

Dateline

Dateline is a free listing of coming events only. The column is available to local community groups to assist in promoting their future events.

Only charitable or non-profit community groups may use this service.

We can only guarantee one issue of publicity closest to the date of the occurrence although more insertions are possible if demand is low.

Notices for Dateline should be handed in at the office of The Champion, 191 Main St. E., mailed to P.O. Box 248, Milton, Ont., L9T 4N9, faxed to (905) 878-4943, or e-mailed to miltone@haltonsearch.com.

The final deadline is noon Friday for Tuesday's edition and noon Wednesday for Friday's edition.

Dateline items will not be accepted by telephone.

Monday Dec. 31

Celebrate New Year's Eve at the Milton Seniors' Activity Centre. Enjoy an evening of socializing, card games and a sing-along at 8 p.m. Watch the countdown from Times Square in New York City on TV. Tickets cost \$8. For more information, call (905) 875-1681.

Miltonians are invited to Victoria Park Square for the annual New Year's Eve Bell Ringing Ceremony. Gather around the bell at 11:45 p.m. to ring in the New Year with Father Mark Curtis and Mayor Gord Krantz.

Tuesday Jan. 1

Mayor Gord Krantz, members of town council and the Milton Historical Society hosts the New Year's Levee at Town Hall. The event takes place from 1:30 to 3:30 p.m. Residents are invited to visit with council members and view displays from Waldie's Blacksmith Shop. Light refreshments to be served.

Thursday Jan. 3

The Milton Seniors' Activity Centre holds a public foot care clinic from 1 to 4 p.m. To book an appointment or for more information, call (905) 875-1681.

Winter can be a hazardous season for many seniors

Halton's health department offers tips to minimize risk of accidents

Winter is a hazardous time for anyone who walks outdoors, but it's especially hazardous for seniors, warns the Halton Region Health Department.

Slippery roads, snow and ice and cold temperatures create unsafe conditions that can lead to a fall.

The health department says poor balance, arthritis in the knees and poor vision, combined with boots with worn soles and icy sidewalks, can all conspire to cause slips and trips for older persons.

Try to follow these safety tips

The following are some tips from the health department to help seniors stop a winter fall before it happens:

- Wear well fitting boots and overshoes with a deep tread
- If you use a cane, attach an ice pick to it
- Keep all walkways and steps clear of snow and ice. Have a shovel and ice melter on hand
- Watch out for ice when you are walking. Wearing sunglasses can reduce glare
- If you absolutely must walk on ice, slow down and take small steps
- Carry parcels by your side so you can watch your step
- Take a taxi home from a shopping trip when conditions are unsafe. The money you spend is well worth it if you can avoid falling and hurting yourself
- If your balance is not good, stay indoors on icy days. Be active inside your home and wait until the weather improves

For more information regarding falls prevention, call the Halton Region Health Department's Injury Prevention Program at (905) 825-6060, ext. 7113.

Milton's AUTOMOTIVE DIRECTORY



AUTUNE MILTON LIMITED service centre

Specializing in...

- AUTO ELECTRIC & CHARGING SYSTEMS
- TUNE-UP & EMISSION CONTROLS
- AUTO AIR CONDITIONING
- FUEL INJECTION
- AUTO AND TRAILER WIRING
- DELCO BATTERIES
- BRAKE SERVICE
- SAFETY INSPECTIONS

18 Thompson Rd. Unit 12 **878-7221**

FIRST PROFESSIONAL Collision & Paint INC.

MILTON'S FULL SERVICE COLLISION CENTRE
Call Steve Boers

706 Main Street, East Milton, ON **(905) 876-1116**

We will exceed your expectations

OPEN SATURDAYS 8:00am - 12 noon
For after hours appointment call (905) 876-8787

Milton Import Car Centre

• VOLKSWAGEN & AUDI • USED CAR SALES & SERVICE •

Specialist In: • IMPORT & DOMESTIC • AIR CONDITIONING

Authorized BOSCH service • FUEL INJECTION & DIESELS • ALIGNMENT

583 Main St., Milton (905) 878-5330

SENTINEL AUTOMOTIVE

• Major & Minor Repairs • Tune Ups • Air Conditioning • Brakes • Engines • Exhaust • 4x4 • Safety Inspections • Towing • Marine Repairs • Emission Repair & Pretesting

High-Tech Service with Old-Fashioned Value

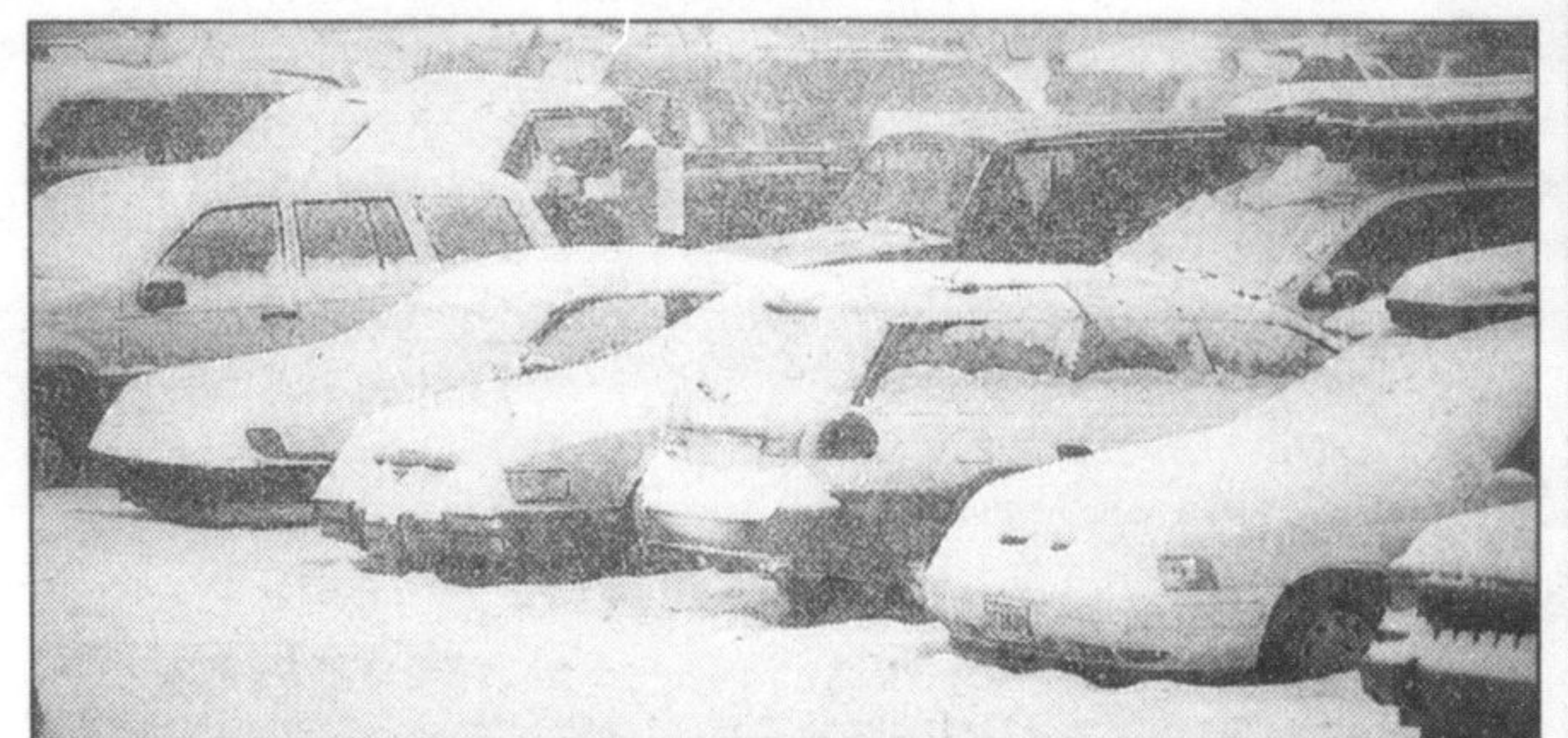
342 Bronte St. South, Units 12 & 13, Milton **878-8066**

Don't Let Winter Freeze Your Car In Its Tracks

(MS) — A car that won't start is almost worse than no car at all. That's why you want to be sure your vehicle is winter-ready. Cold temperatures, sleet and snow present unique problems that can handicap the performance of your car or truck and interfere with your plans. Properly preparing your vehicle for winter helps you avoid annoying breakdowns, delays and unnecessary expenses.

It's a fact of life that oils and greases become thicker as temperatures drop. Tests have shown that up to 40 percent of all engine wear occurs during cold starts. In other words, during winter, your car needs all the protection it can get. In extreme temperatures, conventional petroleum motor oils become nearly solid, whereas some synthetic motor oils can remain fluid and effective to more than 70 degrees below zero.

If the oil in the engine is too thick, it will slow the starting rpm and restrict the amount of oil flowing to engine components. Sluggish oil in a cold engine can increase the wear on bearings and rings, decreasing engine life. Thick oil can also increase the burden on an already-overtaxed starting system, to the point where your vehicle won't start without a block heater or a squirt of starter fluid. For all of these reasons, it is important to be sure your lubricants are the right ones for your operating conditions.



WINTER'S JUST AROUND THE CORNER and your car needs all the protection it can get. Synthetic motor oils can help prevent annoying breakdowns, delays and unnecessary expenses.

Many drivers with concerns about their car's reliability and easy winter starts have discovered that synthetic motor oils are the way to go. Before winter strikes, learn the cold, hard facts. For free information on the cold-weather benefits of synthetic motor oil, you may call AMSOIL Inc. at (800) 777-8491.

J&D Tire Sales & Service

555 Main St. E. **876-4788**

YOUR ALLIANCE TIRE PROFESSIONALS

MICHELIN BFGoodrich

UNIROYAL Regul.

Wilson Automotive Detailing

\$92⁹⁹ FALL CLEAN UP
Complete Interior & Exterior Shampoo & Wax

Window Tinting Coming Soon!

"Always looks better on the way out!"
905-876-2277 705 Main St. E., Milton

Wallace SERVICE CENTRE

PONTIAC • BUICK • CADILLAC

• GM SPECIALISTS • EXPRESS LUBE SERVICE • COMPREHENSIVE DIAGNOSTICS & REPAIRS

FREE SHUTTLE SERVICE

801 MAIN ST. E. 905-878-2355

Goodwrench Service

Serving Milton For Over 3 Generations

SALES HOURS	SERVICE HOURS
Mon.-Thurs. 8am-8pm	Mon.-Fri. 8am-5pm
Friday 8am-6pm	Tues. 8am-6pm
Saturday 9am-5pm	Saturday 9am-2pm

RICHARDSON CHEVROLET-OLDSMOBILE 878-2393
HWY. 25 S. AT DERRY RD., MILTON