



Product of the U.S.A.
BEEFSTEAK

TOMATOES 79¢
lb.

Made from 100% Pure Canadian Beef

LEAN GROUND BEEF \$**2.29**
lb.

Product of USA
TENDER ASPARAGUS

99¢
bunch

Product of USA
HEAD

LETTUCE **99¢**
ea.

ASSORTED VARIETIES
GREEN GIANT VEGETABLES



49¢
398 ml

ASSORTED VARIETIES

ULTRA TIDE
3.5/3.4 Kg
37 uses

Cut from Canada Triple A Beef

BONELESS BLADE ROAST

3.99
lb.

Produce

Product of USA
Sweet Green Peppers
1.49
lb.

Product of Ontario
Extra Large Seedless Cucumbers ... **1.99**
ea.

Product of USA, Extra Fancy
Sweet Pink Lady Apples **79¢**
lb.

Product of USA
Large Cauliflower **1.99**
ea.

Product of USA
Escarole or Endive Lettuce **99¢**
ea.

Product of USA
Brussel Sprouts **1.29**
lb.

Product of USA
Ruby Red Grapefruit
5/1.99

Product of USA
Fresh Zucchini ... **99¢**
lb.

Assorted Flavours

Minute Maid Juices 10x200ml **2.49**

Assorted Varieties

Del Monte Fruit Cups 4 x 142 g **2.49**

Assorted Varieties

Old South Frozen Orange Juice 355 ml **99¢**

10%, 6% light

Dairyland Half & Half Cream 1 Litre **2.49**

Assorted Varieties

Classico Spaghetti Sauce 700 ml **2.99**

Assorted Cuts

Catelli Whole Wheat Pasta 375 g **1.29**

Meat

Fresh Ontario Special Select Pork
Mild or Hot Pure Pork Sausage Patties **2.69**
lb.

J.M. Schneiders
Chicken Nuggets Burgers Strips **7.99**
908 g box

Fresh Ontario Special Select Pork
Pork Butt Chops **2.49**
lb.

Fresh Canada Grade A
Chicken Drums or Thighs **1.29**
lb.

Fresh from the Hip
Veal Scallopini **6.99**
lb.

Atlantic Salmon Fillets **7.99**
lb.

Naturally Smoked
Black Forest Ham Steaks **5.49**
lb.

Fresh
Ground Chicken **1.99**
lb.

Bakery

Country Brown Bread **1.49**
Multigrain Bread **2.79**
Raisin Bread **1.99**
Apple, Cherry, Lemon
Jumbo Danishes 3 per pkg **1.79**
Onion Buns **6/1.99**

Deli

National Cheese
Creamy Havarti Cheese .. **1.29**
100 gr
Grated Lupa Romano Cheese **1.79**
100 gr
Mastro
Black Forest Ham **99¢**
100 gr
Parma, Mild or Hot
Capicollo **99¢**
100 gr

Cuddy
Oven Roasted Turkey Breast **2.19**
100 gr
J.M. Schneider, Reg. Light or Baged
Summer Sausage **1.69**
100 gr
Maple Lodge
Cajun Chicken Breast **1.20**
100 gr
Bittner
French Onion Loaf **99¢**
100 gr

Prices in effect from Tuesday, April 3, until Monday April 9, 2001
WE RESERVE THE RIGHT TO LIMIT QUANTITIES
• WE DELIVER • Seniors 5% Discount Mon-Wed

MON. - WED. 8:00 A.M. to 8:00 P.M.
THURS. - FRI. 8:00 A.M. to 9:00 P.M.
SAT. 8:00 A.M. to 7:00 P.M.
SUN. 10:00 A.M. to 6:00 P.M.

876-4496