



Product of the USA  
**RED or WHITE POTATOES 59¢** lb.

Assorted Varieties  
**CHICKEN, BEEF, PORK KABOBS \$1.99** ea.

Product of Washington  
**SWEET CHERRIES 4.99** Lb.

Product of the Mexico  
**RED or GREEN SEEDLESS GRAPES 1.99** lb.

**KRAFT CHEESE SLICES 2.99** 500 g

4 roll  
**COTTONELLE BATHROOM TISSUE 99¢** 4 roll

Assorted Varieties  
**BICKS SWEET RELISH 99¢** 375 ml

*Produce*  
 Product of USA  
**Beefsteak Tomatoes 99¢** lb.

Product of USA  
**Fresh Lemons or Limes 3/99¢**

Product of USA  
**Fresh Green Peppers 1.49** lb.

Product of S. Africa  
**Crisp Granny Smith Apples 99¢** lb.

Product of Ontario, Fresh  
**Escorole & Endive Lettuce 79¢** ea.

Product of Ontario  
**Fresh Zucchini 79¢** lb.

Product of USA  
 Fresh Fruit  
**Apricots, Nectarines, Peaches, Plums 1.49** Lb.

OUR VERY OWN  
**Spring Water 5.99** 24x500 ml  
 Reg, Light, Assorted Varieties  
**Kraft BBQ Sauce 1.39** 455 ml  
**Kellogg's All Bran Cereal 2/3.00** 400 g  
**Kellogg's Bran Flakes 2/3.00** 475 g  
**Kellogg's Corn Flakes 2/3.00** 400 g  
 Reg or X-Spicy  
**Motts Clamato Juice 2.99** 1.89 Litre  
 In Water, Cloverleaf  
**Flaked or Chunk White Tuna 1.99** 170 g  
 Bicks  
**Polish, Dills with Garlic, No Garlic Pickles 2.29** 1 Litre

*Meat*  
 Cut From Ontario Special Select Grade of Pork  
**Family Pack Pork Chops 2.69** lb.  
 Cut From Ontario Special Select Grade of Pork  
**Centre Cut Pork Chops 3.99** lb.  
 Spiced Ground Beef/Pork Wrapped in Flank Steak  
**London Broil 3.99** lb.

Fresh  
**Rainbow Trout Fillets 7.99** Lb.

**Schnieders Beef Steakettes 1.99** 454 g

Fresh Canada Grade A  
**Chicken Breast 2.49** Lb.

Mild, Hot  
**Pure Pork Sausage Patties 2.49** lb.

Red Hots, Dutch Treat  
**Schnieders Wieners 1.99** 454 g

*Bakery*  
**Whole Wheat Kaisers 7/1.99**  
**Assorted Squares 2.79** package of 6  
**Country Brown Bread 1.59**  
**Vienna Stick 1.19**  
**Raisin Bread 1.99**

*Deli*  
 Mastro  
**Black Forest Ham 88¢** 100 gr  
 Italia Meats  
**Prosciutto Sopressa 1.76** 100 gr  
 J.M. Schnieders  
**Fat Free Roast Turkey Breast 1.79** 100 gr

Pillars  
**German Salami 1.54** 100 gr  
 Tre Stelle  
**Reg, Mild, Lite Provolone 1.59** 100 gr

Prices in effect from Tuesday, June 26, until Monday July 2, 2001  
 WE RESERVE THE RIGHT TO LIMIT QUANTITIES  
 • WE DELIVER • Seniors 5% Discount Mon-Wed

MON. - WED. 8:00 A.M. to 8:00 P.M.  
 THURS. - FRI. 8:00 A.M. to 9:00 P.M.  
 SAT. 8:00 A.M. to 7:00 P.M.  
 SUN. 10:00 A.M. to 6:00 P.M.  
**876-4496**