



CUT FROM Ontario Special Select Grade of Pork

**CENTRE CUT PORK CHOPS** \$3.99 lb.

Product of the U.S.A.  
**CRISP TENDER ROMAINE LETTUCE** 99¢ ea.

Product of the U.S.A.  
**LARGE BAKING POTATOES** 39¢ lb.

ASSORTED FLAVOURS,  
DIET OR REGULAR  
**COTT'S or RC BEVERAGES**

**59¢** 1 Litre



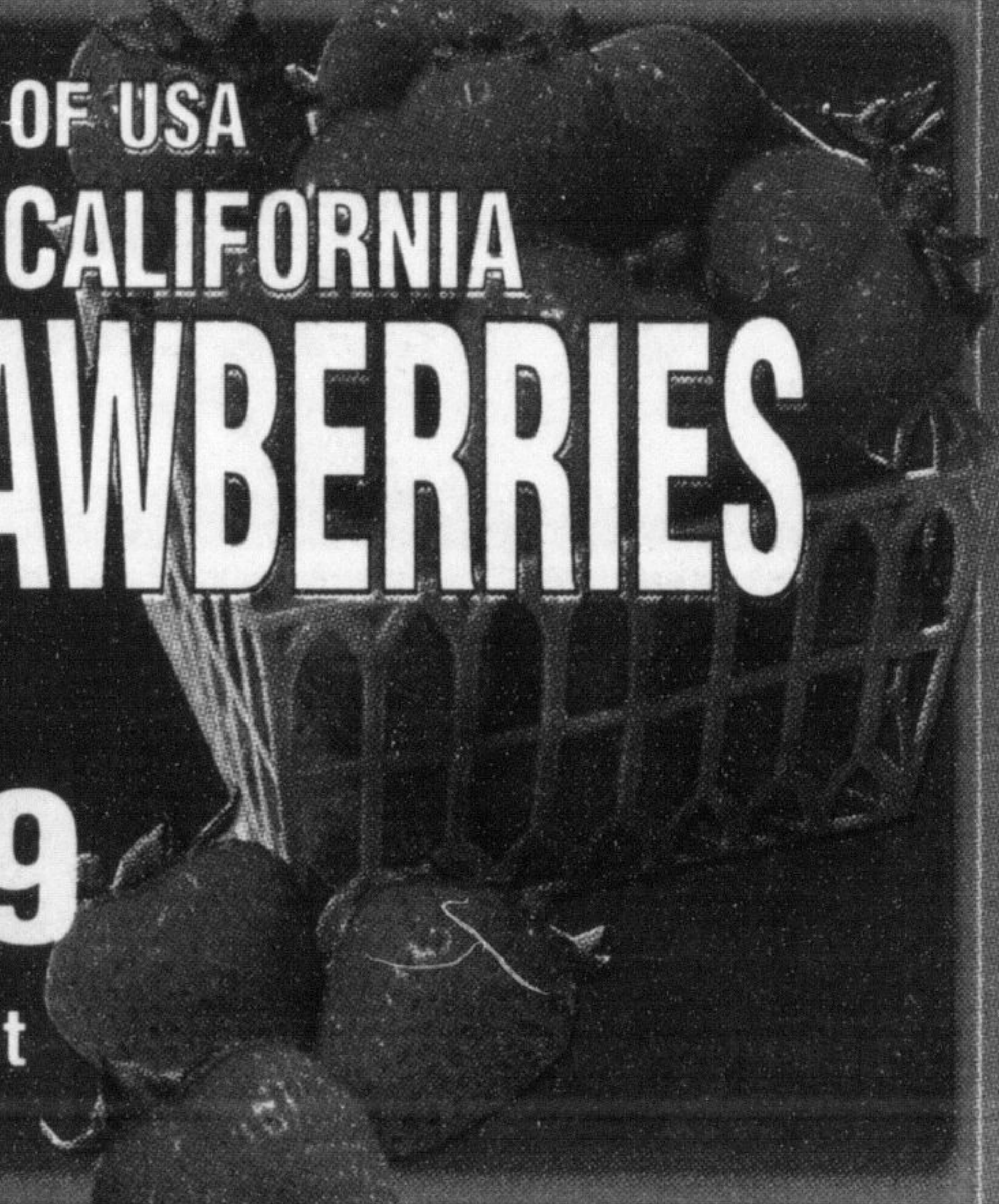
PRODUCT OF ONTARIO  
**HOT HOUSE BEEFSTEAK OR ROMA TOMATOES**

**99¢** Lb.



PRODUCT OF USA  
**SWEET CALIFORNIA STRAWBERRIES**

**1.49** Pint



Produce  
Product of USA  
Washington  
Tender  
**Asparagus**  
**99¢** bunch

Product of BC  
**Sweet Crisp Fuji Apples** 79¢ lb.

Product of USA, 1 Lb. Bag  
**Sweet Mini Carrots** 1.49 ea.

Product of USA  
**Large Regular Cucumbers** 59¢ ea.

Product of USA  
**Large Sweet Sunkist Seedless Oranges** 99¢ lb.

Product of USA, Fresh Daily  
**Sweet Peaches & Cream Corn** 5/1.99

Product of Holland  
**Red, Yellow, Orange Peppers** 2.99 lb.

10 oz. Bag  
**Fresh Cello Spinach** 99¢ Bag

Kellogg's, Assorted Varieties <b>Jumbo Cruncheroos</b> ..... 975 g	<b>3.99</b>
Assorted Varieties <b>Pastaria Frozen Dinners</b> . 225-284 g	<b>1.99</b>
Assorted Varieties <b>Los Alamos Salsa</b> ..... 750 g	<b>2.99</b>
OUR VERY OWN <b>Cranberry Juice</b> ..... 1.89 Litre	<b>2.99</b>
Reg, Calorie Wise, Assorted Varieties <b>Kraft Salad Dressings</b> ..... 475 ml	<b>1.99</b>
Et Tu <b>Caesar Salad Mixes</b> ..... 132 g	<b>2.49</b>
Assorted Varieties <b>Ritz Bits Sandwiches</b> ..... 210-250 g	<b>1.99</b>
Assorted Varieties <b>Montini Olives</b> ..... 375 ml	<b>1.29</b>
<b>Montini Canola Oil</b> ..... 3 Litre	<b>2.99</b>
Assorted Varieties <b>Tropicana Tropics Juices</b> ..... 1.89 Litre	<b>2.99</b>
Sifto <b>Water Softener Salt</b> ..... 20 Kg	<b>2.99</b>

<i>Meat</i> Cut from Ontario Special Select Grade of Pork <b>Family Pack Pork Chops</b> .....	<b>2.69</b> lb.	Made from 100% Pure Canadian Beef <b>Lean Ground Beef</b> .....	<b>2.49</b> lb.
Cut from Ontario Special Select Grade of Pork <b>Boneless Rib or Tenderloin End Pork Roasts</b> ...	<b>4.99</b> lb.	Cut from Canada Triple A Beef <b>Boneless Blade Steaks</b> .....	<b>3.99</b> lb.
<b>Pure Pork Breakfast Sausage</b> .....	<b>2.69</b> lb.	Made from the Leg of Pork <b>Pork Kabobs</b> (Marinated in a Souvlaki Marinade) .....	<b>4.99</b> lb.
Cut from Canada triple A Beef, Aged Min 21 days <b>London Broil</b> .....	<b>3.49</b> lb.	Made from Boneless Chicken Breasts <b>Chicken Kabobs or Beef Top Sirloin Kabobs</b> .....	<b>5.99</b> lb.

*Bakery*

<b>Assorted Tarts</b> ..... Pkg of 6	<b>3.49</b>
<b>Raisin Bread</b> .....	<b>1.99</b>
<b>Cheese Croissant</b> .....	<b>79¢</b>
<b>Buttertop Bread</b> .....	<b>1.59</b>
<b>Pumpnickel Bread</b> .....	<b>1.59</b>

*Baked Fresh*

*Deli*

National Cheese <b>Swiss Cheese</b> .....	<b>1.69</b> 100 gr
<b>Grated Parmesan</b> .....	<b>1.95</b> 100 gr
Maple Lodge <b>Cooked Chicken Breast</b> ..	<b>1.15</b> 100 gr

Brandt <b>Kolbassa Meat Loaf</b> .....	<b>1.20</b> 100 gr
Piller's, HUNGARIAN or GERMAN <b>Salami</b> .....	<b>1.45</b> 100 gr
Mastro <b>Black Forest Ham</b> .....	<b>99¢</b> 100 gr

Prices in effect from Tuesday, May 1, until Monday May 7, 2001  
WE RESERVE THE RIGHT TO LIMIT QUANTITIES  
• WE DELIVER • Seniors 5% Discount Mon-Wed

MON. - WED. 8:00 A.M. to 8:00 P.M.  
THURS. - FRI. 8:00 A.M. to 9:00 P.M.  
SAT. 8:00 A.M. to 7:00 P.M.  
SUN. 10:00 A.M. to 6:00 P.M.

**876-4496**