



Product of the Ontario
HOT HOUSE

TOMATOES

Cut From Ontario Special Select Grade of Pork

**CENTRE CUT
PORK LOIN
CHOPS** **\$3.99** lb.

Product of USA
**SWEET
PEACHES OR
NECTARINES**

\$1.99 lb.



99¢ lb.

Primo, Assorted Cuts, Assorted Varieties

**PASTA
SPAGHETTI
SAUCE**

77¢

900 gr/680 ml

Kraft

**CHEDDAR
CHEESE BARS**

Mild, Med, Mozzarella, Reg. or Light

4.99

600 gr



Old South

**FROZEN
ORANGE JUICE**

Assorted Varieties

89¢

355 ml



Produce
Great Barbequed
Product of USA
**Large Baking
Potatoes** **49¢** lb.

Product of Italy
**Large
Kiwi
Fruit** **4/99¢**

Product of Ontario
**Fresh Ontario
Bunched
Radishes** **99¢** ea.

Product of USA
**Large
Zucchini** **99¢** lb.

Product of Ontario
**Fresh Ontario
Cooking
Onions** **79¢** ea. 2 lb bag

Product of USA
**Sweet
Mini
Carrots** **\$1.49** ea. 1 lb bag

Product of New Jersey
**Fresh
Bunched
Spinach** **1.49** ea.

Product of USA
**Large
Lemons** **3/99¢**

Product of USA
**Sweet Golden or
Red Delicious
Apples** **89¢** lb.

Product of USA
**Large
Green or Red
Leaf Lettuce** **99¢** ea.

Bakery

Old Fashioned Bread **1.59**
Butter Top Bread **1.59**
Multigrain Bread **2.79**
Lemon, Banana, Blueberry, Chocolate Reg. \$1.99
Swirls **1.79** Pkg. Of 4
Cheese Buns **5/1.99**

Deli

Kellogg's
Fun or Variety Packs 250-275 gr **2.99**
Kellogg's, White or Brown Sugar
Mini Wheats 725 g **2.99**
Primo, Assorted Varieties
Beans 540 g **77¢**
Lean Cuisine, Assorted Varieties
Frozen Entrées 208-296 g **2.77**
Ultra Tide, Reg. with Bleach, Mountain Spring
Liquid Detergent 2.95 liter **7.97**
Bella
Extra Virgin Olive Oil 1 liter **5.99**
Nordica, 1%, 2%
Cottage Cheese 500 ml **1.99**
Dempsters
Whole Grain Bread 675 g **1.49**

Meat Our Beef is naturally aged for 21 days!

Cut from Special Select Grade of Ontario Pork
**Boneless Pork
Loin Roasts** **3.99** lb. (Rib or Tenderloin End)

Cut from Special Select Grade of Ontario Pork
**Family Pack
Pork
Chops** **2.69** lb.

Cut from Special Select Grade of Ontario Pork
**Boneless Pork Loin
Roasts
Centre Cut** **4.99** lb.

Cut from Canada Triple A Beef
**Boneless Blade
Marinating
Steaks** **3.99** lb.

Mild, Spicy Hot, Garlic, Honey Garlic
**Italian
Style
Sausage** **2.69** lb.

Fresh Canada Grade A Chicken
**Chicken
Breasts** **2.49** lb.

Cut from Special Select Grade of Ontario Pork
**Stuffed
Boneless
Pork Chops** **3.99** lb.

Made from 100% Pure Canadian Beef
**Lean
Ground
Beef** **2.49** lb.

Baked Fresh

National Cheese
Imported Swiss Cheese **1.79** 100 gr
Cremona Mozzarella Cheese **1.35** 100 gr
Colombo Prosciutto **2.05** 100 gr

Maple Leaf
Waxed Bologna **99¢** 100 gr
Cuddy
Cooked Turkey Breast ... **1.49** 100 gr
Brandt
Beerwurst Sausage **1.09** 100 gr

Prices in effect from Tuesday, May 22, until Monday May 28, 2001
WE RESERVE THE RIGHT TO LIMIT QUANTITIES
• WE DELIVER • Seniors 5% Discount Mon-Wed

MON. - WED. 8:00 A.M. to 8:00 P.M.
THURS. - FRI. 8:00 A.M. to 9:00 P.M.
SAT. 8:00 A.M. to 7:00 P.M.
SUN. 10:00 A.M. to 6:00 P.M.

876-4496