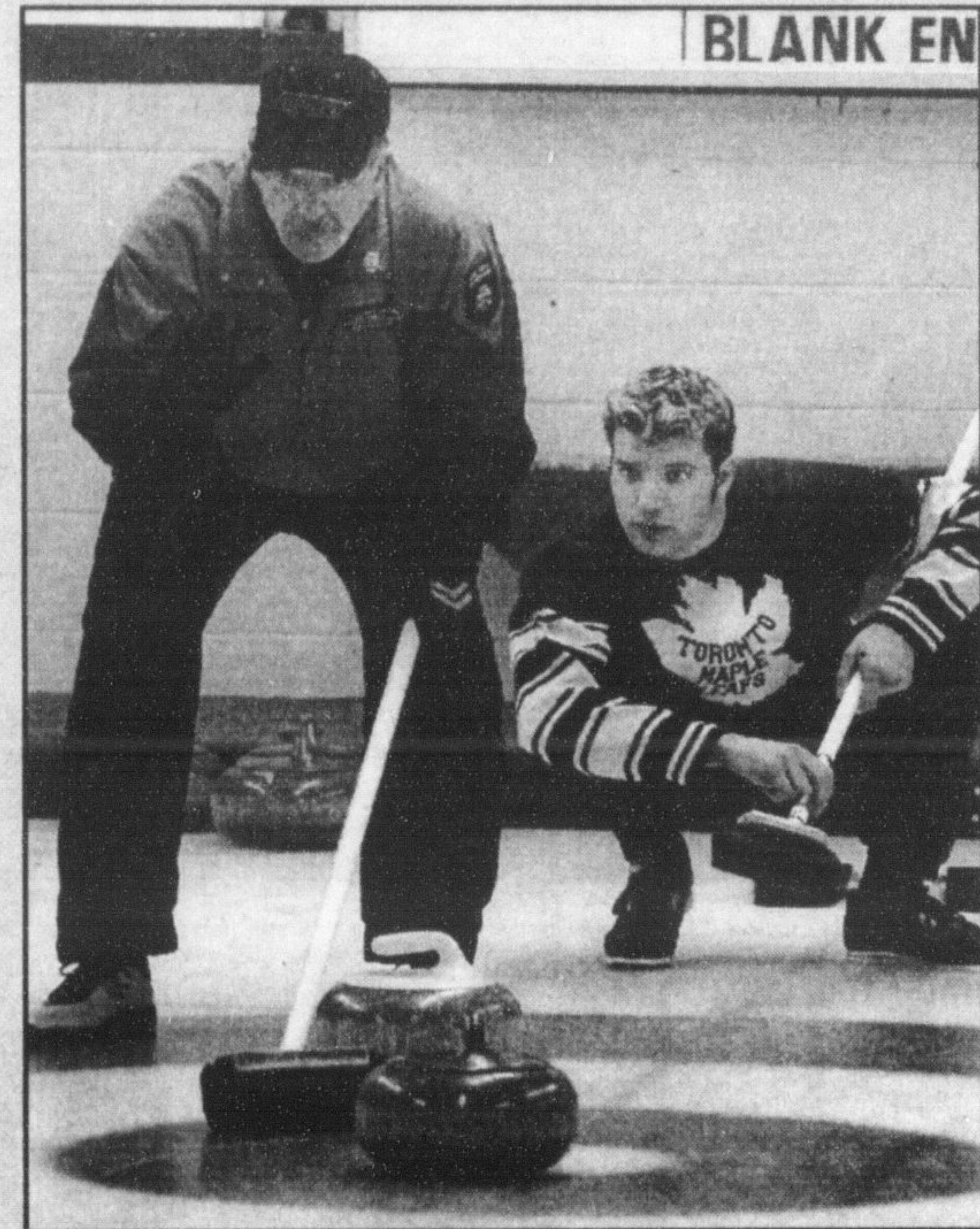


✓ Rockin' the house

Craig Wallace (left) of the Dents and Dents team shouts instructions to teammates and later (bottom left) watches as opponent Bob Hawley of the 4H's lines up a shot during Saturday's fourth annual Curl 4 Kids Bonspiel at the Milton Curling Club. Meanwhile, Dents and Dents curler Nick Maenhaut takes a tumble while sweeping with teammate Ted Karolidis. The event raised money for local kids' charities.

Photos by GRAHAM PAINE



CARP hosts essay contest for youths

The Halton chapter of Canada's Association for the Fifty Plus (CARP) will hold its second annual Intergeneration Contest open to all secondary school students in Halton.

In September, details of the contest were given to the Halton District School Board and the Halton Catholic District School Board as well as St. Mildred's and Appleby, two independent schools in Halton.

Students were asked to write an essay outlining an experience or discussion with a grandparent or someone else over the age of 50.

Each of the 24 secondary schools within Halton are asked to submit one entry to the Halton chapter by March 31.

The judges will select the first, second and third-place entries.

Entries will be judged by Regional Chairman Joyce Savoline, Rev. Marni Nancekivell of Saint Aidan's Anglican Church in Oakville, Rev. Donna Howlett of Tansley United Church in Burlington and Merna Dack and Ken Laramie of the Halton chapter of CARP.

The three winners, along with school representatives, parents and grandparents will be invited to the Halton chapter meeting May 23 when prizes of \$300 for first, \$200 for second and \$100 for third-place will be awarded.

For more information, call the Halton chapter at 335-5717.

SARNIA MAN EXPRESSES VIEW BY SWITCHING TO COGECO CABLE!

Ian Kayhan of Sarnia had enough of satellite. He switched to COGECO Digital Cable TV and he couldn't be happier.

Tired of the disappointments, Ian Kayhan of Sarnia dumps satellite for COGECO Digital Cable TV

SARNIA . It all started when Ian Kayhan of Sarnia wanted high speed Internet access.

"I got such a run around with the phone company over their Internet service, I said, 'That's it!'"

Mr. Kayhan decided to switch to COGECO high speed Internet access over cable.

But that's not all he decided. "I dumped their satellite service too," Mr. Kayhan said.

"PICTURE AND SOUND ARE FANTASTIC"

Mr. Kayhan signed up for COGECO Digital Cable TV, and he's been very happy ever since.

"The picture and sound are fantastic and we get our local stations now."

Mr. Kayhan is also impressed by the Digital Navigator, an on-screen interactive viewing guide. "We love the search by name feature."

Digital Cable TV from COGECO includes 40 digital music channels too.

"It's CD-quality sound, 24-hours a day and best of all," Mr. Kayhan points out, "there are no commercials!"

"COGECO'S BEEN PHENOMENAL"

Whereas the frustration with the phone company continues (they're still billing him for their Internet service even though it's been cancelled for over three months now), Mr. Kayhan is more than pleased with COGECO.

"COGECO's been phenomenal," smiles Mr. Kayhan. "As it happened the



After switching to Digital Cable TV from COGECO, Ian Kayhan can finally relax and enjoy reliable TV service.

cable line under our home wasn't optimal for Digital TV. COGECO came over and replaced the whole line, just for us!" Now that's service.

How to switch to COGECO Digital Cable TV.

1. Call COGECO at 1-888-6-COGECO.
2. Tell them you want to switch.
3. Arrange a day when COGECO can come to your home.
4. Sit back and relax. The COGECO service technician will install your new COGECO Digital Cable TV service.



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* OFFER EXPIRES MARCH 31, 2001. FREE INSTALLATION APPLIES TO CURRENT COGECO CABLE CUSTOMERS WHO ARE UPGRADING TO COGECO DIGITAL VALUE PAK ONLY AND DOES NOT INCLUDE MOVES OR TRANSFERS; ALL OTHERS SUBJECT TO INSTALLATION FEES. THE \$51.99 PRICE ASSUMES PURCHASE OF DCT2000 DIGITAL BOX; BUNDLED PRICE WITH RENTAL OF BOX IS \$64.99 PER MONTH. VALID ONLY IN CABLE WIRED AREAS. ADDITIONAL CHARGES WILL APPLY FOR NON-STANDARD CABLE TV INSTALLATIONS. NOT AVAILABLE IN ALL AREAS. SOME RESTRICTIONS MAY APPLY.