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PLEASE DONATE OR VOLUNTEER TODAY
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 or visit us at www.dimes.on.ca

June Callwood
 2002 Honorary Marching Mother

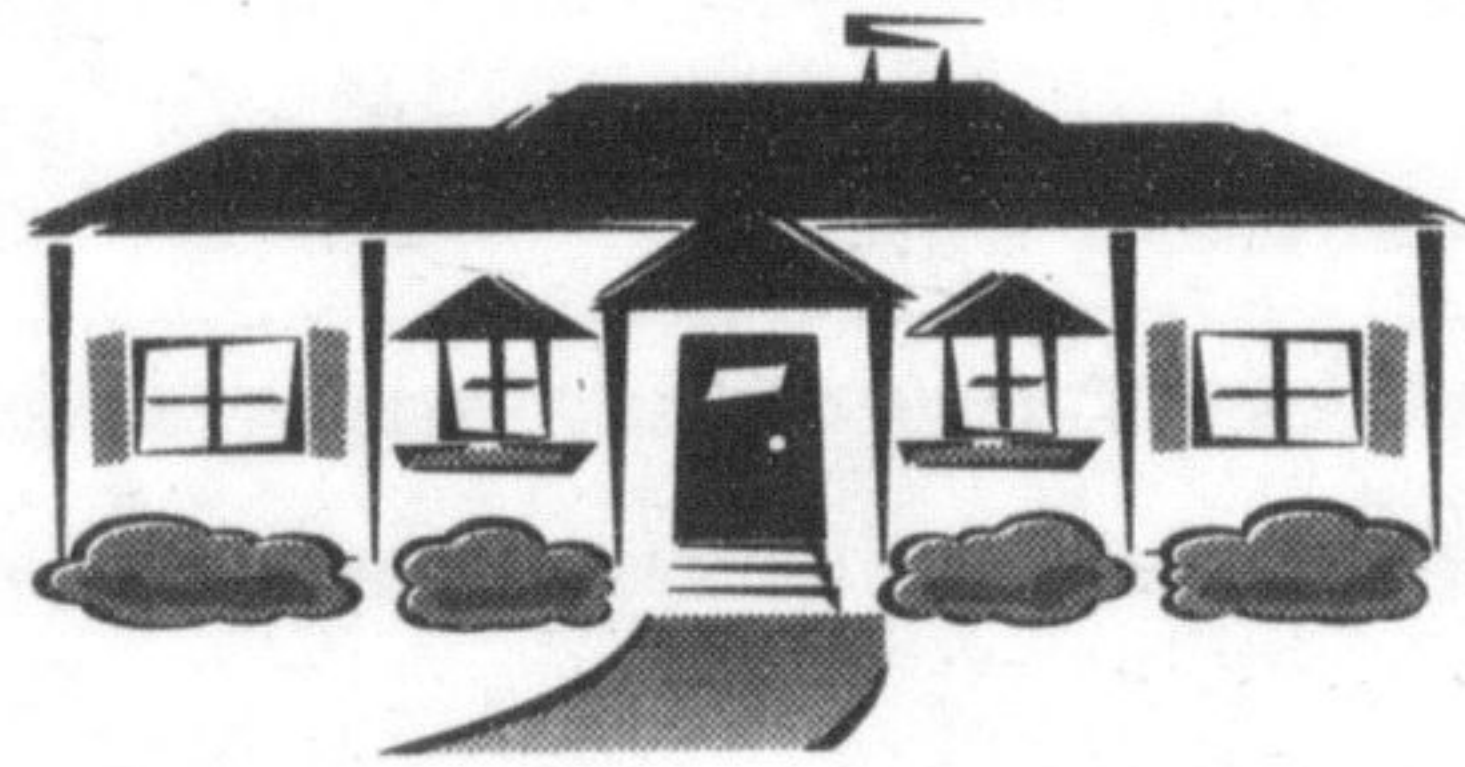


ONTARIO
 MARCH
 OF DIMES

LA MARCHE
 DES DIX SOUS
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Independence for Adults with Physical Disabilities
 Autonomie pour adultes ayant un handicap physique

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See Page 30
 for more listings.
 To advertise in The Canadian Champion's
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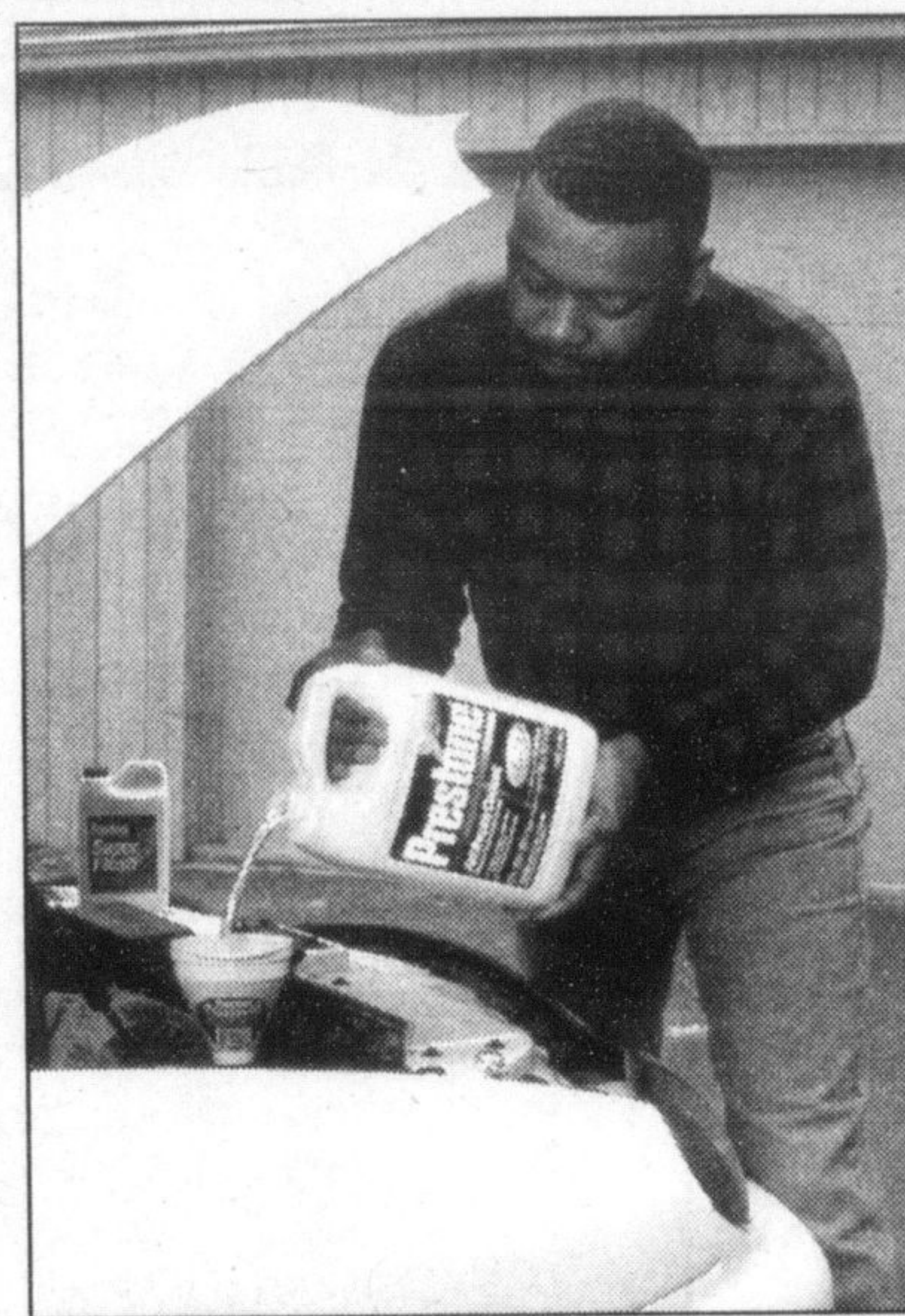
GERHARD & RUDY
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583 Main Street E.
 Milton

Winter Driving Tip:

Keep your fuel line ice-free

(NC)—Everyone's nightmare in the dead of winter is a car engine that grinds and wheezes - but doesn't fire. It is likely gasoline freeze-up and is one of the most frustrating problems, when we expect the car to do its job properly and reliably. Gasoline freeze can be easily avoided however since there are many products available to beat the problem. According to industry specialists at Prestone, the fuel additive called Gas Treatment is a multi-purpose product that "demonstrates superior ability to fight gasoline freeze and at the same time improve performance by cleaning the fuel injectors and carburetors." If you anticipate extra harsh weather conditions, consider Cold Start, a fuel additive specially-formulated for the lengthy Canadian deep-freeze. More information on winter car care is available on-line at www.prestone.com, or toll-free (800) 333-1106.



Oil & filter change is No. 1 priority

(NC)—It takes more than a clean oil filter to give your automobile engine the protection it deserves. Most motorists recognize the need to change filters regularly but many ignore the need to change the oil itself. A complete and regular oil change is vital to engine care, advise the industry experts. Modern engine oils contain additives that clean and protect. But as the oil ages, the additives lose strength and offer less and less protection. "Over time, the oil in your engine loses some of its viscosity and picks up dirt and water so it needs to be replaced," says Colin Phillip, technical services manager for Honeywell, makers of Fram filters. He recommends an oil and oil filter change every three months or 5,000 kilometers. "If you do nothing else in the way of preventive maintenance, do these oil and filter changes," Phillip said. "They are the single most effective thing you can do for long engine life." Additional car care information is available on-line at www.fram.com or call toll-free (800) 333-1106.



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