



Product of the U.S.A.

**FRESH BROCCOLI 99¢** ea.

Ontario Special Select Grade

**BONELESS, CENTRE CUT PORK LOIN ROAST \$4.99** lb.

Product of USA TENDER

**ASPARAGUS 1.49** bunch

Product of the U.S.A.

**FRESH BEEFSTEAK TOMATOES 79¢** lb.

IN WATER **CLOVERLEAF FLAKE LITE TUNA**

**59¢** 170 g

**KRAFT MACARONI & CHEESE DINNER**

**59¢** 225 g

MILD, MEDIUM, MOZZARELLA REG OR LITE

**KRAFT CHEESE BARS**

**4.99** 600 g

*Produce*  
Product of Chile  
**Sweet Red Globe Grapes 1.99** lb.

Product of P.E.I.  
**10 Lb. Bag P.E.I. Potatoes 1.49** ea.

Product of Ontario  
**Empire or Macintosh Apples 1.99** bag

Product of USA  
**Crisp Green Peppers 1.49** lb.

Product of BC  
**Royal Gala Apples 99¢** lb.

Product of USA  
**Large or Small Artichokes 1.49** lb.

Product of USA, Size 48  
**Grapefruit 6/1.99**

Product of Argentina  
**Sweet Bartlet Pears 99¢** lb.

White or Whole Wheat  
**Wonder Bread 99¢** 675 g

Nature Valley, Assorted Varieties  
**Granola Bars 1.99** 230 g

Assorted Varieties  
**Bugels Corn Snacks 99¢** 150 g

Assorted Varieties  
**Kraft Cheese Whiz 3.99** 500 g

Cloverleaf  
**Sockeye Salmon 2.99** 213 g

Assorted Varieties, Reg or Calorie Wise  
**Kraft Salad Dressings 1.49** 250 g

Assorted Varieties, Reg or Lite  
**Soft Philadelphia Cream Cheese 1.99** 250 g

Mr. Christie  
**Chunk Ahoy, Oreo, Pirates Coffe Break Cookies 1.99** 350-400 g

*Meat*

Ontario Special Select Grade  
**Family Pack Pork Chops 2.69** lb.

Fresh Canada Grade A  
**Chicken Breasts 2.49** lb.

Ontario Special Select Grade  
**Centre Cut Pork Chops 3.99** lb.

Cut from Canada triple A Beef, Aged Min 21 days  
**New York Striploin Steaks 9.99** lb.

Ontario Special Select Grade  
**Rib or Tenderloin End Boneless Pork Loin Roast 4.49** lb.

**Mild, Hot Italian Sausage 2.69** lb.

**Breaded Chicken Burgers White Meat 5.99** lb.

Red Hots, Skinless, Dutch Treat  
**J.M. Schneiders Weiners 1.99** 450 g

*Bakery*

Lemon, Blueberry, Banana, Chocolate  
**Swirls 1.79** 4 pack

Large Apple, Cherry, Lemon  
**Danish Twists 1.79** 3 pack

**Olde Fashioned Bread 1.59**

**Fancy Cinnamon Bread 1.79**

**Croissant 6/1.99**

*Deli*

Mild, Medium, Old  
**Cheddar Cheese 1.35** 100 gr

**Mild Provolone 1.59** 100 gr

Cuddy  
**Smoked Chicken Breast 1.10** 100 gr

Mastro, Mild or Hot  
**Genoa Salami 1.59** 100 gr

Mastro  
**Rosemary Ham 1.15** 100 gr

Shopsy's  
**Beef Pastrami 99¢** 100 gr

Shopsy's  
**Corned Beef 99¢** 100 gr

Bittner's  
**Honey Maple Ham 99¢** 100 gr

Prices in effect from Tuesday, April 17, until Monday April 23, 2001  
WE RESERVE THE RIGHT TO LIMIT QUANTITIES  
• WE DELIVER • Seniors 5% Discount Mon-Wed

MON. - WED. 8:00 A.M. to 8:00 P.M.  
THURS. - FRI. 8:00 A.M. to 9:00 P.M.  
SAT. 8:00 A.M. to 7:00 P.M.  
SUN. 10:00 A.M. to 6:00 P.M.

**876-4496**