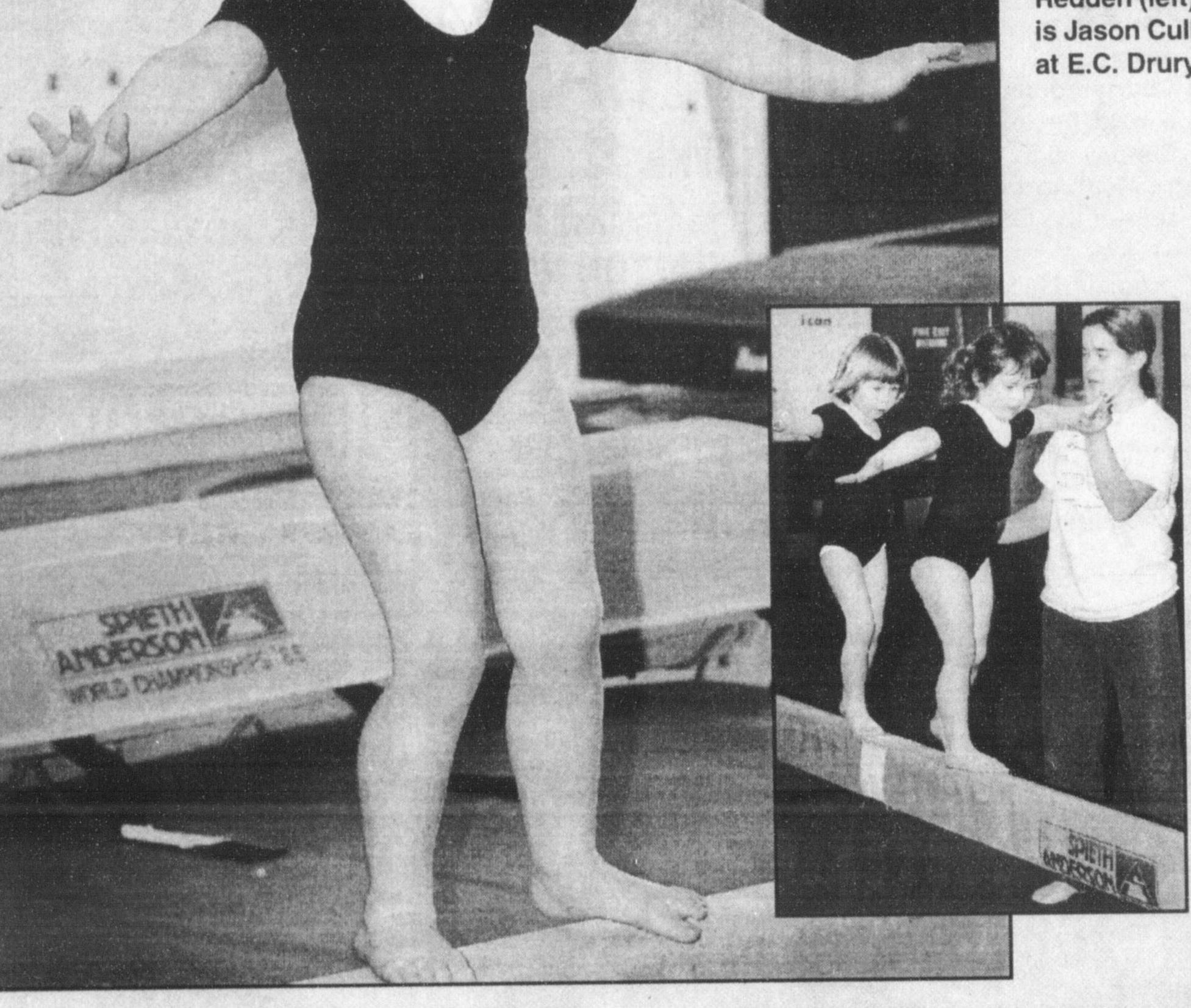
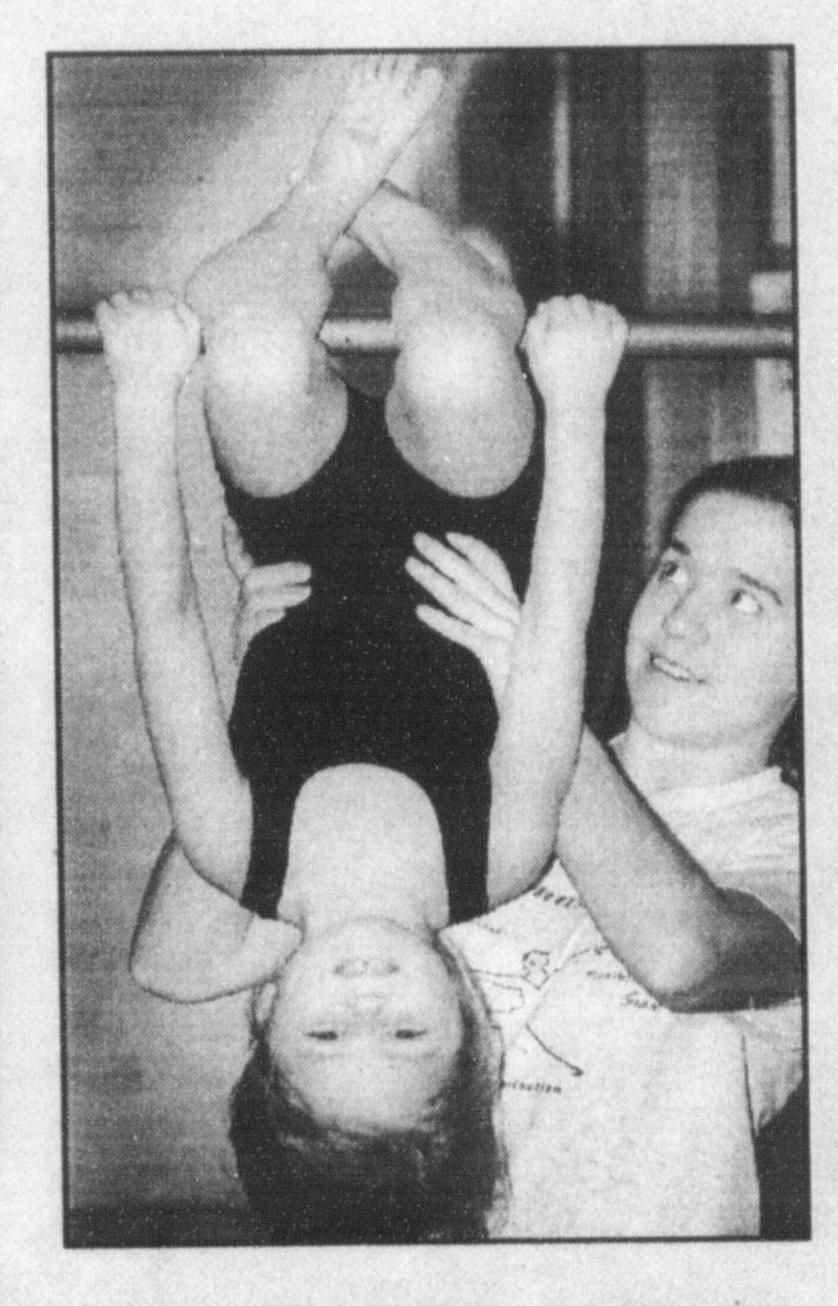


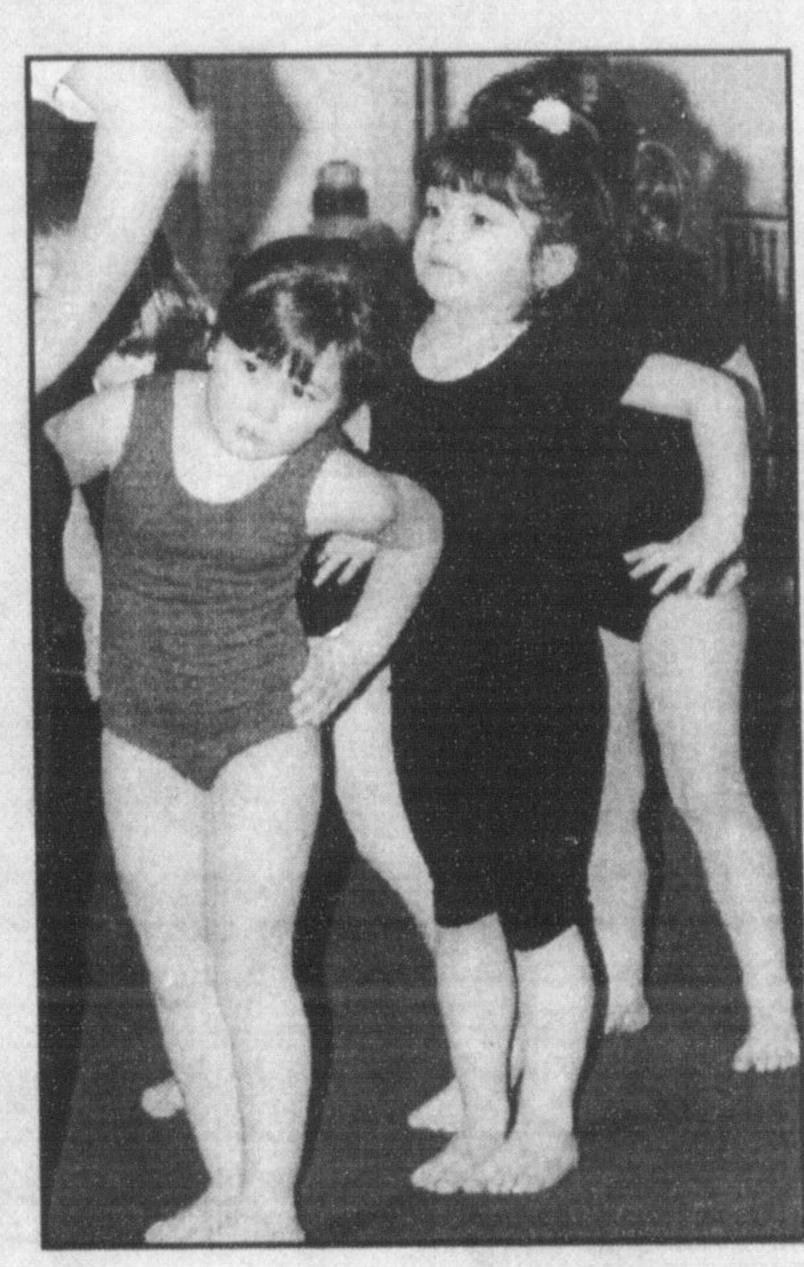
Kindergym

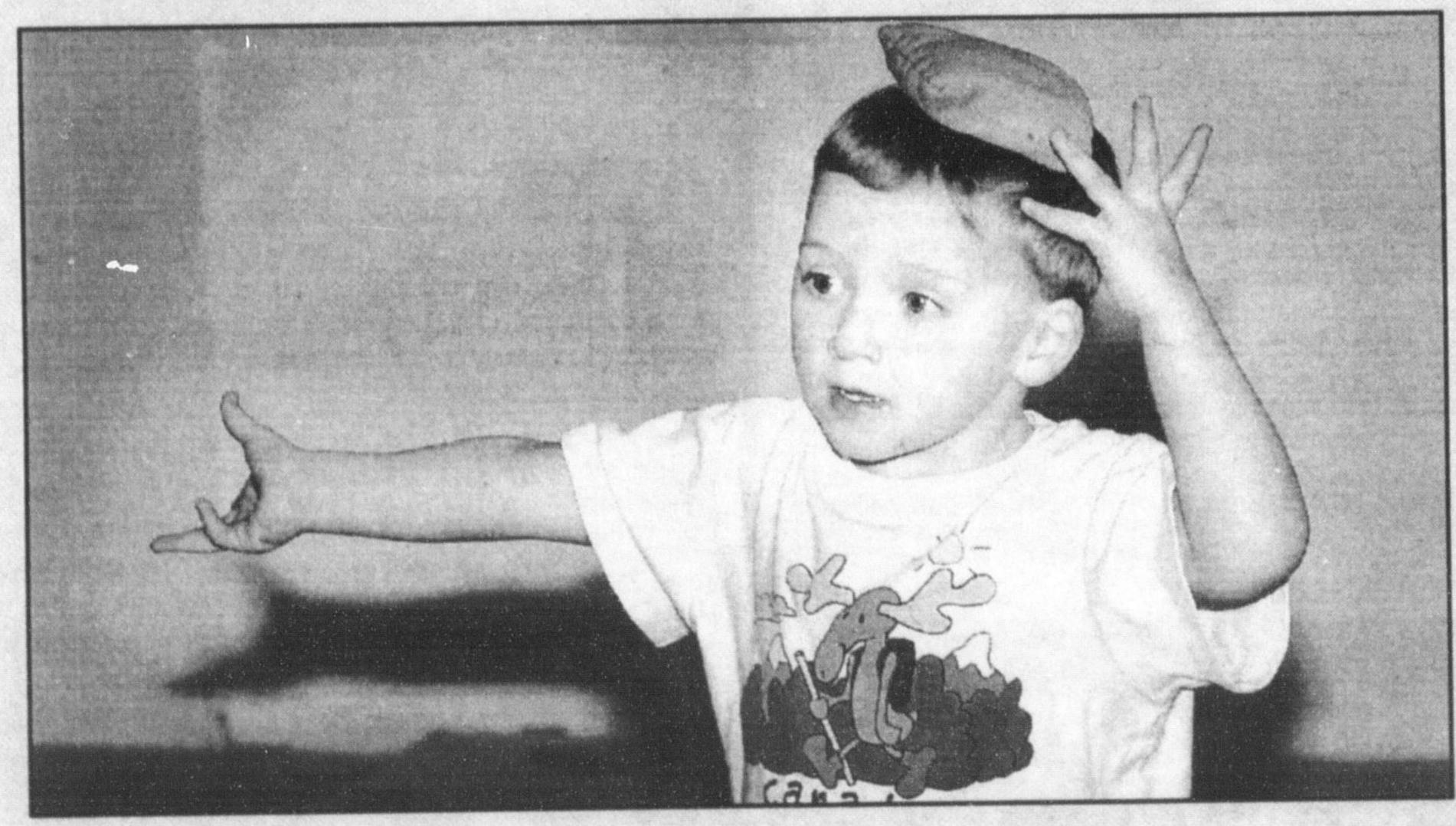
Children aged 3-and-a-half to 6 years old have fun learning the basics of gymnastics in the Milton Springers' Kindergym program. At left, Sarah Bone, 4, demonstrates her sense of balance on the balance beam while carrying a bean bag. And, inset, she gets a steady hand from instructor Alexis Stoffels as another young gymnast awaits her turn. Meanwhile, (below centre) Victoria Willett gets a little help going upside down from Ms Stoffels. And anxiously waiting for their turn on the floor (below right) are Alexandra Redden (left) and Isabella Maugeri. At bottom, practicing his balance and having some fun is Jason Cullen, 3. The Kindergym participants will be part of the Gymstrada Show Sunday at E.C. Drury High School.

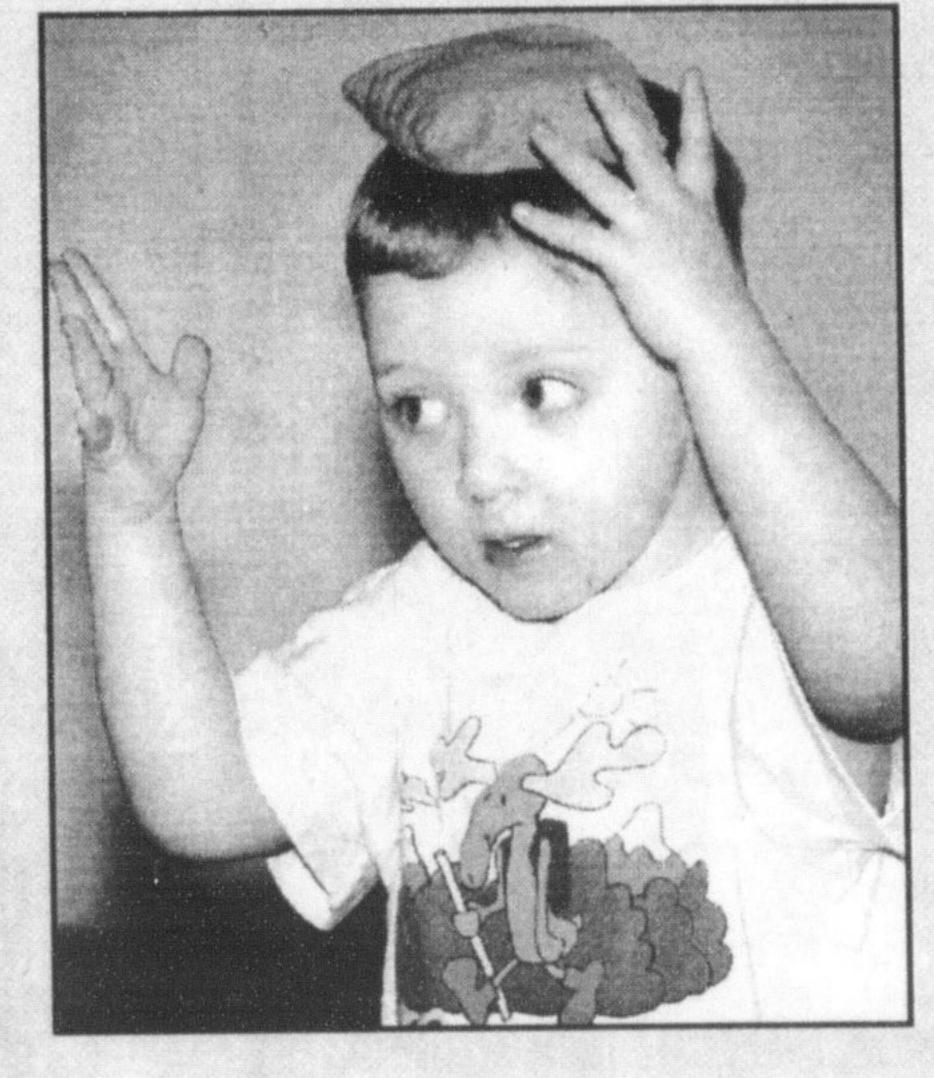
Photos by GRAHAM PAINE

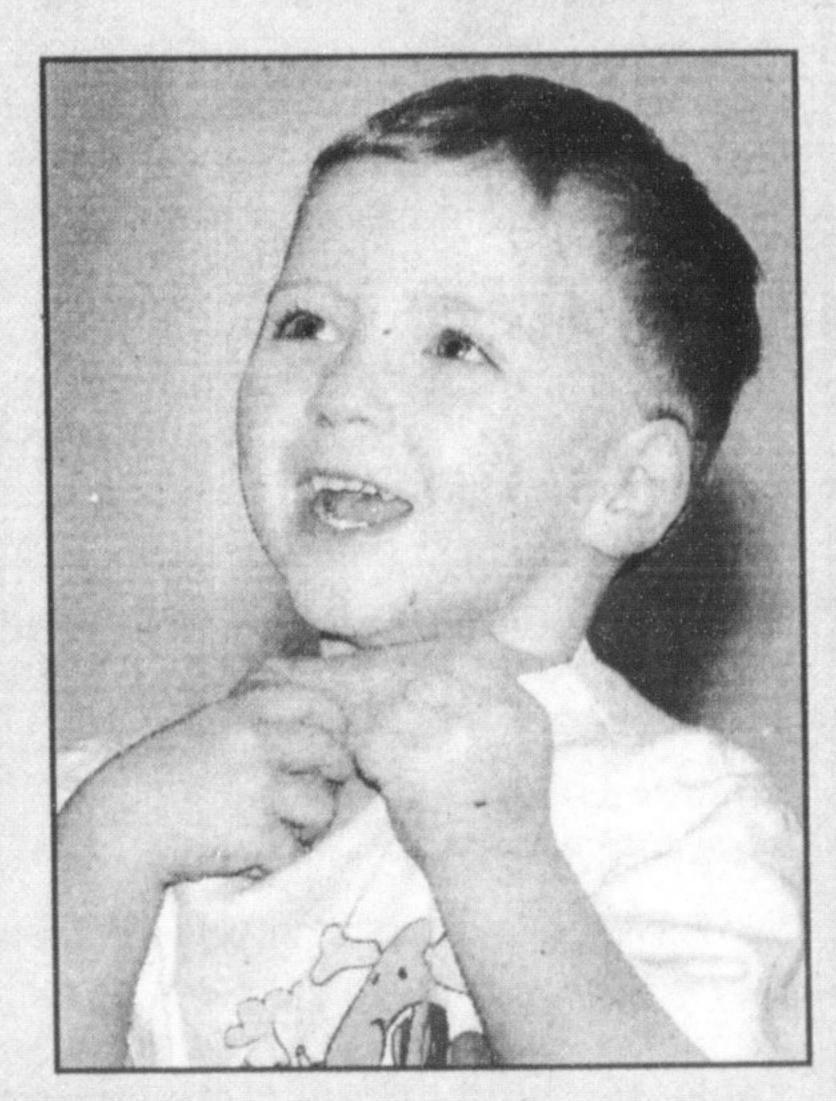












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NORTH HALTON STUDIO 21 Main Street North, Acton, ON L7J 1V9 (519) 853-4700

COGECO 14 Programming Schedule - February 27th, 2001 - March 5th, 2001

Feb. 19th

Tuesday, February 27th 9am, 10am, 11am, Noon Plugged In! 5pm, 6pm & 7:30pm Seniors 5:30pm

6:30pm

8:00pm

Plugged In! Showcase Optimist TV Bingo Halton Hills Council, Feb. 26th

Wednesday, February 28th 9am, 10am, 11am, Noon Plugged In! Plugged In! 5pm, 6pm, 7:30pm Cable in the 5:30pm Classroom Swap Talk 6:30pm Milton Council

Thursday, March 1st 5:30pm

9am, 10am, 11am, Noon Plugged In! Encore 5pm, 6pm, 7:30pm Plugged In! The Issue is . . . Money Week Osler Health Connection Halton Region Council,

Feb. 28th

Sunday, March 4th 9am, 10am, 11am, Noon Plugged In! Encore 5pm, 6 pm & 7:30 pm Plugged In! Week in Review

The Issue Is... Seniors Showcase Osler Health Connection

Monday, March 5th Noon Plugged In! Encore Living on the Edge Money Week The Issue Is . . . SportsZONE Live

Feature this week: "Local Councils" - Tues, Wed, & Thurs, 8pm.