



Product of the U.S.A.

FRESH BROCCOLI 99¢ Bunch

Cut fresh from Ontario Special Select Pork

FAMILY PACK PORK CHOPS \$2.29 lb.

Product of USA
LARGE

ROMAINE 99¢ ea.

Product of Costa-Rica
SWEET

CANTELOUPES 99¢ ea.

**KELLOGG'S CORN FLAKES
BRAN FLAKES
RICE KRISPIES**
1.99
750/775/700 g

ASSORTED VARIETIES
PRIMO PASTA 79¢
900 g

ASSORTED VARIETIES
PRIMO SPAGHETTI SAUCE 79¢
680 ml

Produce
Product of Mexico
Fresh
Asparagus 1.49
Bunch

Product of USA
Bartlett or D'Anjou Pears 99¢ lb.

Product of USA
Sweet Cherry Grape Tomatoes 2.99
pint

Product of Ontario
Seedless Cucumbers 1.79
ea.

Product of P.E.I.
Baking Potatoes 49¢ lb.

Product of Italy
Kiwi Fruit 1.99
1 lb. container

Product of USA
Star Ruby Red Grapefruit 5/1.99

Product of Ontario
Cooking Onions 1.99
10 lb. bag

E.D. Smith
Triple Fruit Jams 1.99
500 ml

Post Shreddies 2/5.00
620 g

Reg, Fine, X-Fine
Nabob Coffee 2.49
300 g

Assorted Varieties, Minute Maid
Frozen Orange Juice .99
355 ml

Assorted Varieties
Primo Beans .79
540 ml

Plum, Crushed, Diced
Unico Tomatoes .99
796 ml

Dasani Water 2/.99
591 ml

Assorted Varieties
Mr. Christie Corn Nuts 2.69
225 g

Assorted Varieties
Quaker Rice Cakes 1.99
100 g

Meat

Cut fresh from Ontario Special Select Pork
Centre Cut Pork Chops 3.49 lb.

Cut fresh from Ontario Special Select Pork
Pork Baby Back Ribs 5.99 lb.

Cut fresh from Ontario Special Select Pork
Boneless Rib End Pork Loin Roast 3.69 lb.

Cut fresh from Ontario Special Select Pork
Black Forest Style Ham Steaks 5.49 lb.

Cut fresh from Ontario Special Select Pork
Centre Cut Peameal Bacon 3.49 lb.

Fresh Canada Grade A Chicken
Boneless Chicken Breasts 3.99 lb.

Cut fresh from Ontario Special Select Pork
Stuffed Boneless Pork Chops 3.99 lb.

Fresh
Mauhi Mauhi Fillets 6.99 lb.

Bakery

Pizza Buns 89¢ ea.

Baked Fresh

Flax Bread 1.59

Raisin Bread 1.99

Assorted Mini Muffins pack of 6 1.79

Deli

National Cheese
Creamy Havarti 1.25
100 gr

Bittner
French Onion Loaf 99¢
100 gr

Pepper Meat Loaf 99¢
100 gr

J.M. Schneider
Fat Free Ham 1.29
100 gr

J.M. Schneider
Reg, Lite or Bagged Summer Sausage 1.65
100 gr

Prices in effect from Tuesday, March 13, until Monday March 19, 2001
WE RESERVE THE RIGHT TO LIMIT QUANTITIES
• WE DELIVER • Seniors 5% Discount Mon-Wed

MON. - WED. 8:00 A.M. to 8:00 P.M.
THURS. - FRI. 8:00 A.M. to 9:00 P.M.
SAT. 8:00 A.M. to 7:00 P.M.
SUN. 10:00 A.M. to 6:00 P.M.

876-4496