

GOLD SCISSORS

Lennea Morley
Professional Esthetician
Certified Electrologist
& Aromatherapy Massage



Aromatherapy Massage

• Half Hour **\$20** • Full Hour **\$40**

Waxing Price List:

Eyebrow, Lip, Chin	\$5
Upper lip	\$5
Chin	\$10
Bikini	\$10
Lower Leg	\$20
Full Leg	\$40
Full Leg + Bikini	\$45
Underarm	\$7
Back or Chest	\$25+

Gift Certificates Available

25 Commercial Street, Milton

876-2842

Please
be sure
we get
your
Dateline
item info
at least
a week
before
the event
starts.

Dateline

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Hornby Co-operative Nursery School hosts a 25th anniversary open house from 9:30 to 11 p.m. The school takes fall registration throughout the week-long celebration.

Tuesday Mar. 6

Learn how to write a resume, cover letter or contact card at the Milton Human Resource Centre, 310 Main St. For

more information, call 878-8418, ext. 218. The **Help for Parents** support group meets every Tuesday at 7:30 p.m. at Pinelands Presbyterian Church, 5270 New St., in Burlington. This non-denominational self-support group with trained leaders help parents of children who are in trouble at home, at school or with the law, abusive or taking drugs. Call 1-800-488-5666 for more information.

St. Paul's United Church, 123 Main St. E., hosts a meeting to discuss the issue of **affordable housing in Milton**. The meeting begins at 7:30 p.m. All are welcome to attend. Call Wendy Schau at 878-3216 for further details.

The **Peel/Halton Vaginal Birth After Cesarean-Cesarean Awareness Group** (VBAC-CA) provides information, support and topical discussions at its monthly meeting. For location and more information, call Penny at (905) 873-2779 or Wendy at (905) 891-0793.

A **Well Water Quality Information Session**, hosted by the Halton Region Health Department, runs from 1 to 9 p.m. at the Nassagaweya Community Centre. Call 825-6060 for more information.

The Milton Fibromyalgia Support Group meets at St. Paul's United Church, 123 Main St., at 2 p.m. For further details, call Joanne at 878-4371.

Pesticide Alternatives for Milton (PAM) meets at 95 Main St. E. at 7:30 p.m. New members are welcome. For further information, call 693-9837.

CRAFT TREE

UPCOMING WORKSHOPS
WITH GUEST TEACHERS

MAR. 5 OR 26 • **RECLAIM YOUR CREATIVITY**
with Carolyn.
This is a fun & empowering workshop.

MAR. 10 & 17 • **DECORATIVE PAINTING**
with Victoria • Subject - Wild Roses

MAR. 24 & 25 • Learn to **DRAW, WOODBURN & PAINT**
with Angus in this awesome workshop

WHAT'S NEW!

SENIORS afternoon of painting.
Fri. 1-3 Free workshop - supplies not incl.

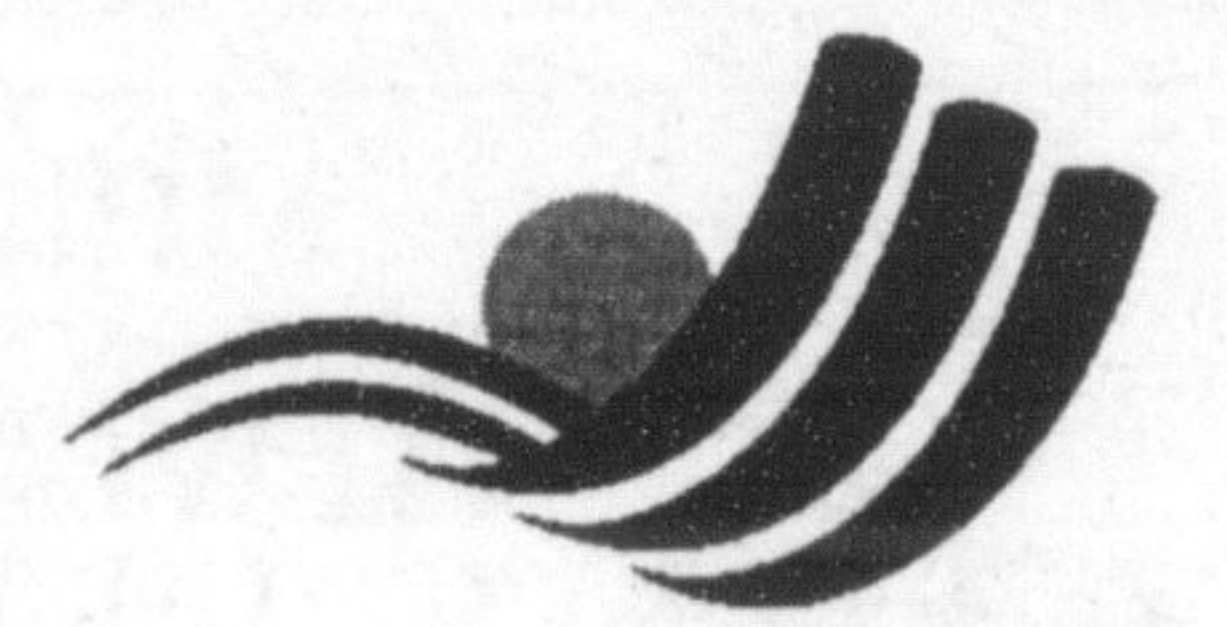
AFTERSCHOOL ART PROGRAM Grades 1-6
Starts Tues. Mar. 20, 4-5:30 pm for 6 weeks

SOME SPACES AVAILABLE IN
MARCH BREAK CLASSES

PRE-REGISTRATION REQUIRED

327 Bronte St. S. Milton 875-4917

MDH Pharmacists: Working hard behind the scenes



Halton Healthcare

March 5th to 11th is Pharmacy Awareness Week. This year's theme is "Pharmacists care; No matter where"

Did you know that the inpatient pharmacists are playing an important role in the care of every patient at Milton District Hospital (MDH)?

"People in the community often don't realize it, but the bottom line is, we are a member of every patient's care team," says Wayne Stephen, Pharmacy Manager at MDH.

Also working in the inpatient pharmacy at MDH are Pharmacist Pauline Christiani, and Pharmacy Technicians Carla Biasutti, Karen Burton and Sheila Bartolac.

Some of the work, done by the pharmacy technicians involves the distributing and monitoring of medications throughout the various areas of the hospital including Emergency, the Operating Room, the Medical/Surgical unit, Obstetrics, the ICU and Complex Continuing Care unit. The pharmacists' job is more supervisory and clinical in nature." Our work involves the assessment of patients' drug therapy, attending patient care rounds and providing drug

information resources to nurses and physicians," explains Stephen.

Usually when a doctor visits a patient in the hospital, the physician writes a list of orders having to do with the entire care process including among others, topics such as diet, medications, lab orders and rehab therapy. Carbon copies of these orders are sent to the Pharmacy so that the Pharmacist has a comprehensive overview of each patient's care plan. All patient drug orders are then reviewed for "clinical appropriateness," examining things like dosage, incompatibilities with other drugs, patient allergies and medication overlapping.

"On the Complex Continuing Care unit, the patients are with us for months and sometimes years. We keep a patient drug profile on the computer for each of them," says Christiani. "When these patients are admitted, we review their medication profile and make suggestions for optimal drug therapy. We continue to review these profiles on a regular basis."

The pharmacists also play an increasingly important educational role at the hospital. In outpatient programs like the Halton Diabetes

Program and the Cardiac Rehabilitation Program, they are taking on a teaching role.

With inpatients, some of their educational efforts are focused on preventing re-admissions. "This occurs sometimes if a patient does not take their medication properly at home or if they do not understand what the medications are for," says Stephen.

"Often times, with the anxiety of being in the doctor's office or in hospital, people do not hear or do not fully understand and don't feel comfortable asking questions," says Stephen. By sitting down one-on-one with a patient, the pharmacist can help clear up any concerns and offer some suggestions.

"Sometimes, when a patient is having difficulties remembering when to take their medication," says Christiani, "it's as simple as letting them know that it's okay to take the drugs with their breakfast rather than at some other time later in the day."

Whether they are working quietly behind the scenes or directly with patients, pharmacists play an integral role in patient care.

Written by Rebecca Stoneman