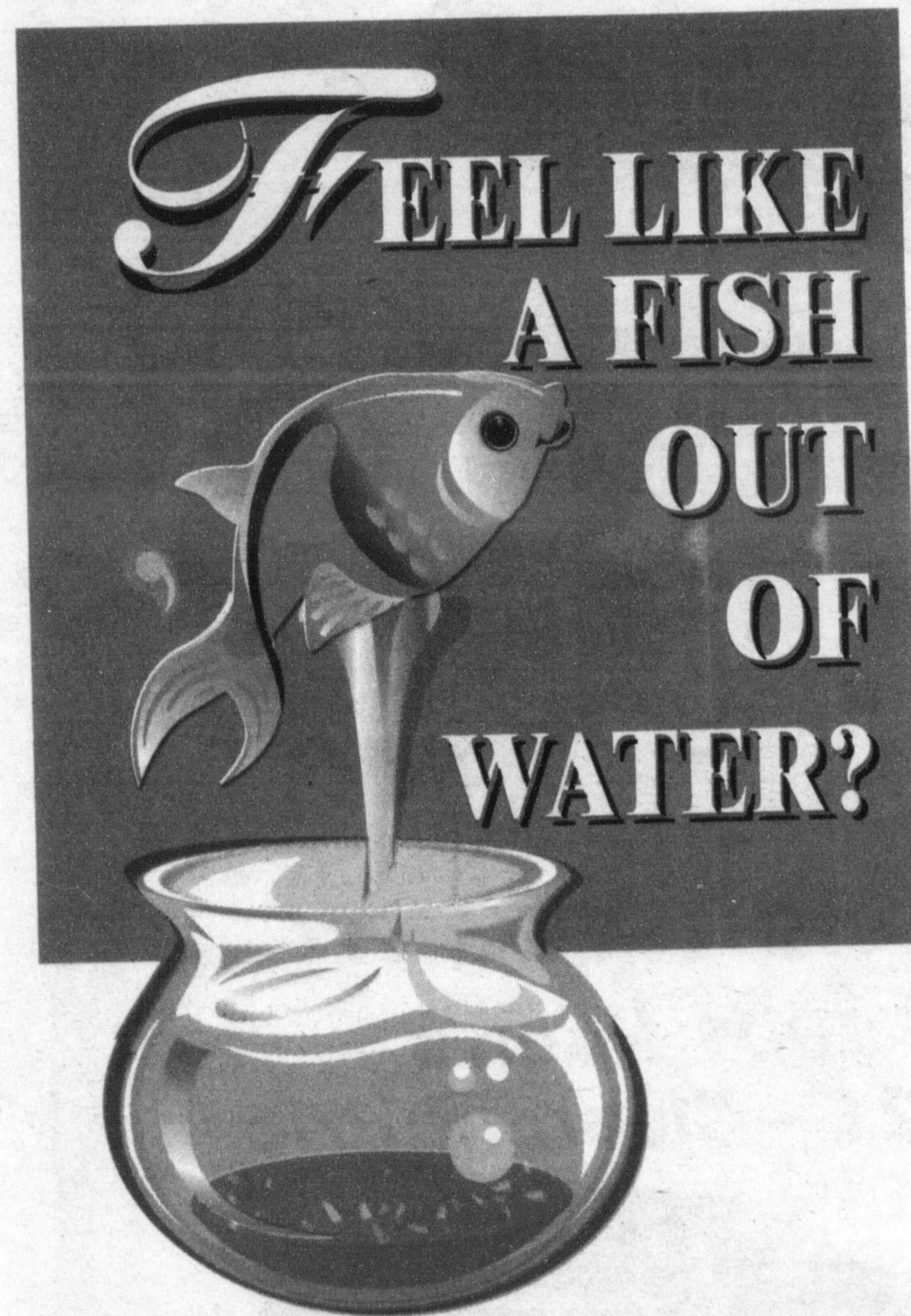
at the Milton Fairgrounds at 7:30 p.m. Players at all levels are welcome to attend. The cost is \$3.

**Residents Affected by Intermodal Lines (RAIL)** holds a public information meeting at the Milton Seniors' Activity Centre, 500 Childs Dr., at 7:30 p.m. The group discusses concerns related to the proposed intermodal facility to be built in town. For more information, call Gwen at (905) 876-2837.

## Friday March 1

Nassagaweya Presbyterian Church hosts the **World Day of Prayer Service** at 9:30 a.m. The church is located on 15th Sideroad, east of Guelph Line. For more information, call (905) 854-1055 or (905) 854-2688.

Milton Concert Presentations presents **Strong and Free, True North Brass** at St. Paul's United Church at 8 p.m. The night also features Milton Concert Presentations annual fundraising silent auction. Items up for bid include gift certificates, paintings, CD's and a chance to conduct the Toronto Philharmonia Orchestra during next season's opening concert in town. Tickets cost \$25 for adults, \$20 for seniors and students. For more information, call (905) 878-2432.



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