

Dateline

• from **DATeline** on page 29
ment. Everyone is welcome. For more details, call Keith at 854-0207.

Tuesday May 1

The **Help for Parents** support group meets every Tuesday at 7:30 p.m. at Pinelands Presbyterian Church, 5270 New St., in Burlington. This non-denominational self-support group with trained leaders help parents of children who are in trouble at home, at school or with the law, abusive or taking drugs. Call 1-800-488-5666 for more information.

Milton Toastmasters meets at 7:30 p.m. in the upper level of the Royal Canadian Legion, 21 Charles St. For further information about the group, which helps peo-

ple advance their communication skills, call Ross London at 875-3720.

A **Cappella Showcase**, a women's barbershop chorus, presents its spring concert at E.C. Drury High School from 8 to 10 p.m. Admission is free, although good-will offerings are accepted.

The **Milton Fibromyalgia Support Group** meets at St. Paul's United Church, 123 Main St. E., at 2 p.m. For further details, call JoAnne at 878-4371.

The **Peel/Halton Vaginal Birth After Cesarean-Cesarean Awareness Group (VBAC-CA)** provides information, support and topical discussions on the first Tuesday of each month at 7:30 p.m. For more information, call Penny at 873-2779 or Lisa at (905) 469-8599.

Wednesday May 2

The Milton Leisure Centre hosts a **six-week teen fitness course** for \$40. Call Tracy Hasselfeldt at 878-7946 to register or for more information.

The Milton Leisure Centre offers a seven-week **introduction to fitness course** for \$55 a person. Call Tracy Hasselfeldt at 878-7946 to register or for more information.

The **Diabetes Information and Support Group** meets at Milton District Hospital on Derry Road at 7 p.m. Everyone is welcome. For further information, call 335-8618.

The **Pesticides Alternatives for Milton group** meets at 7:30 p.m. at 95 Main St. E. For more information, call 693-9837.

Dateline is a community events listing for non-profit groups only.

Body & Sole

welcomes...

Eleasha, the newest member to our team.



Eleasha is a certified esthetician with over 3 years experience.

Eleasha specializes in artificial nails (acrylic & porcelain) and welcomes all artificial nail clients.



FULL ESTHETIC SERVICES

- Organic Waxing (Hair removal)
 - Deluxe Pedicure • Manicure • Facial
 - Body Sea Salt Scrub • Ear Piercing
- and we offer many more services



**550 Ontario St. S.
Milton
(905) 875-0508**

**BETTER LIVING
HOME HEALTH CARE**
SALES • SERVICE • RENTALS
A.D.P. & D.V.A. APPROVED

*A Team
of Caring
Professionals*

- Home Oxygen/Sleep Apnea
- Sports Medicine
- Compression Stockings
- CPR Training
- Bathroom Safety & Incontinence

- Hospital Equipment
- Scooters, Walkers, Wheelchairs
- Medela Breast Pumps & Accessories
- 24 HR Blood Pressure Monitor

Pegasus medela

Conveniently Located to Serve Halton Region

25 Commercial St. Unit B MILTON 905 875-2458

SATURDAY & SUNDAY ONLY

SleepTowne Mattress

1 CENT SALE

BUY A SERTA PERFECT SLEEPER MATTRESS AND GET THE MATCHING BOXSPRING FOR 1¢

1 CENT

MAKES GOOD SENSE!!
SLEEP ON IT!

BUY A SINGLE MATTRESS	\$358+	GET THE MATCHING BOXSPRING for only 1	1
BUY A DOUBLE MATTRESS	\$418+	GET THE MATCHING BOXSPRING for only 1	1
BUY A QUEEN MATTRESS	\$468+	GET THE MATCHING BOXSPRING for only 1	1
BUY A KING MATTRESS	\$678+	GET THE MATCHING BOXSPRING for only 1	1

FREE DELIVERY | FREE SET-UP | FREE REMOVAL

(905) 875-0467 355 MAIN ST. E.

Springwall | Chiropractic | SERTA | King Koil | MILTON | VISA

HOURS
Mon.-Wed. 10-6
Thurs.-Fri. 10-9
Sat. 10-6 Sun. 12-5

SUPER COUPON

ANY **6 FREE CHOICES**

- Pillow Cases
- Lay-A-Way
- Pillow Protector
- Mattress Pad
- GST
- Local Delivery
- Bed Rails
- PST
- Pillows
- Set-Up
- Bed Frame
- Disposal of Old Set

With Any Mattress Set Purchase