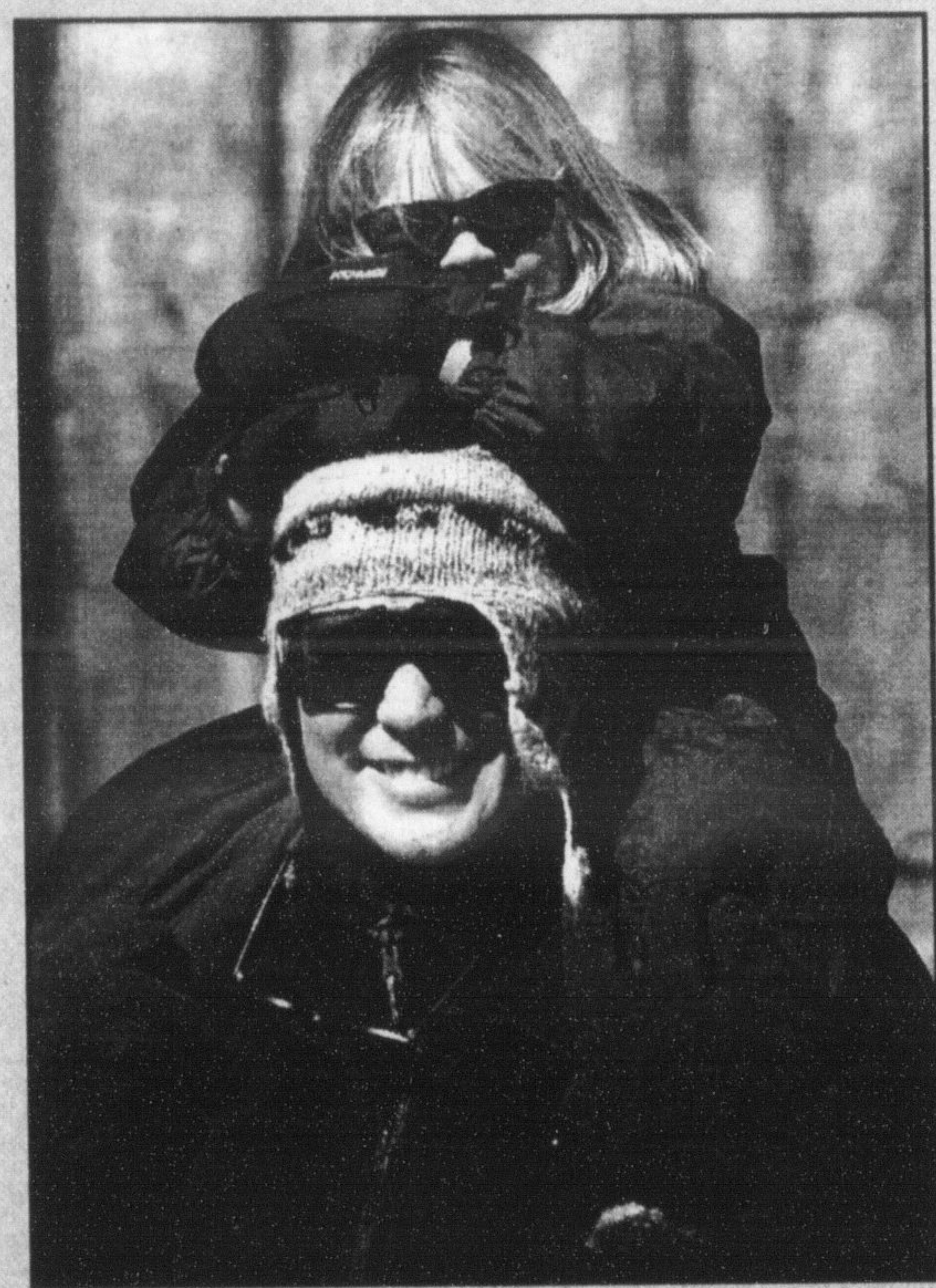




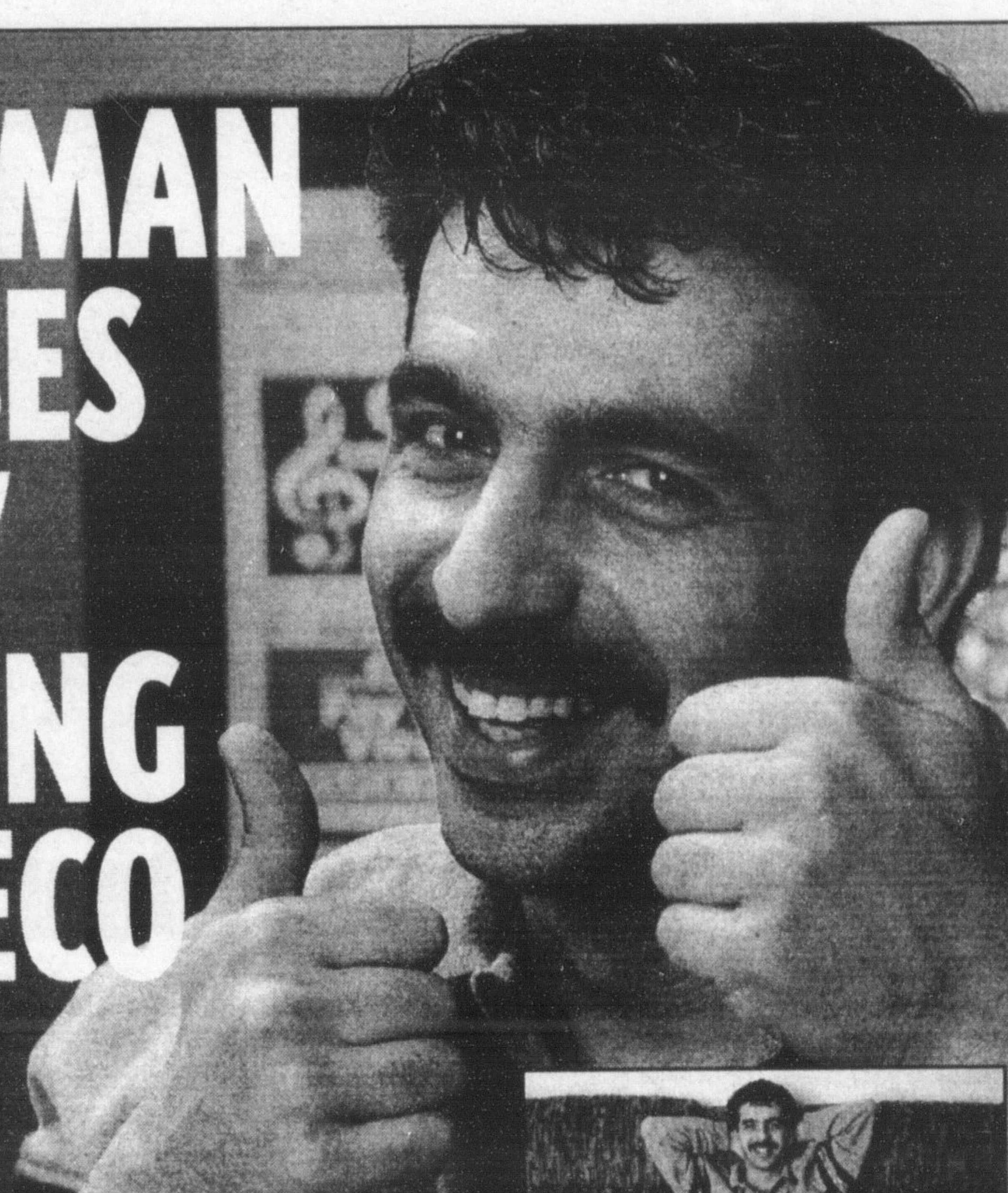
Spring sweetness at Mountsberg

Mountsberg was a popular destination through March Break as hundreds flocked to the local conservation area to taste the sweet syrup currently flowing. Six-year-old Emily Wolstenholme (left) was among those who sampled the delicious sap while fellow youngsters (right) enjoy playing on the hay bales. Meanwhile (bottom left), Craig Julseth and three-year-old daughter Hannah were content to simply soak in the sunshine during a leisurely stroll through the woods. The sap is expected to continue flowing until about mid-April.

Photos by GRAHAM PAINE



SARNIA MAN EXPRESSES VIEW BY SWITCHING TO COGECO CABLE!



Ian Kayhan of Sarnia had enough of satellite. He switched to COGECO Digital Cable TV and he couldn't be happier.

Tired of the disappointments, Ian Kayhan of Sarnia dumps satellite for COGECO Digital Cable TV

SARNIA . It all started when Ian Kayhan of Sarnia wanted high speed Internet access.

"I got such a run around with the phone company over their Internet service, I said, 'That's it!'"

Mr. Kayhan decided to switch to COGECO high speed Internet access over cable.

But that's not all he decided. "I dumped their satellite service too," Mr. Kayhan said.

"PICTURE AND SOUND ARE FANTASTIC"

Mr. Kayhan signed up for COGECO Digital Cable TV, and he's been very happy ever since.

"The picture and sound are fantastic and we get our local stations now."

Mr. Kayhan is also impressed by the Digital Navigator, an on-screen interactive viewing guide. "We love the search by name feature."

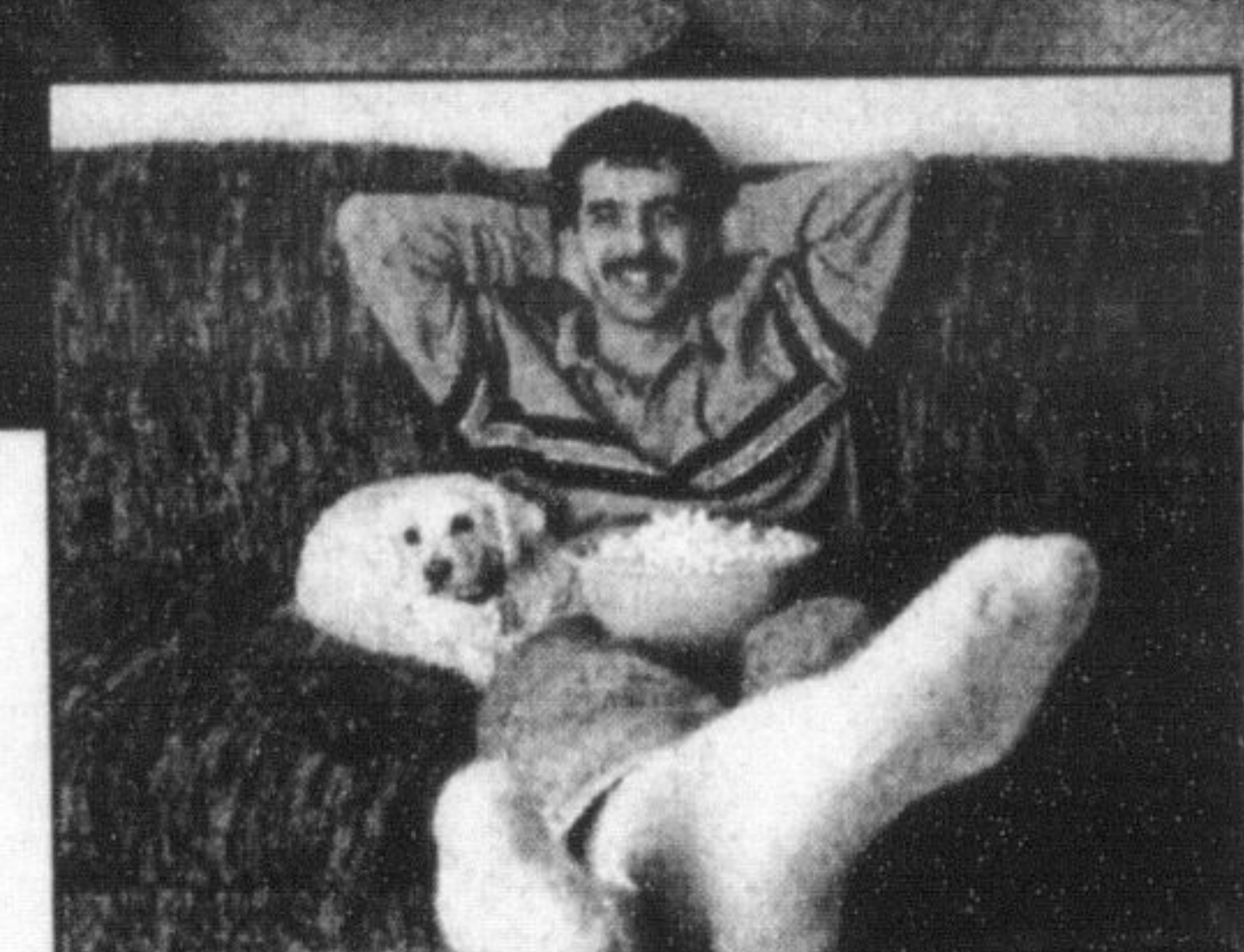
Digital Cable TV from COGECO includes 40 digital music channels too.

"It's CD-quality sound, 24-hours a day and best of all," Mr. Kayhan points out, "there are no commercials!"

"COGECO'S BEEN PHENOMENAL"

Whereas the frustration with the phone company continues (they're still billing him for their Internet service even though it's been cancelled for over three months now), Mr. Kayhan is more than pleased with COGECO.

"COGECO's been phenomenal," smiles Mr. Kayhan. "As it happened the



After switching to Digital Cable TV from COGECO, Ian Kayhan can finally relax and enjoy reliable TV service.

cable line under our home wasn't optimal for Digital TV. COGECO came over and replaced the whole line, just for us!" Now that's service.

How to switch to COGECO Digital Cable TV.

1. Call COGECO at 1-888-6-COGECO.
2. Tell them you want to switch.
3. Arrange a day when COGECO can come to your home.
4. Sit back and relax. The COGECO service technician will install your new COGECO Digital Cable TV service.

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* OFFER EXPIRES MARCH 31, 2001. FREE INSTALLATION APPLIES TO CURRENT COGECO CABLE CUSTOMERS WHO ARE UPGRADING TO COGECO DIGITAL VALUE PAK ONLY AND DOES NOT INCLUDE MOVES OR TRANSFERS; ALL OTHERS SUBJECT TO INSTALLATION FEES. THE \$51.99 PRICE ASSUMES PURCHASE OF DCT2000 DIGITAL BOX; BUNDLED PRICE WITH RENTAL OF BOX IS \$64.99 PER MONTH. VALID ONLY IN CABLE WIRED AREAS. ADDITIONAL CHARGES WILL APPLY FOR NON-STANDARD CABLE TV INSTALLATIONS. NOT AVAILABLE IN ALL AREAS. SOME RESTRICTIONS MAY APPLY.