



*Product of USA*  
**Sweet Green Peppers**  
**88¢** lb.

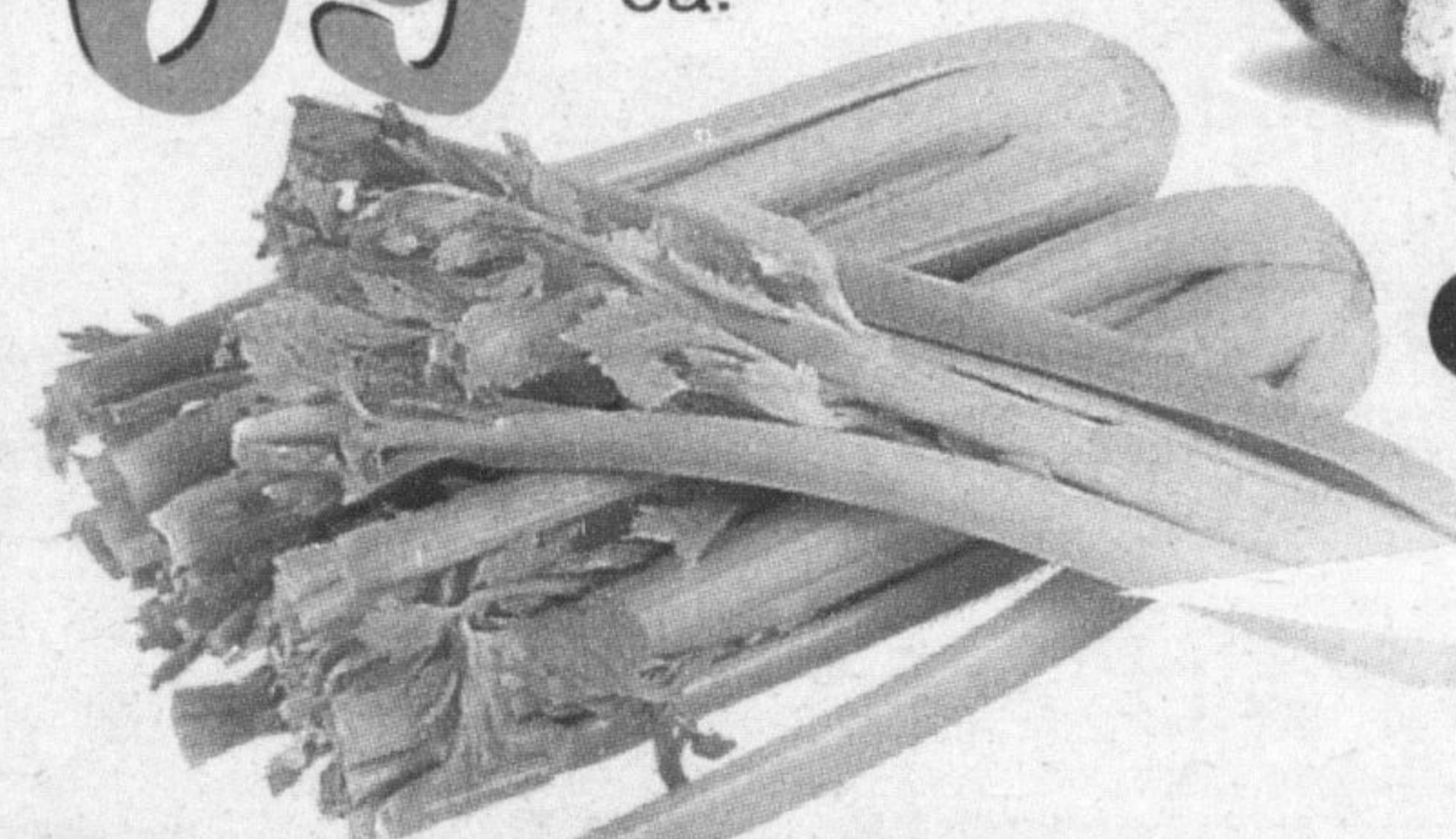
*Product of USA*  
*Large Crisp*  
**Head Lettuce**

**69¢** ea.



*Product of USA*  
*Large Tender*  
**Celery Stalks**

**99¢** ea.



*Product of Ontario, 2lb bag*  
**Carrots & Onions**

**2/99¢** 2 lb. Bag



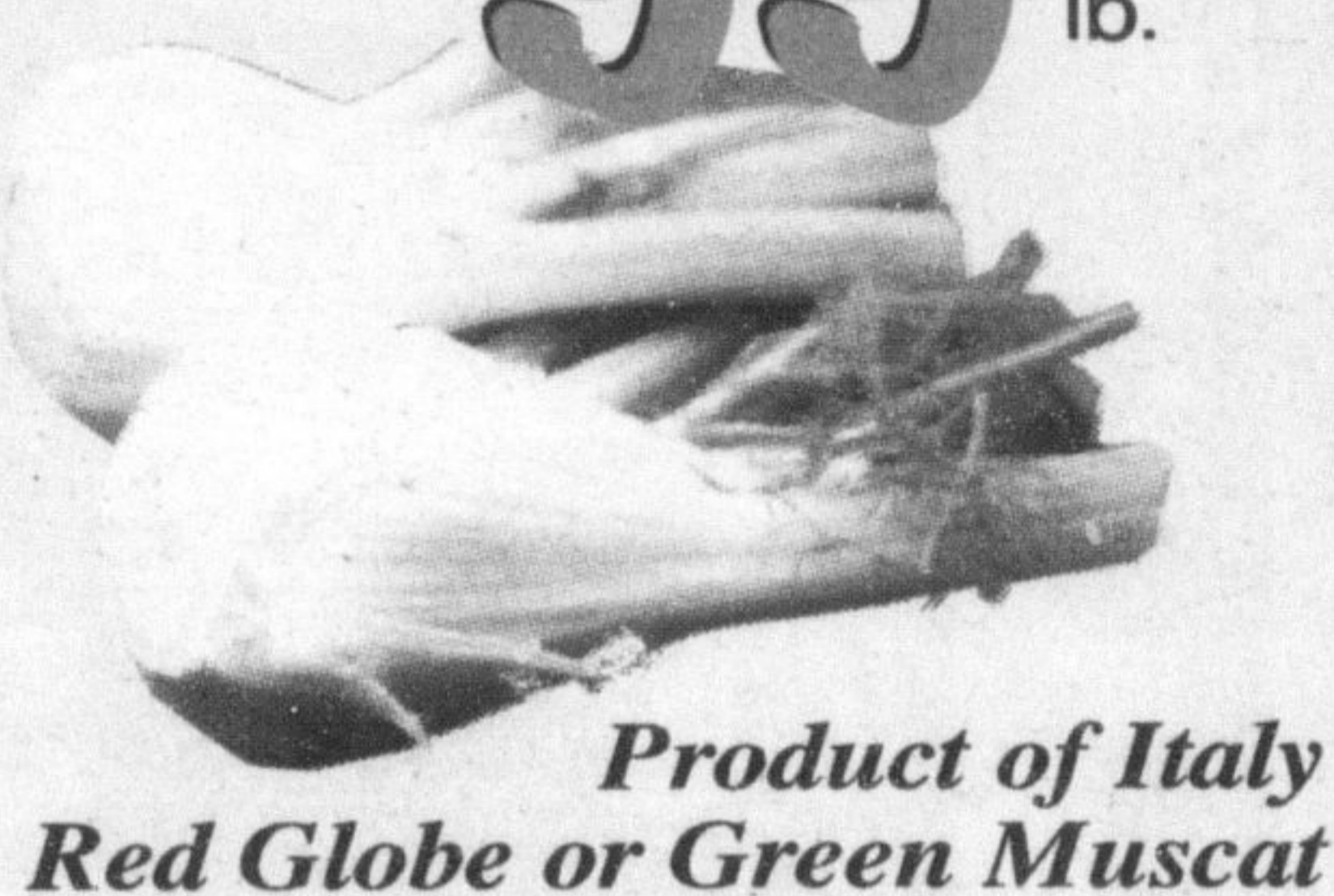
*Product of USA*  
**Beefsteak Tomatoes**

**99¢** lb.

*Product of USA, Andy Boy #1*  
*Sweet*

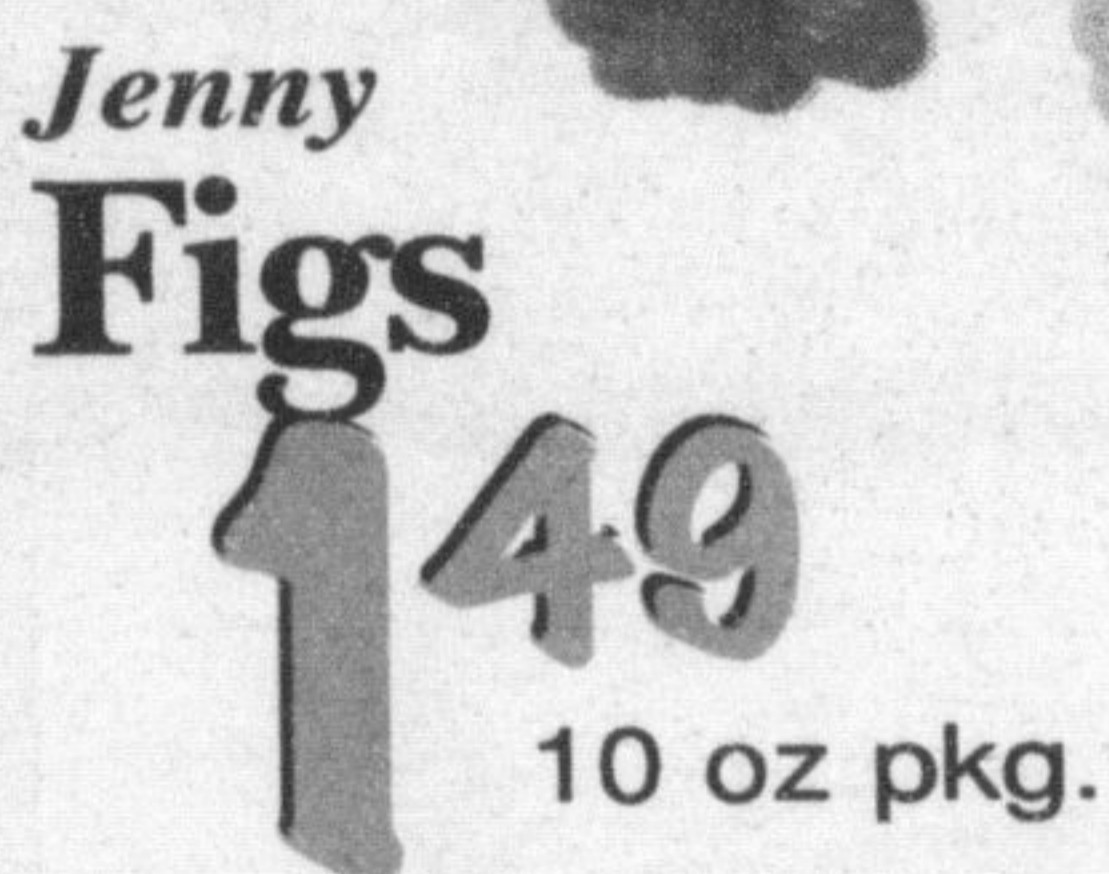
**Anise (Fennel)**

**99¢** ea.

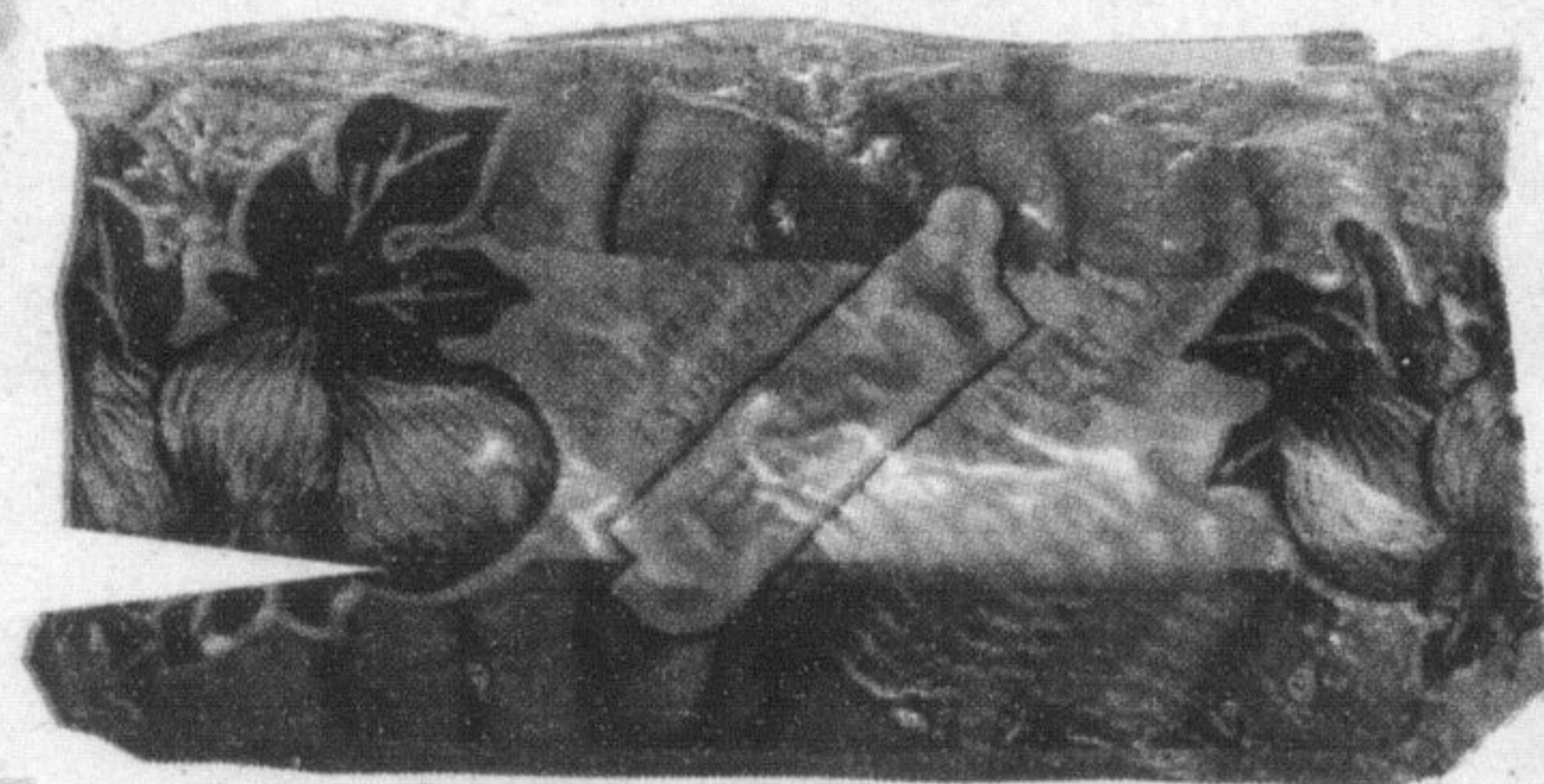


*Product of Italy*  
*Red Globe or Green Muscat*  
**Grapes**

**149** lb.



*Jenny*  
**Figs**  
**149** 10 oz pkg.



*Product of USA, Fresh*  
**Walnuts**

**199** lb.

*Product of Ontario, Crisp*  
**Macintosh Apples**

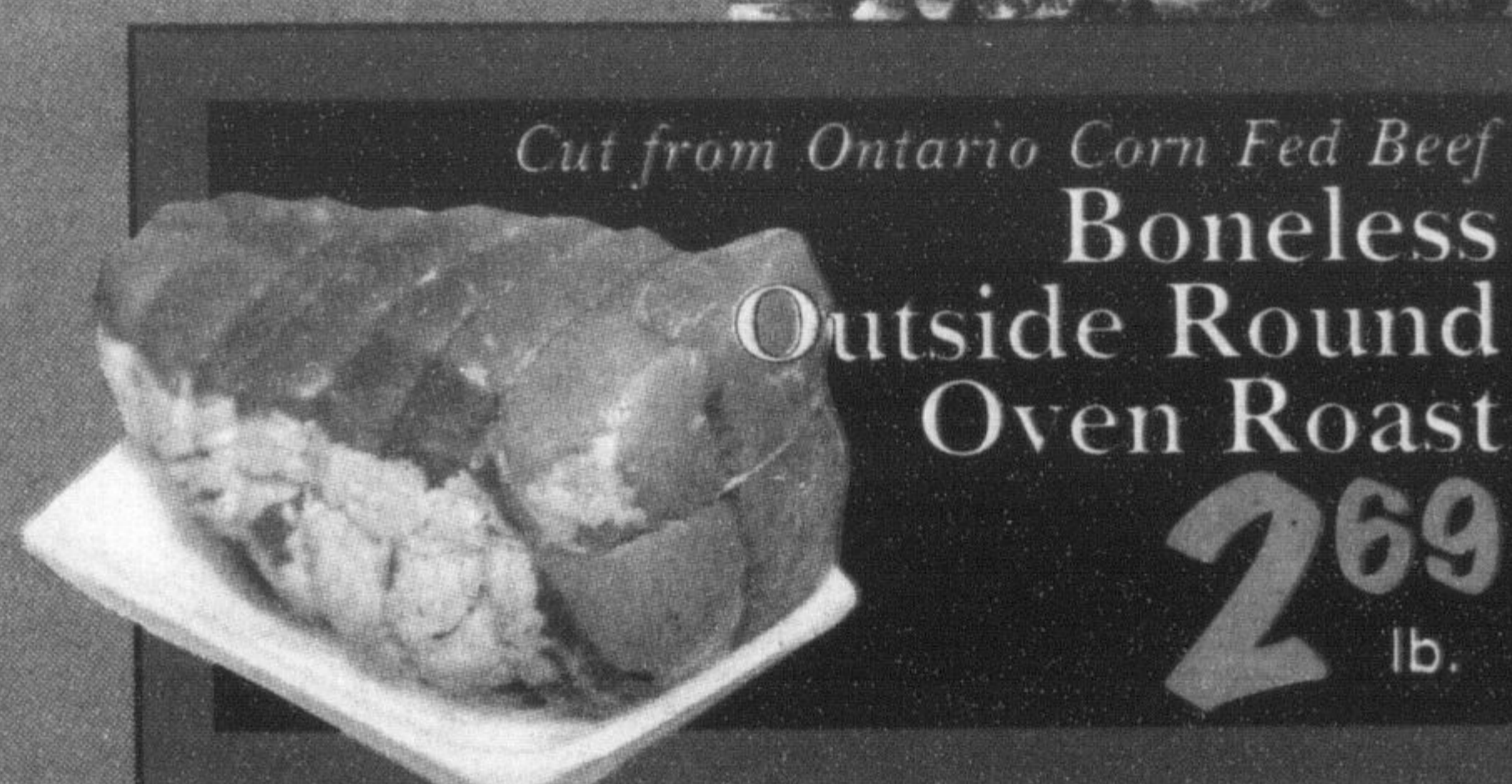
**99¢** lb.



Prices in effect from Fri. N

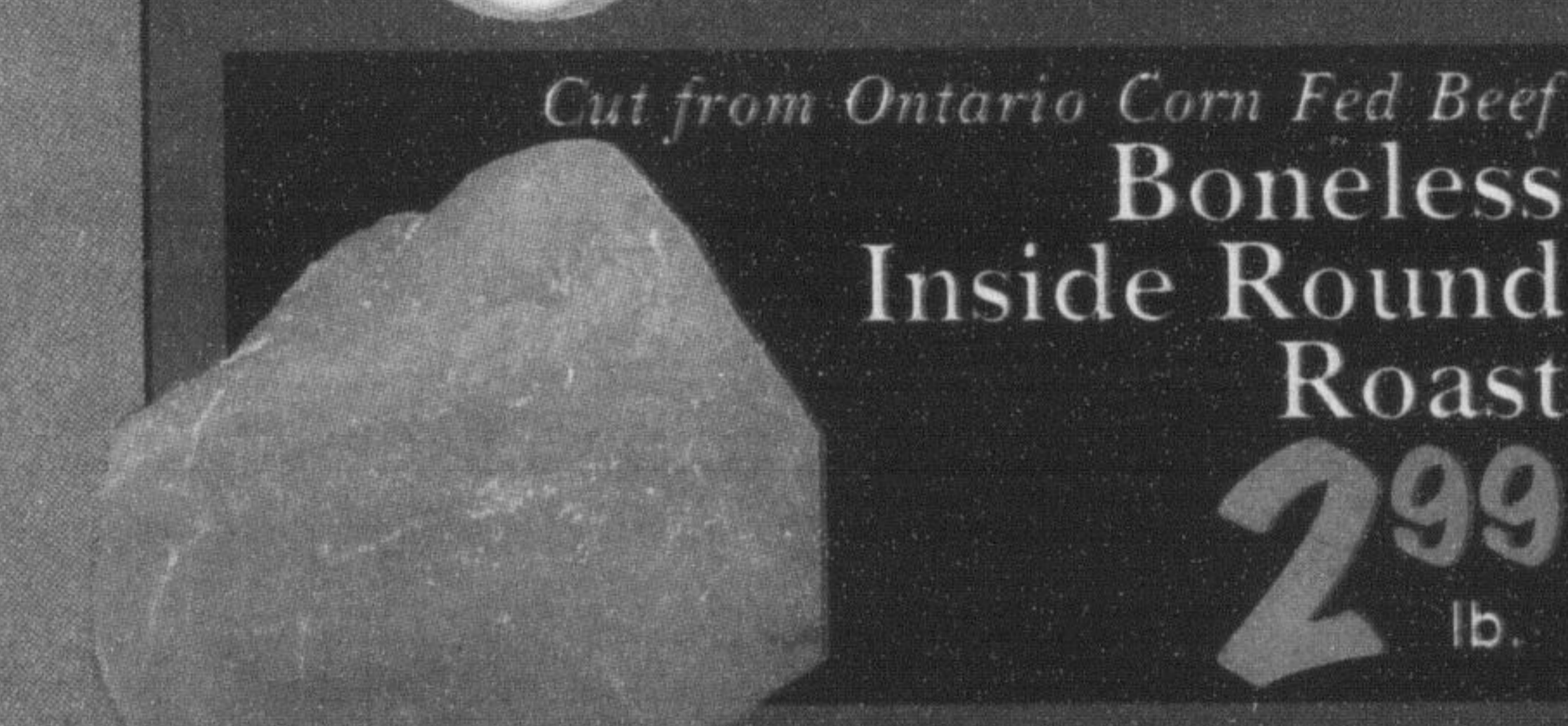
228 Main St. E.,  
Milton  
876-4496

MON. - WED. 8:00 A.M. to 8:00 P.M.  
THURS. - FRI. 8:00 A.M. to 9:00 P.M.  
SAT. 8:00 A.M. to 7:00 P.M.  
SUN. 10:00 A.M. to 6:00 P.M.

*Cut from Ontario Corn Fed Beef*  
**Boneless Outside Round Oven Roast**  
**269** lb.

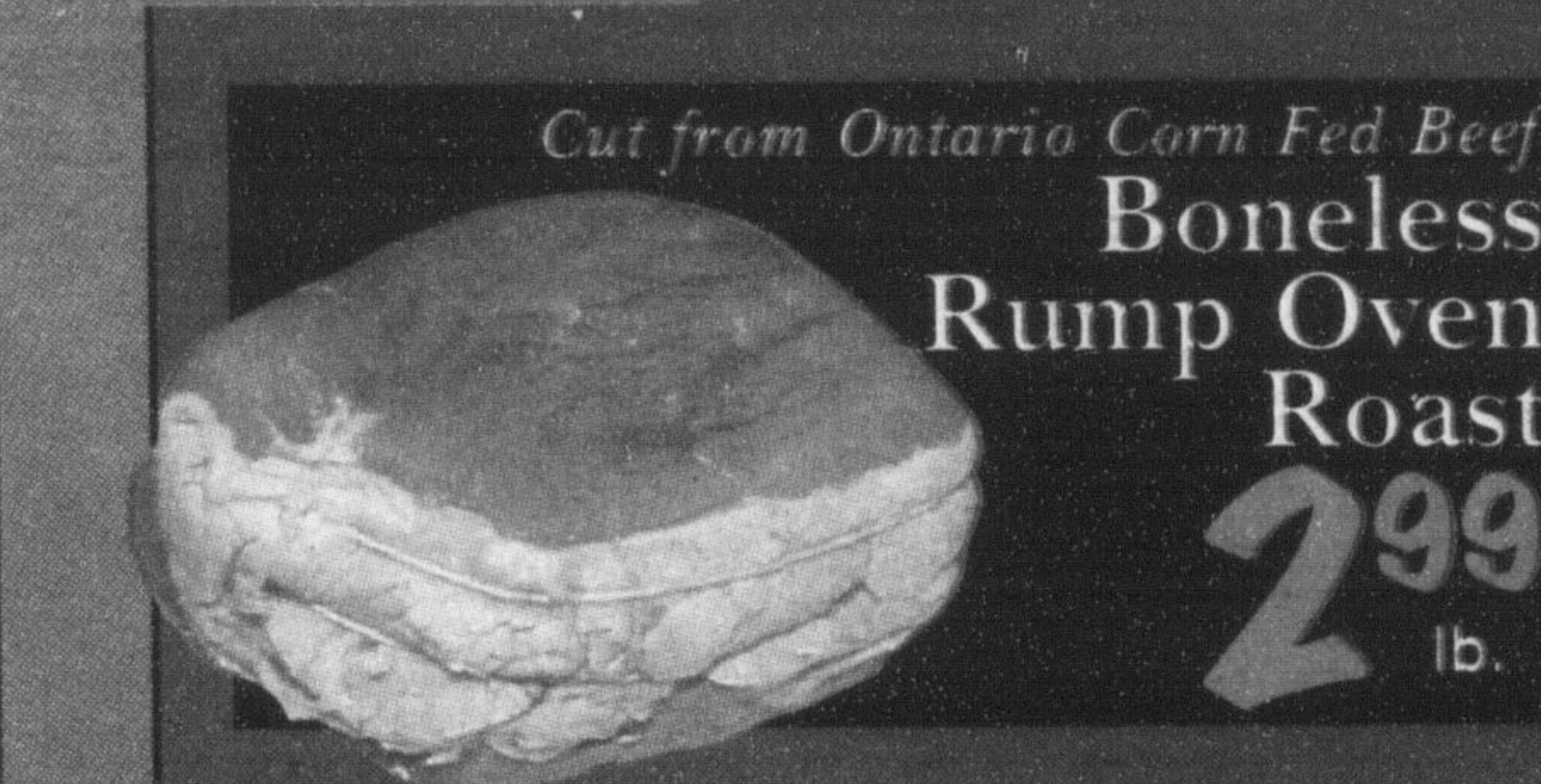
**NEW at**  
*Quality Greens*



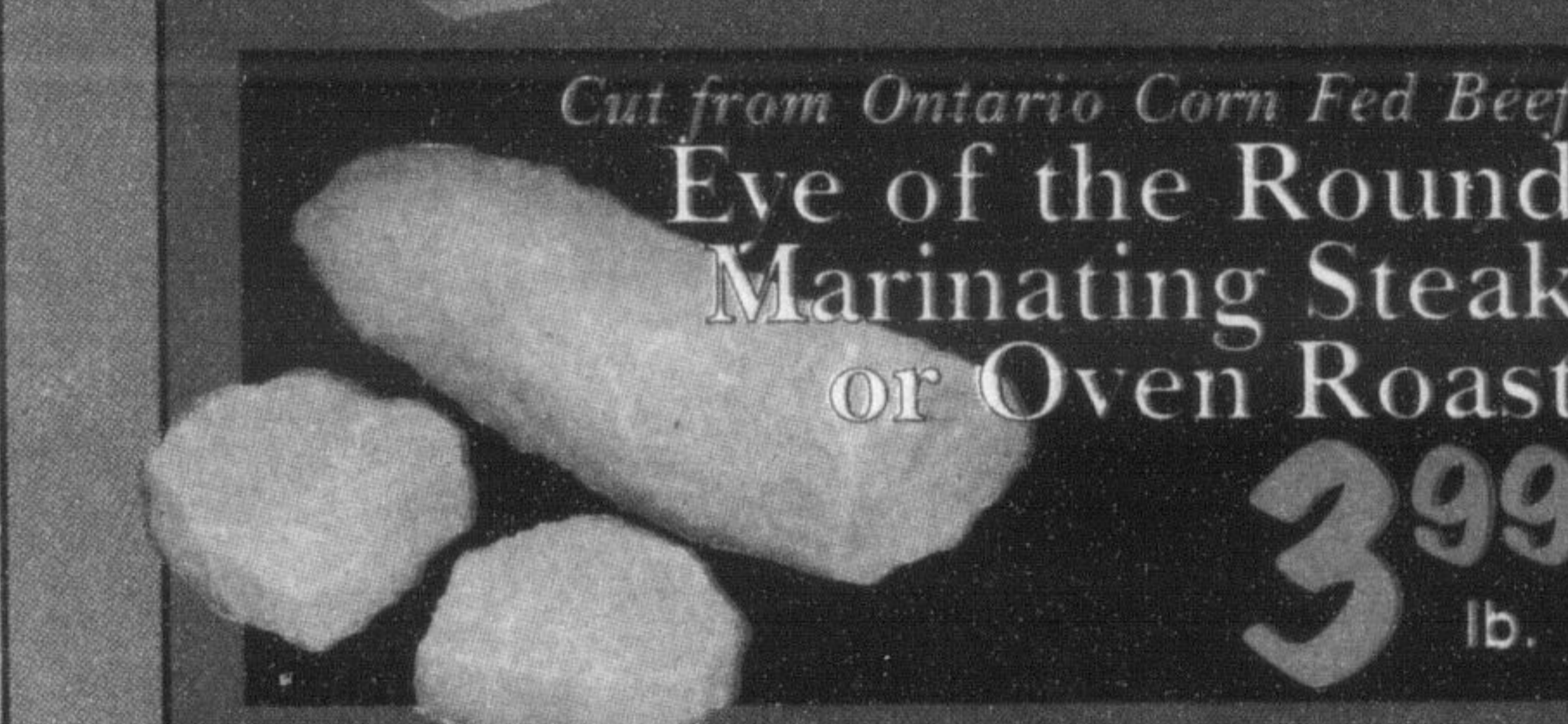
*Cut from Ontario Corn Fed Beef*  
**Boneless Inside Round Roast**  
**299** lb.

**Naturally Great Tender Beef . Time After Ti**

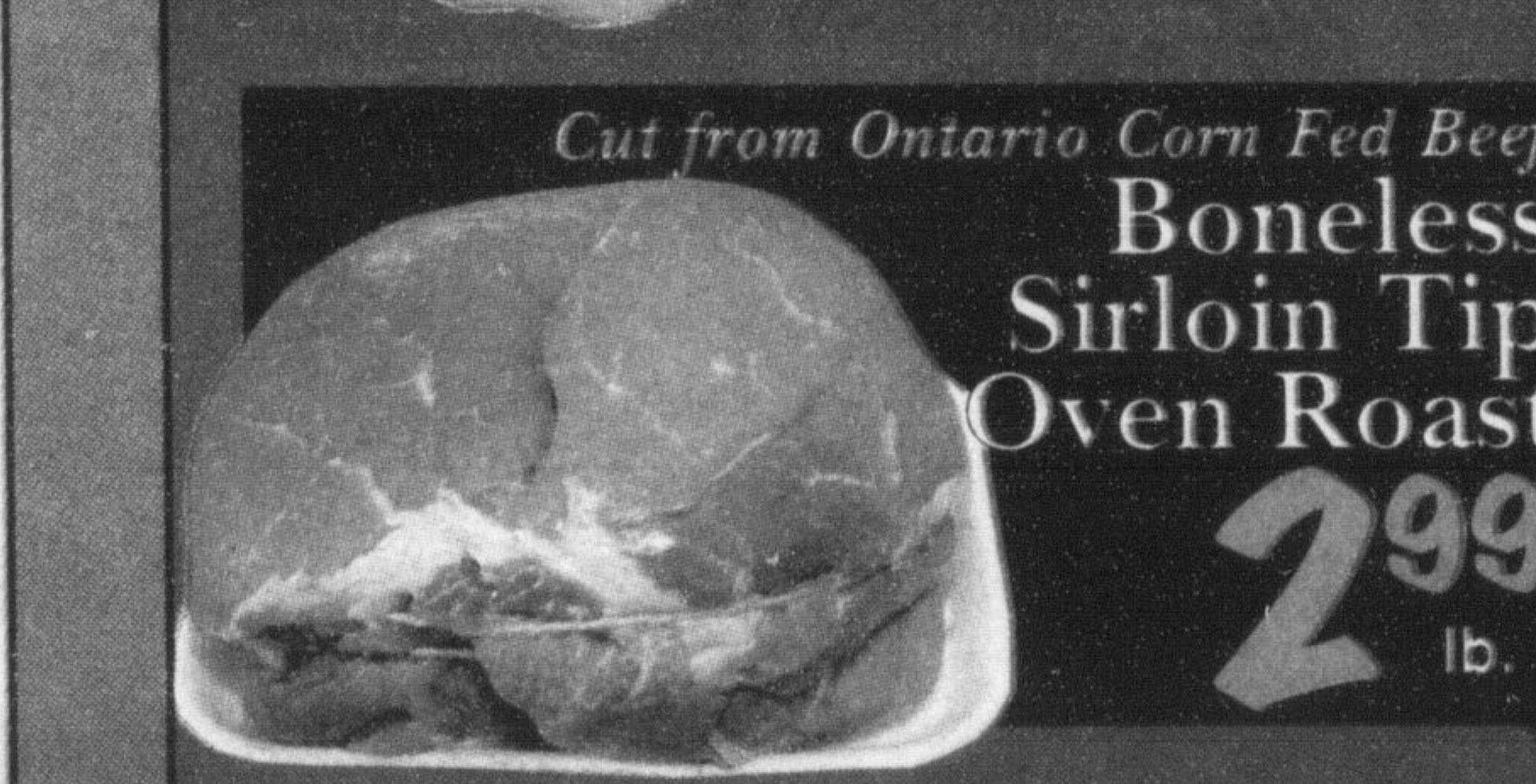
When it comes to producing great beef, it's a diet that consists mainly of... all the difference... Beef



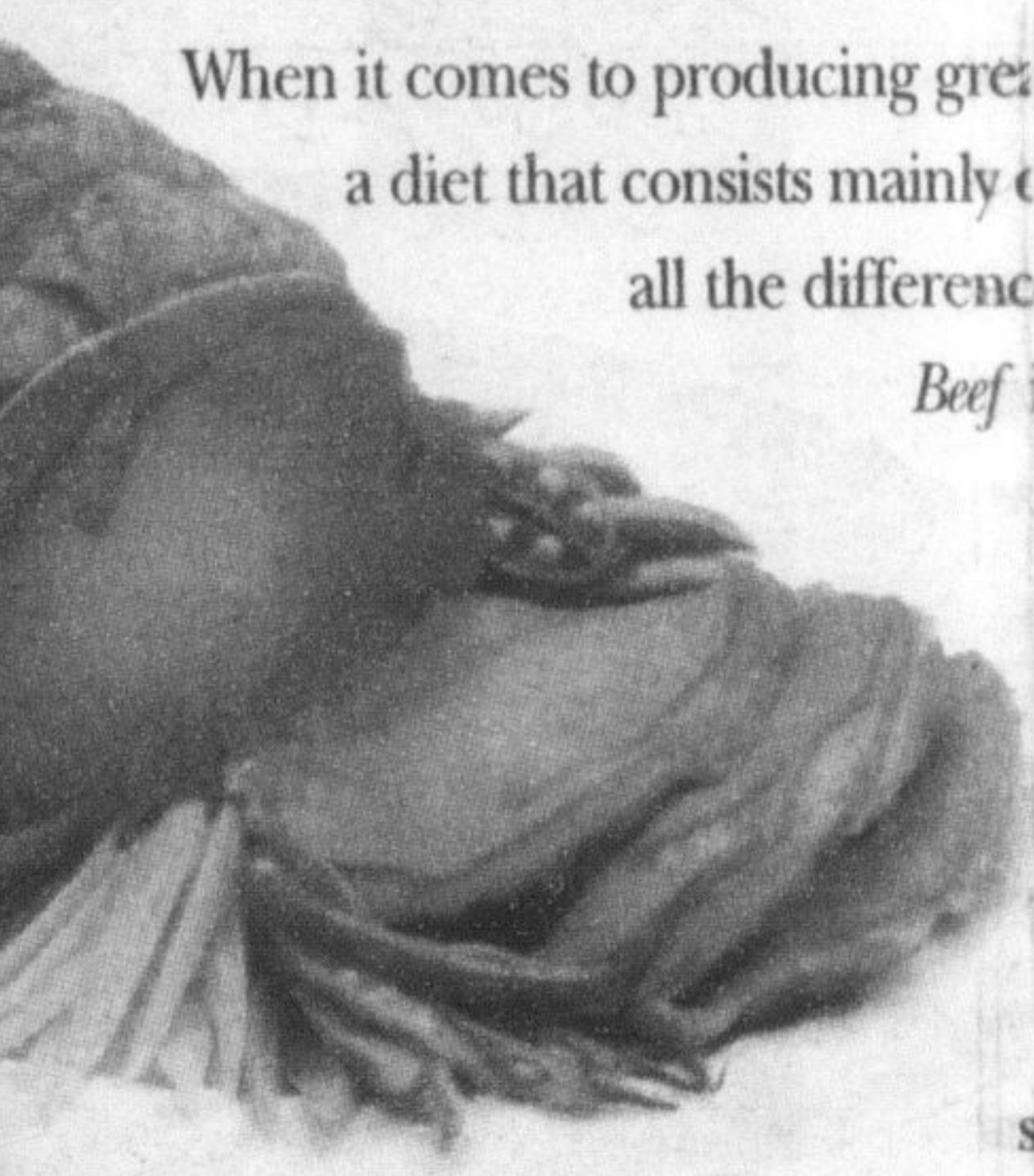
*Cut from Ontario Corn Fed Beef*  
**Boneless Rump Oven Roast**  
**299** lb.



*Cut from Ontario Corn Fed Beef*  
**Eye of the Round Marinating Steak or Oven Roast**  
**399** lb.



*Cut from Ontario Corn Fed Beef*  
**Boneless Sirloin Tip Oven Roast**  
**299** lb.



**Quality Assurance**

The goal of Ontario Corn Fed Beef is to produce a naturally great tasting product that is consistently tender and juicy.

To meet the high standards for the product, all suppliers of Ontario Corn Fed Beef must adhere to an independently audited feeding and management program at farm level.

**Deli**

Casa Italia, Hot or Mild  
**Genoa Salami** **110** 100g

Mastro Casalingo Salami **139** 100g

**Baked Brie in Pastry** **799** ea  
Plain or with Cranberries & Spiced Almonds

Italian Ham **114** 100g

**Mozzarella Cheese** **110** 100g

Vera Mortadella **66¢** 100g

Mastro Fresh Pasta **269**

