



CUT FROM CANADA TRIPLE A BEEF

INSIDE ROUND ROAST

\$3.99 lb.

Product of the U.S.A.

FRESH CALIFORNIA STRAWBERRIES

1.49 PINT

ROYALE CHARMIN

BATHROOM TISSUE

3.99

Royale
kitten soft • si doux
2 ply, 16 rolls

PRODUCT OF USA

FRESH TENDER ASPARAGUS

99¢ BUNCH

PRODUCT OF USA

FRESH BROCCOLI

99¢ EA.

Produce

Product of USA

Sweet Canteloupes

99¢ ea.

Product of USA

Sweet Honey Tangerines

79¢ lb.

Product of USA

Granny Smith Apples

99¢ lb.

Product of Ontario

Large Seedless Cucumbers

1.49 ea.

Product of USA

Seedless Watermelon Quarters

79¢ lb.

Product of Ontario

Hot House Tomatoes

1.49 lb.

Product of USA

Peaches & Cream Corn

1.99 pkg 5

Product of USA

Fresh Bunch Spinach

1.49 bunch

Ocean Spray

Cranberry Cocktail 1.89 Litre **2.99**

Assorted Varieties

Becel Margarine 454 g **1.99**

Dainty

Super Patna Rice 8 kg **4.99**

Assorted Varieties

Quaker Rice Cakes 100 g **1.99**

Hunts

Tomato Sauce 680 ml **99¢**

Assorted Varieties

McCain Frozen Punches ... 355 ml **69¢**

O.V.O.

Spring Water case of 24 x 500 ml **5.99**

O.V.O.

Spring or Distilled Water ... 4 Litre **99¢**

Tetley Tea 72'sl **2.99**

Orval Redenbacher, Assorted Varieties

Microwave Popping Corn 510-594 g **3.79**

Reg or Lite

Kraft Miracle Whip 1 Litre **2.99**

Dempsters, White

Texas Toast 675 g **99¢**

Meat

Cut from Canada triple A Beef, Aged Min 21 days	Cut from Canada triple A Beef, Aged Min 21 days
Outside Round Steak Roast 3.69 lb.	Sirloin Tip Steaks 4.99 lb.
Cut from Canada triple A Beef, Aged Min 21 days	Mild or Hot Italian Style Sausage 2.69 lb.
Rump Roast 3.99 lb.	Ocean Perch Fillets 4.99 lb.
Cut from Canada triple A Beef, Aged Min 21 days	Fresh Canada Grade A Chicken Drum Sticks or Thighs 1.29 lb.
Eye of the Round Roast 4.99 lb.	
Cut from Canada triple A Beef, Aged Min 21 days	
Sirloin Tip Roast 3.99 lb.	

Bakery

Baked Fresh

Country Brown Bread **1.59**

Multigrain Bread **2.79**

Cinnamon Rolls **4/1.99**

Assorted Mini Muffins **1.79**

Sourdough Bread **1.59**

Deli

National Cheese

Swiss Emmental Cheese **1.99** 100 gr

Mild, Medium or Spiced

Gouda Cheese **1.95** 100 gr

Italia, Mild or Hot

Calabrese Salami **1.75** 100 gr

Maple Leaf

Waxed Bologna **89¢** 100 gr

Cuddy

Smoked Turkey Breast **1.49** 100 gr

J.M. Schneider

Fat Free Ham **1.15** 100 gr

Prices in effect from Tuesday, April 24, until Monday April 30, 2001
 WE RESERVE THE RIGHT TO LIMIT QUANTITIES
 • WE DELIVER • Seniors 5% Discount Mon-Wed

MON. - WED. 8:00 A.M. to 8:00 P.M.
 THURS. - FRI. 8:00 A.M. to 9:00 P.M.
 SAT. 8:00 A.M. to 7:00 P.M.
 SUN. 10:00 A.M. to 6:00 P.M.

876-4496