

Dateline

Dateline is a free listing of coming events only. The column is available to local community groups to assist in promoting their future events. Only charitable or non-profit community groups may use this service. We can only guarantee one issue of publicity closest to the date of the occurrence although more insertions are possible if demand is low.

Notices for Dateline should be handed in at the office of The Champion, 191 Main St. E., mailed to P.O. Box 248, Milton, Ont., L9T 4N9, faxed to (905) 878-4943, or e-mailed to miltoned@haltonsearch.com. The final deadline is noon Friday for Tuesday's edition and noon Wednesday for Friday's edition. Dateline items will not be accepted by telephone.

Tuesday April 24

The Milton Seniors' Activity Centre hosts a **volunteer appreciation lunch** at the centre at noon. All centre volunteers are welcome to attend.

The **Help for Parents** support group meets every Tuesday at 7:30 p.m. at Pinelands Presbyterian Church, 5270 New St., in Burlington. This non-denominational self-support group with trained leaders help parents of children who are in trouble at home, at school or with the law, abusive or taking drugs. Call 1-800-488-5666 for more information.

The Zonta Club of Burlington, the Breast Cancer Support Services and Halton Healthcare Services invite all women to attend the free **Mammacheck workshop** from 7 to 9 p.m. at Milton District Hospital. To reserve space, call 338-4379.

Milton Toastmasters meets at 7:30 p.m. in the upper level of the Royal Canadian Legion, 21 Charles St. For further information about the group, which helps people advance their communication skills, call Ross London at 875-3720.

Wednesday April 25

The Halton Breast Health Networking Group invites families and health care providers to a free play on the issue of palliative care entitled **'The Covered Mirror'** at 7 p.m. at the 707 Galaxy Banquet Hall in Oakville. Call 338-4379 to reserve a seat.

Language classes held

The Language Instruction for Newcomers to Canada (LINC) program is currently accepting spring registration for classes in levels one through five.

The classes are being offered at centres throughout Halton free of charge.

Childcare is available at some locations and the Home Study program is available for

those who can't attend the LINC classes.

Deaf or hard of hearing persons are welcome.

The program is sponsored by Citizenship and Immigration Canada.

For more information or to register, call the Halton Hills/Milton assessment centre at (905) 875-3851.

The Milton Leisure Centre hosts a **six-week teen fitness course** for \$40. Call Tracy Hasselfeldt at 878-7946 to register or for more information.

The Halton chapter of Canada's Association for the Fifty Plus (CARP) meets at the Burlington Seniors' Centre, 2185 New St. The topic is a **'Health and Wellness for the 21st Century'** with guest speaker Malcom Glass of Nikken Magnetic Products at 7:30 p.m. For more information, call Harry at 335-5717.

The Milton Leisure Centre offers a seven-week **introduction to fitness course** for \$55 a person. Call Tracy Hasselfeldt at 878-7946 to register or for more information.

Thursday April 26

The Body Image Network of Halton begins a three-part series on the **impacts of body image** at Stewarttown Public School in

Georgetown. To register, or for more information, call 877-2238.

Join the Milton Seniors' Activity Centre's **Diners Club** for great food and comradeship at 6 p.m. Call 875-1681 for this month's location and/or to arrange transportation.

Friday April 27

The Milton Seniors' Activity Centre hosts a **walking clinic** from 1 to 2 p.m. The session includes advice on warming up, cooling down and what type of clothing and shoes to wear. Those interested in attending are asked to call the centre at 875-1681.

Southside Community Church on Derry Road invites all ladies to a **spring tea** at 7 p.m.

The Milton Leisure Centre hosts a **six-week teen fitness course** for \$40. Call Tracy Hasselfeldt at 878-7946 to register or for more information. **• see more DATELINE on page 24**

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