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**FEBRUARY IS HEART &**

**FACTS ABOUT HEART DISEASE AND STROKE**

**Did you know?**

- ♥ Heart disease and stroke continue to kill more Canadians than any other disease.
- ♥ 41 % of all female deaths are caused by heart disease and stroke, as opposed to 38% of all male deaths. Heart disease and stroke are equal opportunity killers!
- ♥ Heart disease and stroke costs the Canadian economy \$18 billion a year in lost wages, medical care, and disability pensions.
- ♥ The Foundation is committed to ensuring that women know how they can help prevent heart disease and stroke.
- ♥ There are approximately 50,000 strokes in Canada each year. About a quarter of stroke victims dies, but up to 80% of stroke survivors return to their own homes.
- ♥ The Heart and Stroke Foundation of Ontario supports two-thirds of all the heart and stroke research in the province — more than the federal and provincial governments combined!



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