

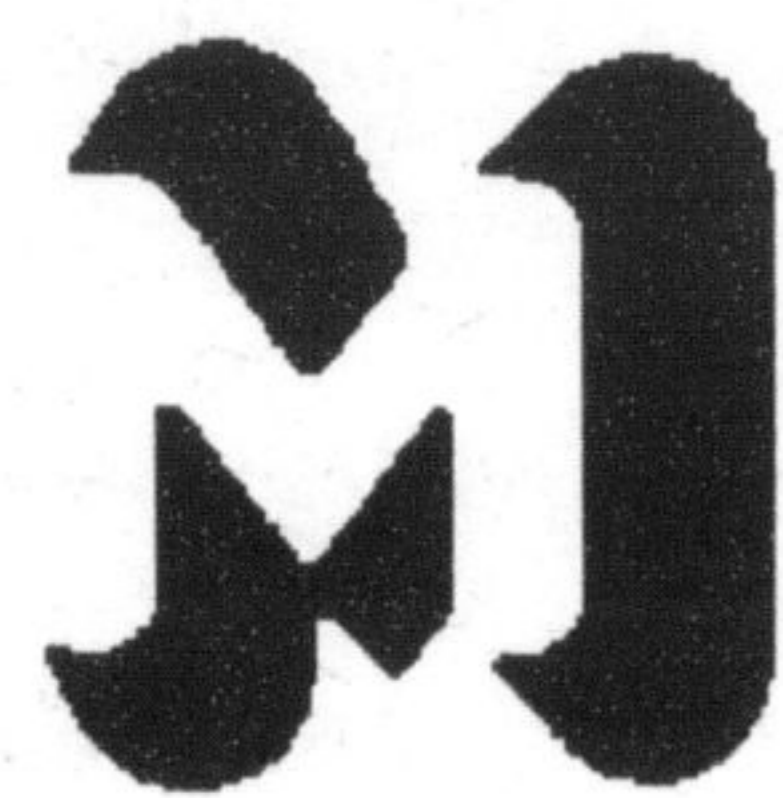
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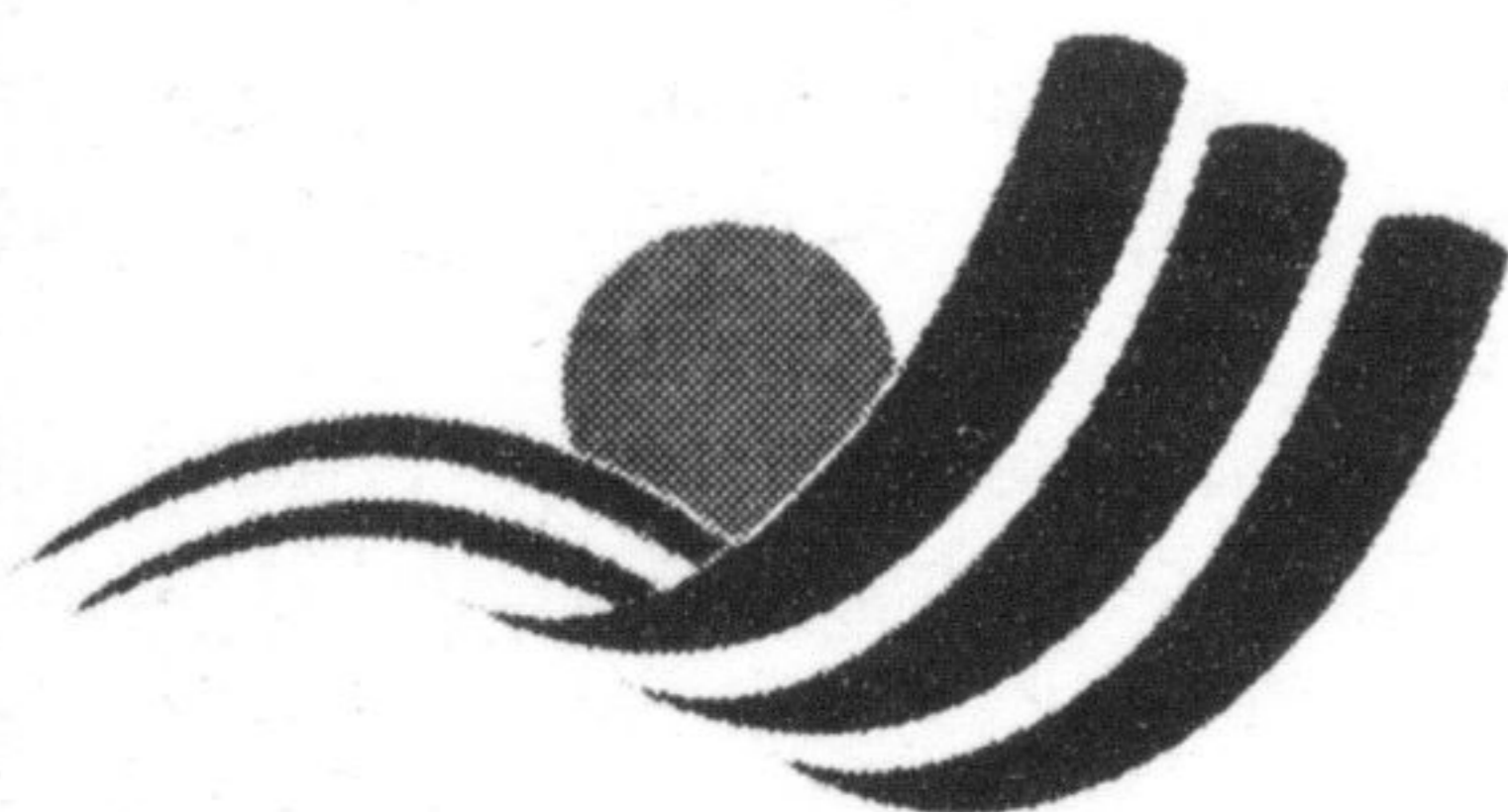
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*Above
the
Crowd!*

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**SUNDAY
MAY 27, 2001**

RAIN OR SHINE

RUN (10 km)

9 a.m.

IN-LINE SKATE (10 km)

10 a.m.

(Wheelchair athletes at 8:55 a.m.)

WALK (6 km or 4 km)

10 a.m.

(Early birds welcome)

**FIRST 200 PARTICIPANTS RECEIVE A FREE T-SHIRT
COURTESY OF SHERMAN SAND & GRAVEL**

**HIKE FOR HEALTH
REGISTRATION
from 8 a.m.**

ENTRY FEES: ADULT \$10, CHILD \$5, FAMILY \$20

(Family Max: 2 adults + 3 children, or 1 adult + 4 children)

OR PLEDGES TOTTALLING \$10 OR MORE

**GREAT
PLEDGE
PRIZES**

• Barbecue starts at 10 a.m. • Free Parking

FREE BABYSITTING & CHILDREN'S ACTIVITIES

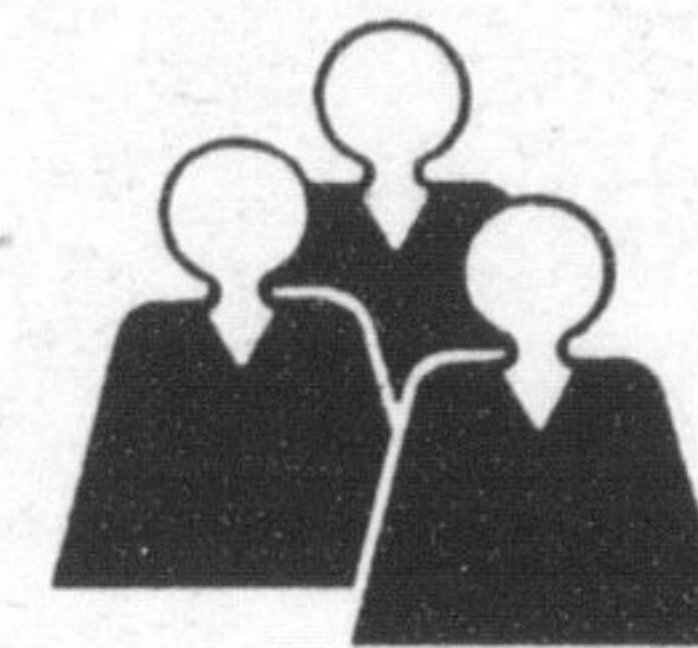
(on Hike Day courtesy of Safe & Sound Children's Centre)

WARM UPS BY GOODLIFE FITNESS CLUB

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2001**

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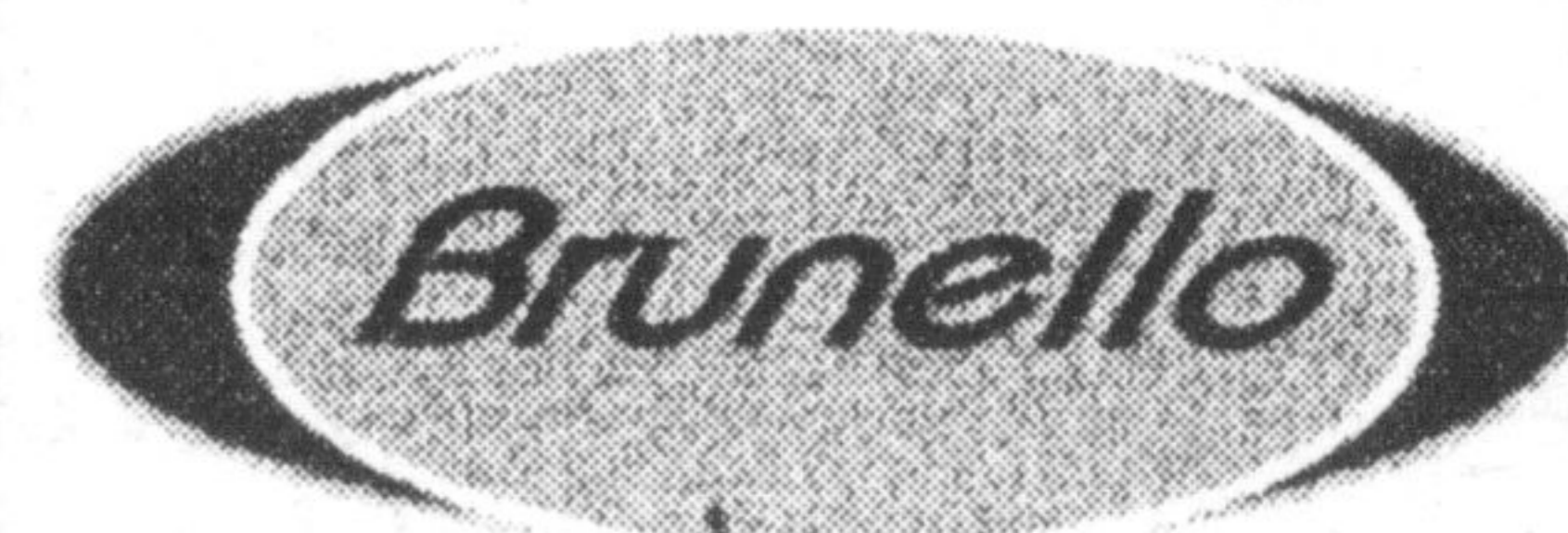
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