

es. Feb 19 - Mon. Feb 25

QUALITY
MEATS
FOOD

• WE DELIVER •
Seniors 5% Discount Mon-Wed

WE RESERVE THE RIGHT
TO LIMIT QUANTITIES

Hunts Thick, Assorted Varieties
Pasta Sauce

99¢
680 ml



Assorted Varieties
Habitant Soups

99¢
796 ml



Heinz
Tomato Soup

3/99¢
284 ml



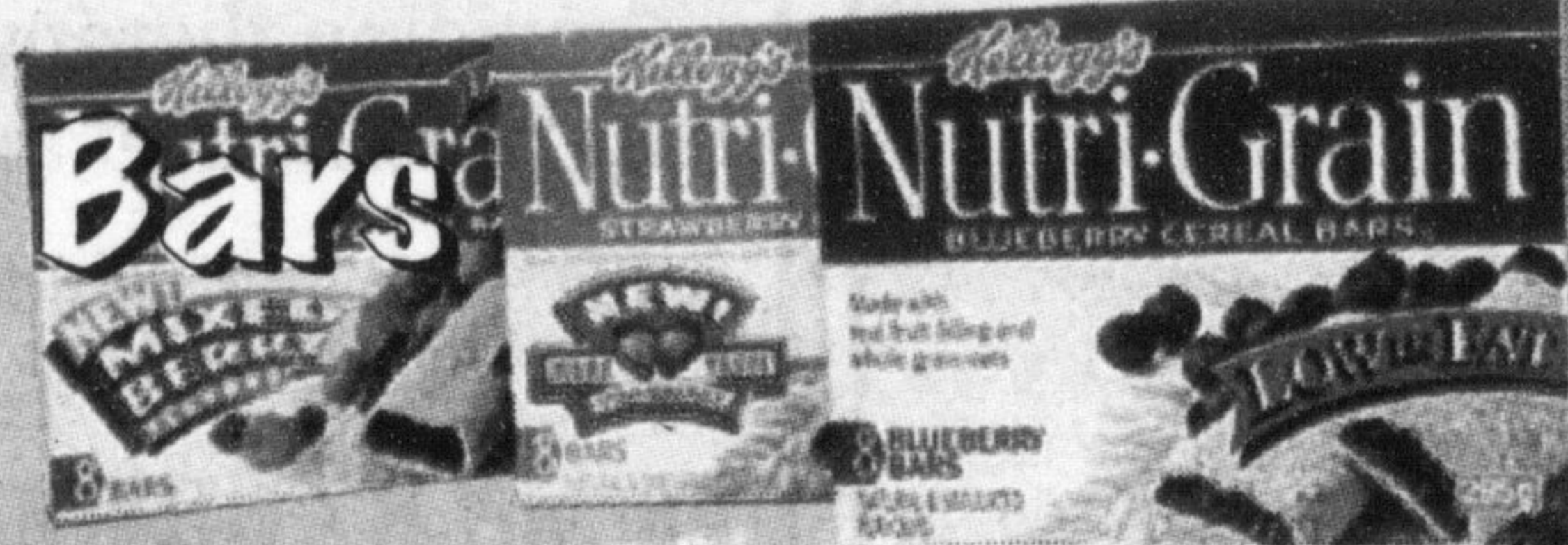
Kellogg's, Assorted Varieties
Rice Krispies Squares

2/500
176 gr



Kellogg's, Assorted Varieties
Nutri Grain Bars

2/500
295 gr



Westons
Artisan Breads

269
370-500 gr



for your family?
Kitchen
from 4 to 8 pm.

All our dinners are prepared in store by Rosa. We use only the freshest of ingredients without using any preservatives. **Come in and check out our hot food counter for all your dinner needs.** *Buon Appetito*

Thursday Feb 21

• Large single serving of fresh cooked pasta with Rosa's own pasta sauce

99¢ per serving

Friday Feb 22

• Jumbo Chicken or Beef Fajitas
• Your choice of chicken or beef stuffed with your favourite toppings

\$3.99 each

Cut from Can. Triple A Beef, Naturally aged for 21 days

Boneless Outside Round Roast



3.19
Lb.

Cut from Can. Triple A Beef, Naturally aged for 21 days

Boneless Sirloin Tip Roast

3.69
Lb.



Cut from Can. Triple A Beef, Naturally aged for 21 days

Boneless Inside Round Roast

3.69
Lb.



Cut from Can. Triple A Beef, Naturally aged for 21 days

Boneless Eye of the Round Roast

4.49
Lb.



Cut from Can. Triple A Beef, Naturally aged for 21 days

Boneless Rump Roasts

3.99
Lb.



Cut from Can. Triple A Beef, Naturally aged for 21 days

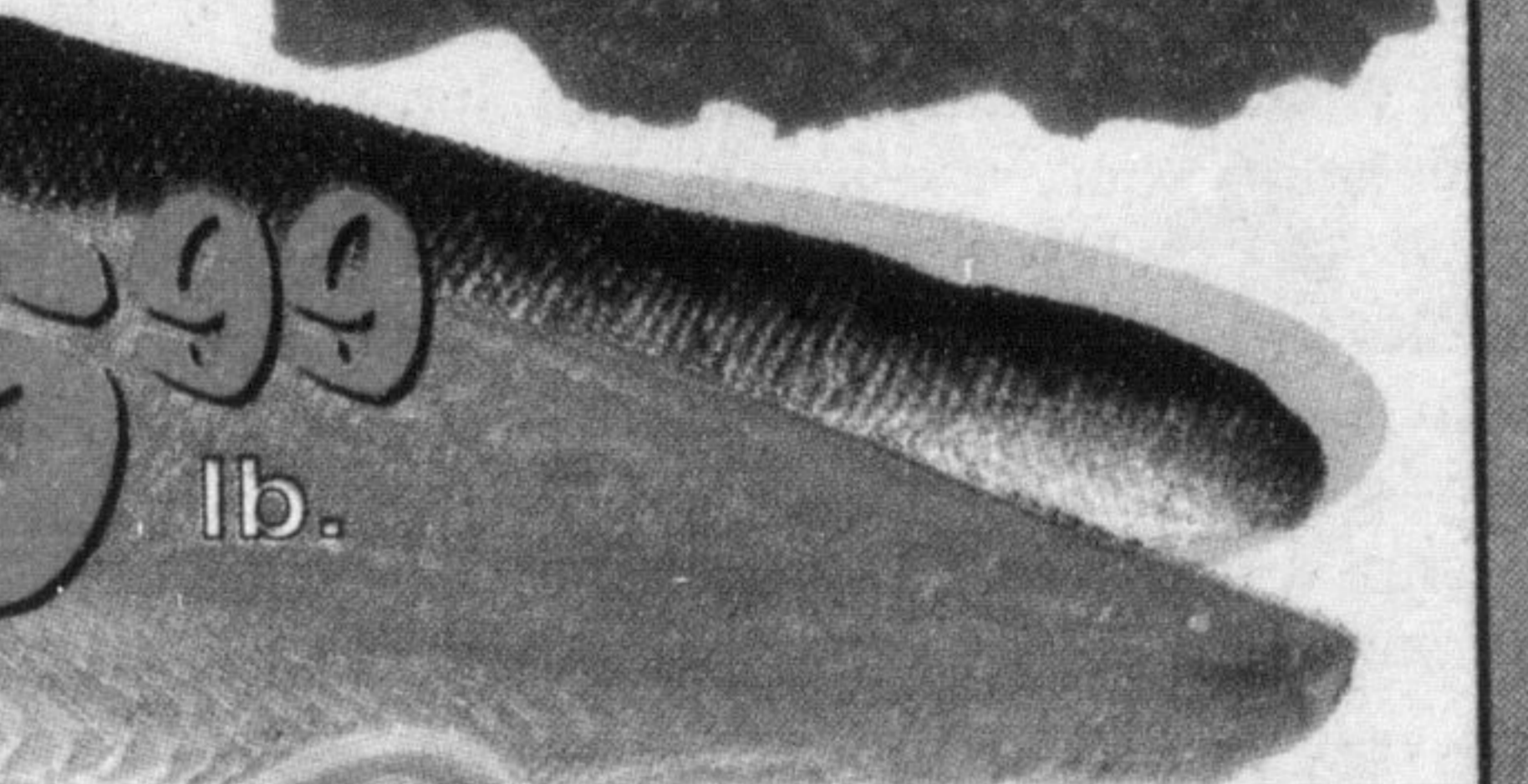
Tenderized Cube Steaks

3.69
Lb.



Fresh Salmon Fillets

6.99
Lb.



Fresh Canada Grade A Chicken

Fresh Chicken Drums or Thighs

1.29
Lb.



Bakery

Mini Danishes Apple, Lemon or Cherry Pkg of 4

1.49

Onion Buns 6/1.99

Flax Bread

1.49

Pumpnickel Bread 1.49

Multigrain Bread

1.69