



Product of the U.S.A.
FRESH GREEN BEANS

1.49
lb.

Cut From Canada Triple A Beef

OUTSIDE ROUND ROAST \$**2.99**
lb.

Product of USA
LARGE CRISP
ROMAINE LETTUCE

99¢
ea.

Product of the U.S.A.
Andy Boy

FRESH BROCCOLI **99¢**
ea.

Folger's

COFFEE
Folgers
Ground
3.99
Mountain Roast / Grille des
737 gr

Black Diamond, Mild, Med, Mozzarella

CHEESE BARS

4.99
600 gr

Minute Maid, Assorted Varieties

FROZEN ORANGE JUICE

79¢
355 ml

Produce

Product of USA
Crisp Red Delicious Apples **79¢**
lb.

Product of PEI
10lbs Potatoes **1.99**
bag

Canada #1
Sweet Vine Ripe Tomatoes **1.99**
lb.

Product of USA
Sweet Kiwi Fruit **4.99¢**

Product of Florida (Size 32)
Large Grapefruit **85¢**
ea.

Product of Ontario
Red or Green Boston Lettuce **99¢**
ea.

Product of USA
Crisp Snow Peas **\$1.99**
lb.

Product of Ontario Regular
Slicing Cucumbers **69¢**
ea.

Product of Georgia
Sweet Vidalia Onions **99¢**
lb.

Product of USA
Sweet Cantaloupes **99¢**
ea.

Imperial
Margarine 907 g tub **1.99**

Niagara, White or Pink
Lemonade 341 ml **3/99¢**

Ragu, Original, With Meat, With Mushrooms
Pasta Sauce 700 ml **1.49**

Heinz, Picnic Pack
Mustard, Ketchup, Relish 3x75 ml **3.99**

Brownberry, Assorted Varieties
Croutons 170 g **1.29**

Meat Our Beef is naturally aged for 21 days!

Cut From Canada Triple A Beef
Inside Round Roast **3.49**
lb.

J.M. Schneider's
Jumbo Juicy's Original, Beef, Hot Spice . 450 gr pk **3.29**
lb.

Cut From Canada Triple A Beef
Sirloin Tip Roast **3.49**
lb.

Smoke Ham Chunks or Pieces **2.69**
lb.

Cut From Canada Triple A Beef
Rump Roast **3.49**
lb.

5-6 lb Roasting Chickens **1.69**
lb.

Cut From Canada Triple A Beef
Eye of Round Roast **4.99**
lb.

FRESH FISH
Salmon Steaks **7.99**
lb.

Bakery

Apple, Cherry, Blueberry, Raspberry
Turnovers **4/1.79**

Onion Buns **5/1.99**

Raisin Bread **1.99**

Sourdough Bread **1.59**

Flax Bread **1.59**

Deli

Beef Pastrami **99¢** 100 gr

Mastro, Mild
Capicollo **1.10** 100 gr

Italia
Prosciutto Salami **1.69** 100 gr

Mild
Mild or Hot Genoa **1.59** 100 gr

Mild, Medium, Old
Cheddar **1.29** 100 gr

Mozzarella **1.35** 100 gr

Prices in effect from Tuesday, June 5, until Monday June 11, 2001
WE RESERVE THE RIGHT TO LIMIT QUANTITIES
• WE DELIVER • Seniors 5% Discount Mon-Wed

MON. - WED. 8:00 A.M. to 8:00 P.M.
THURS. - FRI. 8:00 A.M. to 9:00 P.M.
SAT. 8:00 A.M. to 7:00 P.M.
SUN. 10:00 A.M. to 6:00 P.M.

876-4496