

Product of USA

Beefsteak Tomatoes

49¢ lb.

Product of Ontario, Fresh Local

Fresh Local Cabbage

88¢ ea.

Product of USA

Large Sunkist Navel Oranges

99¢ lb.

Product of Ontario

Cello Carrots

69¢ 2 Lb. Bag

Product of Ontario

Cooking Onions

69¢ 2 Lb. Bag

Product of Morocco

Sweet Clementines

169 lb.

Product of USA

Sweet Grape Tomatoes

169 Pint

Product of Ontario

MacIntosh or Empire Apples

99¢ lb.

Product of USA, Fresh Organic

Baby Spring Mix

499 lb.

Product of P.E.I.

Baking Potatoes

69¢ lb.

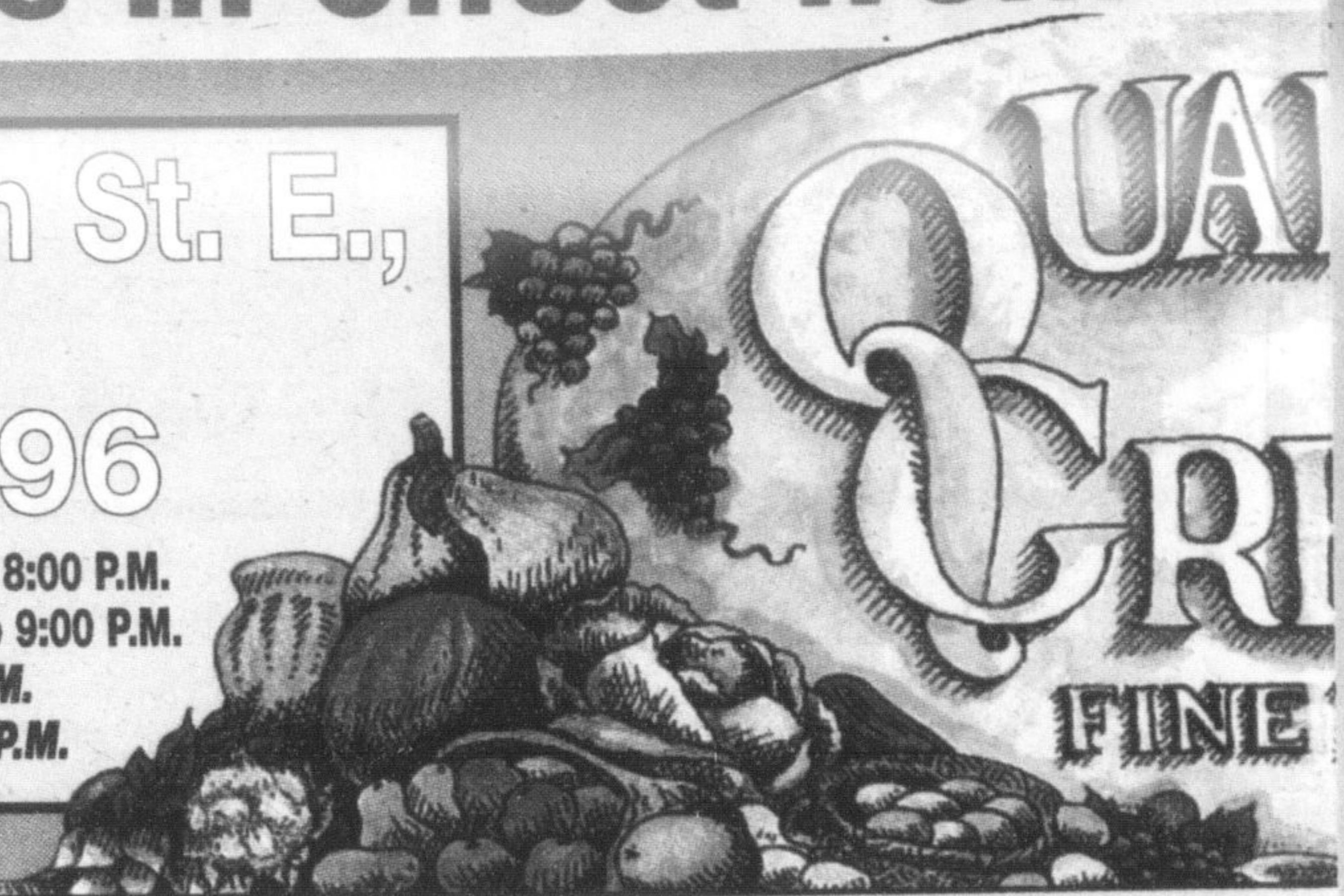
Deli

Black Forest Ham	66¢	100g
Havarti Cheese	110	100g
Mozzarella Cheese	110	100g
Cooked Chicken	110	100g
Prosciutto w/Salami	154	100g
Cajun Chicken	110	100g

Prices in effect from Tu

228 Main St. E.,
Milton
876-4496

MON. - WED. 8:00 A.M. to 8:00 P.M.
THURS. - FRI. 8:00 A.M. to 9:00 P.M.
SAT. 8:00 A.M. to 7:00 P.M.
SUN. 10:00 A.M. to 6:00 P.M.



Cheerios 575 gr. Cheerios Apple Cinnamon 575 gr
Honey Nut Cheerios 525 gr Honey Nut Chex 490 gr
Apple Crisp Chex 450 gr Multi Grain Cheerios 450 gr
Frosted Cheerios 450 gr

299



Lipton, Selected Varieties

Pasta, Rice, Potato & Sauce

99¢ 113-134 gr



Black Diamond, Mild, Med, Old

Cheddar or Mozzarella Cheese Blocks

499 600 gr



Assorted Varieties

Minute Maid Orange Juice

OR
Five Alive Citrus Juice 1.89 Litre



BUSY? Have no time to prepare a nutritious meal?
Quality Greens introduces, from **Rosa's**
a wonderful selection of hot foods every evening

Tuesday Feb 5

- Fresh Homemade Lasagna with meat or Ricotta cheese

\$2.99 per serving

Wednesday Feb 6

- Grilled marinated boneless chicken breast dinners
- Includes your choice of pasta, mixed vegetables or rice

\$4.99 each

Mar
cal
Every
N
PAST