

**Congratulations**  
TO THE 2001  
**MILTON'S CHOICE AWARD WINNERS**



## Herbal Magic provides natural alternative programs

We've all heard natural's better - well it's true. Herbal Magic offers the support needed to help shed pounds and take advantage of better health through their all natural alternative to weight loss.

Two years ago Maxine Stanley opened Herbal Magic and has since assisted over 150 men, women and children to lose weight. Retail services span over 200 clients.

Herbal Magic's focus is a lifestyle change, using real foods in moderation with the assistance of herbal supplements to control cravings and help increase the metabolic rate.

"We don't offer a quick fix because there isn't one," said Kristen Foley manger and head consultant. "You lose weight through proper daily eating habits, seven days a week."

The Herbal Magic consultants - Ms. Foley, Ms Stanley and Lisa Zampieri - work one-on-one

with clients to face their problems.

"All programs are tailored to the individual to ensure healthy, consistent weight loss," Ms Foley said.

Herbal Magic carries over 80 herbs, all standardized and research grade quality with the ability to treat a wide range of ailments including digestive problems and menopause.

"We're not just about losing weight, we do way more than that," Ms Foley said "We take a whole body approach to health and weight loss."

As a wellness centre, Herbal Magic also addresses and treats behavioural problems in children.

Employees are all trained with extensive knowledge of herbal supplements and weight loss.

Herbal Magic is located at 15 Martin St. (Carriage Square complex) 905-693-9594

*Thank you Milton  
for voting US...*

**FAVOURITE NUTRITIONIST**

**&  
FAVOURITE HERBAL  
SUPPLEMENTS STORE!**



Kristen Maxine Lisa

*Once again, we are overwhelmed by the appreciation shown to us by our loyal customers & clientele. We are proud of the fact that the people of Milton consider US to be #1!!*

**Herbal Magic**

Weight Management and Nutrition Centres

**15 Martin St. 905 693-9594**  
CARRIAGE SQUARE

## Professional auto care provided at Bob's Auto Service

Good car care professionals can be hard to find, so Miltonians lucked out when Bob's Auto Service decided to open its doors in 1978 under the ownership of Bob Wilson.

The shop provides customers with "complete auto repairs, emissions testing and emission repairs," said Kevin Wilson, service manager. "We offer pretty much everything."

Services range from basic oil change and lube, to tune ups, to more intricate work on engines, steering and brakes.

Finding an automotive repair shop that can do it all is just the first step in customer satisfaction. The technicians play a large role in the lifetime of your vehicle but Mr. Wilson assures customers their cars are in the best hands.

"One good thing is we have five licensed technicians," Mr. Wilson said. "That guarantees only

a licensed technician will work on your car."

The technicians are also equipped with modern diagnostic and repair equipment in the five-bay shop. This means customers do not have to be vehicle-less for long. Mr. Wilson said staff do their best to provide same day service for their customers. An estimated 100-150 customers are satisfied weekly.

Bob's Auto Service was the first company in Ontario to be a part of AutoPLACE, a network of automotive repair professionals, now with around 50 members across Ontario and Quebec.

AutoPLACE allows Bob's Auto Service to offer better service, and better credit. It also gives the company an edge on obtaining hard to reach parts while guaranteeing ethical business.

Bob's Auto Service is located at 18 Commercial St. 905-878-7926



## Safe and Sound Children's Centre Inc.

6620 Third Line, Milton 875-1955  
8 Third Sideroad, Milton 875-1140  
407 Pine Street, Milton 878-0537  
Milton/Campbellville 875-2119

*Serving Milton for 16 Years  
We Aim to Please*



*Thank You Milton Community  
for choosing us as*

**FAVOURITE DAYCARE CENTRE**



**Make it a Safer Sounder Start**



## BOB'S AUTO SERVICE



**WE'RE YOUR #1 AUTO REPAIR SHOP**



*Thanks  
Milton!!*

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**18 Commercial St.  
(905) 878-7926  
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