



Dreaming of a New Lifestyle?
Enroll now with our **Holiday Special!**

Before



After



Joanne Did!!!
Lost: 50 lbs
55.5 inches

MUSCLE TONING SPECIAL
2 FREE SESSIONS
every package purchased
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Specializing In:

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- Electro-Muscle Toning. Reduce 1-2 Sizes in 5 Weeks
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Call for Your Free Consultation
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50% OFF Enrollments
*Starts immediately or save for the New Year

* Based on Full Program. Excludes product.

Stick with the Classifieds.

If you're shopping for new or used items, keep looking in the Canadian Champion Classifieds. Every week, you'll find a great selection that you can get stuck on!

905-878-2341

WHO DOES IT

ADMINISTRATION & EVENT PLANNING

HALTON BUSINESS ADMINISTRATION
Business Administration & Event Planning

Overwhelmed by the day-to-day administration of your association, consulting company or small business? Need to get back to the real reason that you are in business? Don't know how you will ever find time to plan upcoming conferences, meetings or even the golf tournament?

Let a Professional Administrator manage the everyday running of your business and handle your event planning. Then you can allow yourself to get back to the action -

FAST

CALL (905) 691-0566

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- Scrap Removal
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For a FREE ESTIMATE, call Dan at:
Varley's Landscaping
905-873-7469

Attention:
PARENTS AND GRANDPARENTS

If a special someone was born in 2001 and their birth announcement appeared in The Champion please contact us regarding our

2001 SPECIAL BABY EDITION

If you wish to have your little one's picture included please drop a picture off before:
Deadline: December 14, 2001

The Canadian Champion
191 Main Street East, Milton, Ontario L9T 4N9

See Page 29 for more listings.

WHO DOES IT