

MONITOR

Halton Healthcare

THE HEARTBEAT OF OUR COMMUNITY

NEWS AND INFORMATION FROM MILTON DISTRICT HOSPITAL

We would like to thank our sponsors, Halton Automotive, Bill Currie, Robert (Pie) Lee Insurance, McCuaig Insurance Ltd. and McKersie-Kocher Funeral Home Ltd. for their wonderful support and generosity.

HOSPITAL

Are You Tired of Commuting?

Are you a healthcare professional looking for a job closer to home? HHS is currently recruiting for the following positions:

- Pharmacists
- Physiotherapists
- RNs
- Respiratory Therapists
- Occupational Therapist
- X-ray Technologists

Fax or email your resume to 905-338-4137 or hr@haltonhealthcare.on.ca

Check out our website www.haltonhealthcare.com for additional information and other career opportunities which are available at your community hospital.

Speaking of our Award Winning Web Site ...

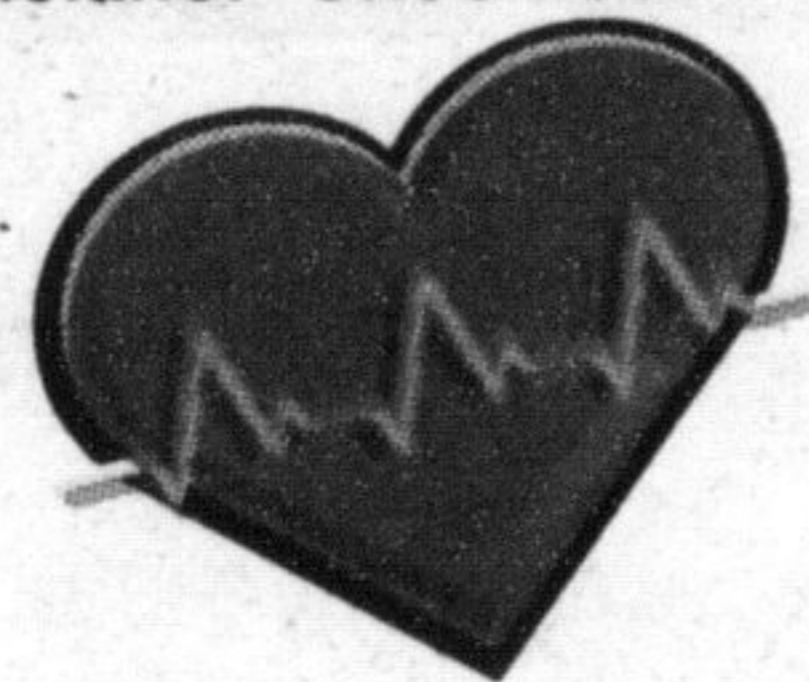
Our new web site, www.haltonhealthcare.com, was submitted to a national competition sponsored by the Health Care Public Relations Association of Canada in the Spring and came out a winner. Most recently the careers section of the web site has been expanded to include specific job postings - an improvement which has resulted in a marked increase in the number of applications being received online. In addition, we've added a direct link to our Hospital Ombud to receive patient feedback. The web site is constantly being updated and expanded to provide those online with a growing selection of information about HHS, OTMH and Milton District Hospital. Check us out! Log on to www.haltonhealthcare.com and let us know what you think!

Cardiac Rehabilitation Program Open House

If you have ever experienced angina, have had a heart attack, angioplasty or heart surgery you may want to sign up for the new Cardiac Rehabilitation Program now being offered at MDH. Cardiac Rehabilitation is an exercise and education program designed to improve your heart health.

To help you understand what the Program can offer you, the Milton District Hospital is inviting you to a special Cardiac Rehab Open House on Monday, October 1st from 4:00 pm to 6:00 pm in the Rehabilitation Department where the program is being offered. Come in and speak to the physiotherapists. Meet the nurses and the physicians. Check out the equipment and learn about how this program can make a difference in your life.

For more information on this Program please call 905-878-2383, ext. 7274 or ext. 6653.



Are You In Jeopardy?



Have you or someone you know suffered a fall or near fall within the past 12 months? Are you or someone you know at risk?

Fortunately most falls are preventable. Halton Healthcare Services is now offering a Falls Intervention Clinic aimed at reducing the risk of falls for community-dwelling seniors in the area. The clinics are offered at both Milton District Hospital and Oakville-Trafalgar Memorial Hospital and are available to individuals 65 years of age and older, who have experienced one or more falls in the past year.

Participants will receive a comprehensive assessment by a registered nurse, and a care plan recommending strategies that will reduce the risk of future falls. These may include referrals for physiotherapy, the use of walking aids, home safety measures or a plan to increase physical activity. Clients will be followed up at three, six or twelve month intervals.

This new service is available thanks to a four-year grant awarded to the Trauma Prevention Council of Central West Ontario by the Ontario Trillium Foundation. Seniors, their family or professional caregivers may book an appointment at the Falls Intervention Clinic by calling 905-338-4613 (Oakville) or 905-876-7022 (Milton).

www.haltonhealthcare.com

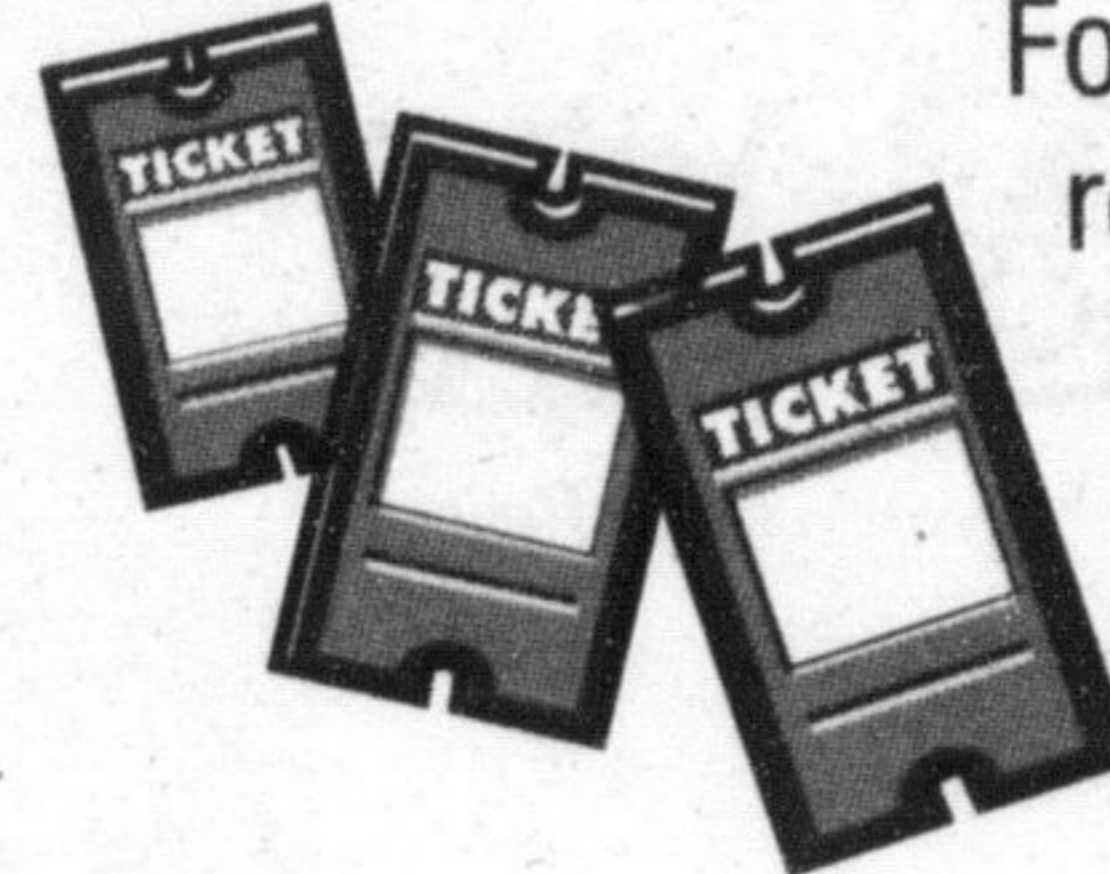


FOUNDATION

20 YEARS
MILTON DISTRICT HOSPITAL FOUNDATION
CELEBRATING
A COMMUNITY
THAT CARES
(905) 876-7014

Your Chance to Win.....

Backstreet Boys Concert Tickets! The Foundation is the lucky recipient of two tickets for the concert on September 14th at the Air Canada Centre. These tickets are for two fantastic seats in row 20. Buy your chance to win them today at a cost of only \$2. each or 5/\$5.



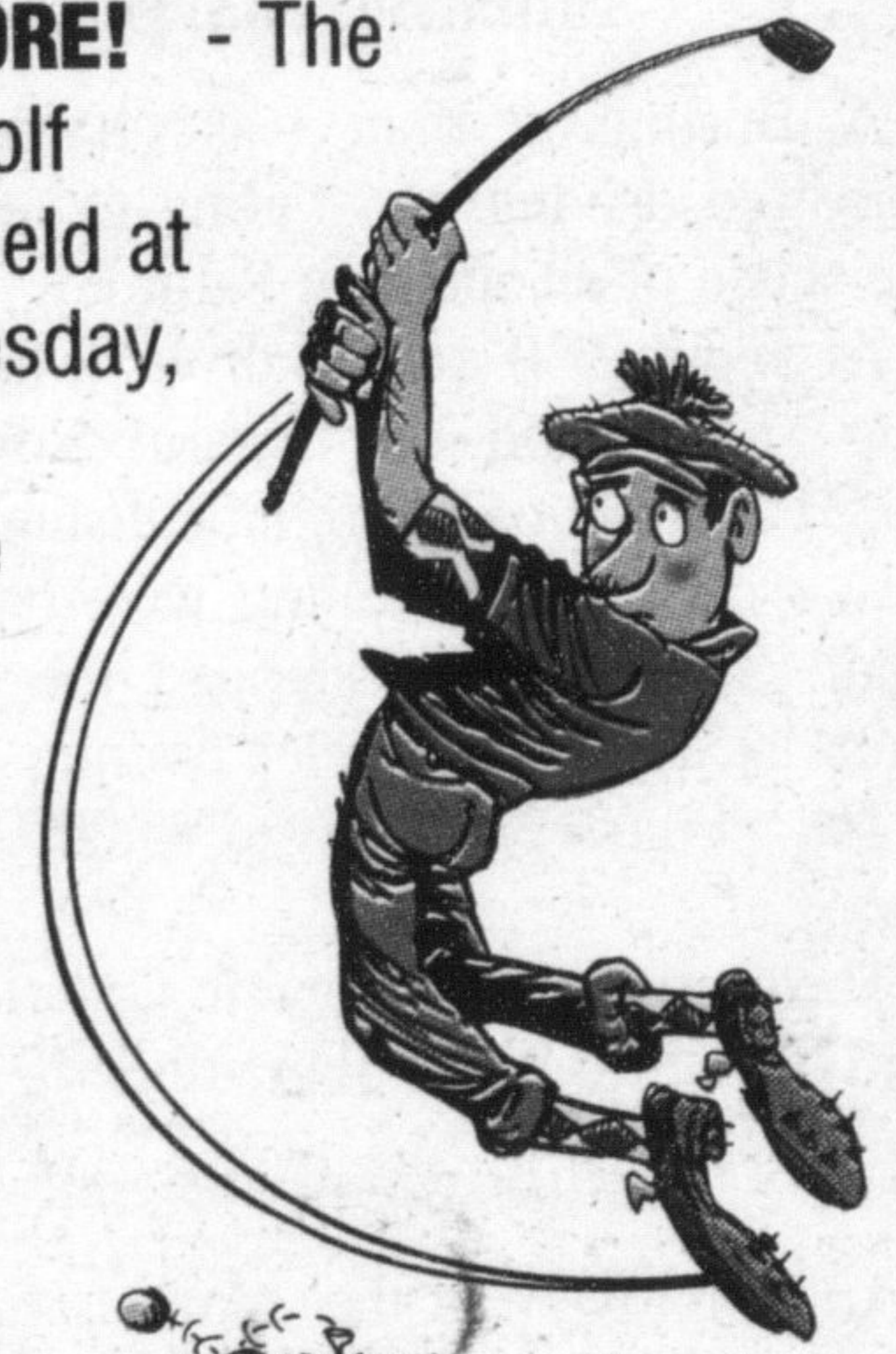
THUMBS UP TO THE R.C.M.P. (Toronto Airport Detachment)



The R.C.M.P., under the leadership of Arlene Flynn, held a golf tournament on July 18th and raised \$2,625.00 which they donated to the Foundation! Thanks to all those who supported and participated in this fun-filled day.

CALLING ALL GOLFERS AND WANNABE GOLFERS (SCRAMBLE FORMAT)!

September 25th - FORE! - The MDHF 2nd Annual Golf Tournament will be held at Granite Ridge on Tuesday, September 25th. Special thanks to the major sponsor, Dufferin Aggregates and to Richardson Chevrolet Oldsmobile for donating the hole in one prize...a CAR! Fees are \$125. per golfer or \$500. per foursome. If you would like to sponsor a hole at \$200., tee/green sponsorship at \$100., or if you have a prize or prizes you would like to donate, contact the Foundation office for information.



AUXILIARY

Sincere Appreciation to...

The College and University students who volunteered in the Emergency, Obstetrical and Diagnostic Imaging departments during the summer months. We wish them well in the coming year and much success in all their future endeavours.



Calling all Volunteers

Please remember the success of all Auxiliary fundraisers and Hospital programs depends on the efforts and support of many hard-working volunteers. If you would like to join this worthwhile organization, please contact the Hospital switchboard at 905-878-2383.

Welcoming a new addition to the family?



MDH Auxiliary member, Katherine Fabi

The MDH Gift Shop has a complete line of baby clothing, toys, blankets and a wonderful selection of stuffed animals.

Beginning September 1st, 2001, as a special bonus, all new parents of babies born at Milton District Hospital will receive a voucher redeemable for a 20% discount on goods purchased.

Remember....Gift Shop hours are
Monday to Friday - 11:00 a.m. to 4:00 p.m.
and 6:30 p.m. to 8:30 p.m.
Saturday - 11 a.m. to 4:00 p.m.
Sunday - noon to 4:00 p.m.

MILTON DISTRICT HOSPITAL
Quality Care for a Healthier Community.