

Cleo gearing up for clothing drive

Cleo clothing store at Milton Mall is gearing up for a fall clothing drive in support of Halton Women's Place. Donations of women's and children's clothes in

good condition will be collected at the store from October 14 to 20. Toys and games in good condition will also be accepted.

New Town program aimed at improving youths' self-esteem

By RICHARD VIVIAN
The Champion

A new program at the Milton Seniors' Activity Centre (MSAC) looks to boost youth self-esteem — without them realizing it.

"It's based more on having fun than lecturing. It's mostly through games, activities and crafts that we're trying to aid in the development of self-esteem," said Tammy Corless, MSAC recreation supervisor.

In fact, Ms Corless hopes the youths have so much fun they don't notice the educational value of the program.

"Kids don't want to sit and listen to someone preach to them. The more interactive it is, the more we feel that children are going to learn from it."

Open to youngsters in grades 5 to 9, the 'Proud To Be Me' program will be held Monday evenings between October 15 and December 3.

"It's a very hard age to go through with all the changes to their bodies," Ms Corless said. "We're trying to help them develop some social skills as well to try to help

them get over their fears."

Each week, the program will focus on a different theme — running the gamut from communication, stress management, anger and body image, to home life and decision making.

The need for a program of this nature became obvious to Ms Corless through her work in organizing the Friday Evening Youth Program among other youth-oriented programs.

Being actively involved with Milton youth, she said she has noticed an increasing difficulty for youth in friendship development and other self-esteem related difficulties.

"And I've heard a lot of things like, 'I wish my child would stick up for themselves' from parents," Ms Corless continued. "There seems to be a real need for these types of programs."

The cost of the program is \$60 per person.

For more information or to register, contact Ms Corless at (905) 875-1681, ext. 227.

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MMCR to host fundraiser

The Milton Millennium Community Residences (MMCR) will host a dinner at Granite Ridge Golf Club November 9 at 6:30 p.m.

Funds raised will go toward building the assisted living complex at 45 Martin St.

Dinner includes ostrich meatballs and tortilla bean pinwheels, country pumpkin soup and garden greens. Wine will be provided by the Scotch Block Winery.

For more information or to reserve a ticket, call (905) 693-8592.

20th Anniversary Community Appreciation Open House

Dr. Marlene Turner would like to thank the people of Milton for supporting her for the last 20 years. After graduating with her Doctor of Chiropractic from the Canadian Memorial Chiropractic College in 1981, Dr. Turner set up her practice in Milton, subsequently had 4 children, and continues to practice in the eloquent 130 year old home/office on Main St.



Dr. Marlene Turner
Chiropractor

Open House Invitation

Tuesday, October 16, 2001
Healing Centre, 95 Main St., Milton
7:00pm-9:00pm
(905) 876-1888

"It has been such a wonderful fulfilling career for me so far and I have very much enjoyed the relationships with our clients/patients and friends." I would like to extend a warm invitation to all clients & friends, past or present, to attend our appreciation open house wine & cheese.

