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Country News

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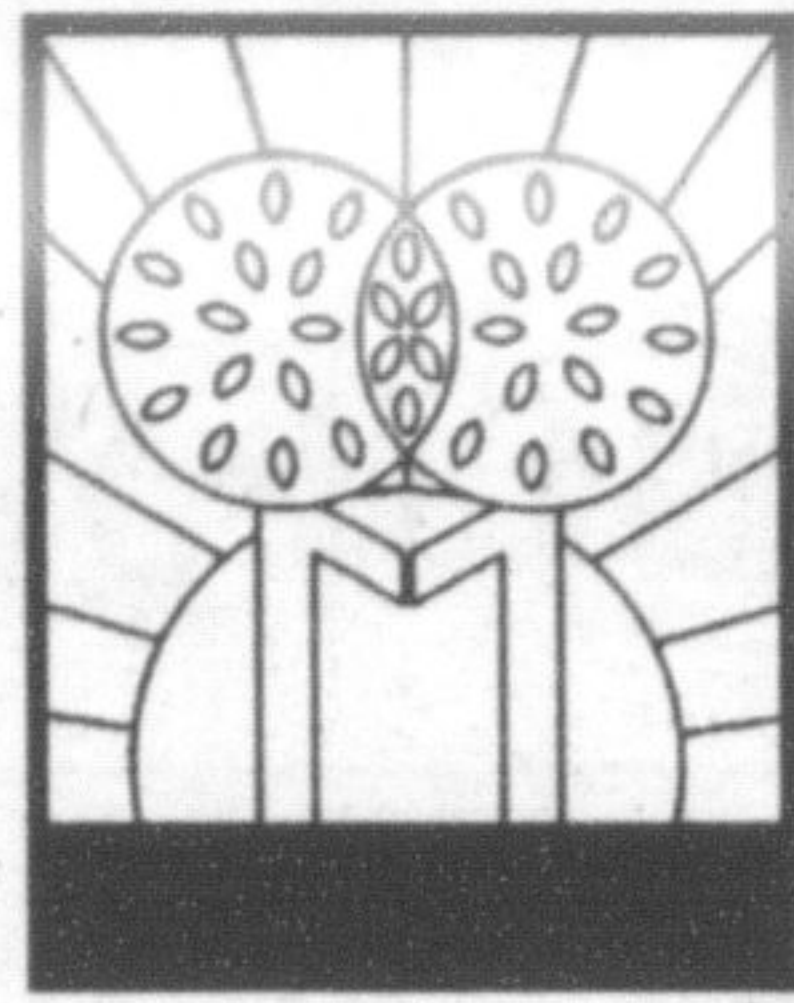
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News for SENIORS

Milton Seniors Activity Centre
Current Events

"Soaring into the Millenium"
MARCH CURRENT EVENTS

Monday, March 5: It's "Seniors Day at the Mall"! Come along to meet friends, play "Seniors' Bingo" and shop for good values.

Monday, March 5: Come along to the always exciting "Casino-Rama"! There's lots to see and do, a terrific buffet and a chance to grab the brass ring! Bring a friend. Only \$2.50 per person. Call the Centre today to sign up.

Wednesday, March 7: Computer Club meets at 1:30 p.m. in the lounge. New members are always welcome, if you haven't dropped into one of our meetings, why not try us out.

Friday, March 9: Treat a friend to a cup of tea and a chat. Join us from 2:00-4:00 pm. Bring along your knitting, cards, board games, what ever you wish. This is an opportunity to enjoy the companionship of others.

Tuesday, March 13: Seniors "Lunch Brunch" group meets at Noon at a local eatery. Join them for good friends, good eats and great conversation. Call the Centre for March location.

Wednesday, March 14: The Song Spinners Chorus invite you to join them in a "St. Patrick's Day Sing-a-long", at 11:30 a.m. in the Centre Lounge, lasting for about a half hour. The Lunch Counter is open, why not stay for lunch? Be sure to sign up if you are planning to attend.

Wednesday, March 14: The Centre holds it's "Evening Euchre Party" starting at 7:30 p.m. Come along...bring friends! The competition is keen and the conversation refreshing. Prizes awarded. Cost: \$2.

Friday, March 16: The Seniors' Activity Centre will once again be hosting an **Income Tax Clinic** from 12:15 - 3:00 p.m. for those looking for assistance to complete their BASIC Income Tax forms. Please call the Centre to book an appointment 875-1681.

Wednesday, March 21: Drop by the Centre at 12:45 p.m. to learn more about "Alternative Medicines" with our guest speaker, Zak - from Zak's Pharmacy. The Lunch Counter is open, why not stay for lunch? Be sure to sign up if you are planning to attend.

Thursday, March 22: The Milton Seniors Activity Centre get together for a monthly night out. Join the "Diners Club" for good fellowship, great food and hearty socializing. Meet at 6:00 p.m. Call the Centre for March location and/or to arrange for car pool.

Saturday, March 31: Come out for an evening of fun and fellowship. Join us at 5:30 p.m. at the Seniors' Activity Centre for a **Movie, Potluck & Games Night**. Cost is \$2. If you are attending, please RSVP to the Centre at 875-1681. Don't forget to bring along a "yummy" dish to share!

Lunch Counter - A great way to meet people, while enjoying a delicious "home cooked meal"

Hours of Operation

Wednesdays 11:30 a.m. - 12:45 p.m.

Menu Includes:

Soup, Sandwiches, Salad, Dessert, as well as a "Hot Meal Deal"

If you wish to attend the Lunch Counter, please sign up at the Reception Desk or phone in your order by the Monday of that week.

"Seniors Cinemas"

March Performances at the Senior Centre
Thursdays, starting at 1:30pm.

- March 8 - Only You (Comedy/Romance)
- March 15 - Steel Magnolias (Drama)
- March 22 - Up at the Villa (Drama)
- March 29 - The Perfect Storm (Action)

Programs Include: Bridge, Learn to Play Bridge, Euchre, Cribbage, Bingo, Snooker, Darts, Shuffleboard, T'ai Chi, Qi-Gong, Line Dancing, Clogging, Bunka, Oil Painting, Fiction Writing, Tap Dancing and Seniors' Cinemas. Additional Activities Include: Library, Bus tours, Lunch Bunch, Diners Club, Kitchen Band, Computer Club, Folk Art Club, Soft Wood Carving Club, Song Spinners Chorus, Creative Fingers plus Special Events & Fundraisers.

THE ABOVE INFORMATION IS SUBJECT TO CHANGE AND LIMITATIONS.

For further details on activities at the Milton Seniors Activity Centre, Call (905) 875-1681

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