



Product of USA  
SWEET SEEDLESS  
SUNKIST, NAVEL

**ORANGES** 1<sup>99</sup> Doz.

Cut from a Special Select Grade of Ontario Pork

**FAMILY PACK  
PORK  
CHOPS** \$2<sup>29</sup> lb.

Product of P.E.I.  
LARGE BAKING  
**POTATOES**

49¢ Lb.

Product of USA  
LARGE, CRISP  
**ROMAINE  
LETTUCE**

99¢ ea.

ORIGINAL  
**KRAFT  
DINNER** 49¢  
225 g KRAFT

CAMPBELL'S  
CHICKEN NOODLE,  
CREAM OF MUSHROOM,  
TOMATO, VEGETABLE

**SOUP** 59¢  
284 ml

KRAFT  
SMOOTH, CRUNCHY, LIGHT

**PEANUT  
BUTTER** 2<sup>99</sup>  
1 Kg

*Produce* Product of USA

Large Regular  
Slicing  
Cucumbers 79¢ ea.

Product of Chile  
Sweet Peaches  
Nectarines  
& Plums 1<sup>99</sup> lb.

Product of USA  
Fresh  
Andy-Boy  
Rapini 1<sup>99</sup> Bunch

Product of USA  
Sweet  
Large  
Tangerines 99¢ lb.

Product of USA, Extra Fancy  
Sweet  
Royal Gala  
Apples 99¢ lb.

Product of Ontario  
Assorted  
Varieties  
Apples 3 Lb. Bag 1<sup>99</sup>

Product of USA  
Large  
Honeydew  
Melons 2<sup>99</sup> ea.

500 gr container  
Fresh  
Tofu 1<sup>49</sup>

Assorted Varieties,  
**Sunlight  
Dish Detergent** 950 ml 1<sup>99</sup>  
Assorted Varieties  
**Maxwell House Coffee** 300 g 2<sup>49</sup>  
Assorted Varieties  
**Quaker Dippys** 187-206 g 1<sup>99</sup>  
Assorted varieties  
**Quaker Chewy Bars** 193-210 gr 1<sup>99</sup>  
**Janes Chicken n' Chips** 2 Lb. 3<sup>99</sup>  
Assorted Varieties  
**Cheemo Perogies** 1 Kg 2<sup>69</sup>  
Assorted Varieties  
**Nescafe Instant Coffee** 150-200 g 3<sup>99</sup>  
Assorted Varieties, Betty Crocker Pop Secret  
**Microwave Popping Corn** 300 g 1<sup>69</sup>  
**Cheerios Snack Mix** 200 g 1<sup>99</sup>  
White or Brown  
**Wonder Bread** 675 g 99¢

*Meat*

Cut from Special Select Grade of Ont. Pork  
**Centre Cut  
Pork  
Chops** 4<sup>49</sup> lb.

Cut from Special Select Grade of Ont. Pork  
**Boneless  
Pork Loin  
Roast** 4<sup>99</sup> lb.

Mild, Hot,  
Honey Garlic  
**Italian  
Sausage** 2<sup>99</sup> lb.

Cut from Special Select Grade of Ont. Pork  
**Breaded  
Pork  
Cutlets** 3<sup>69</sup> lb.

Cut from Canada Triple A Beef  
**Boneless  
Blade  
Steaks** 3<sup>69</sup> lb.

Canada Grade A Chicken  
**Chicken  
Thighs** 1<sup>29</sup> lb.

Canada Grade A Chicken  
**Chicken  
Drums** 99¢ lb.

**Atlantic  
Salmon  
Fillets** 6<sup>99</sup> lb.

*Bakery*  
**Fruit Bread** 1<sup>99</sup>  
**Country Brown Bread** 1<sup>59</sup>  
**Cinnamon Buns** 4/1<sup>99</sup>  
**Turnovers Assorted Flavours** Pkg 4 1<sup>79</sup>

*Deli*

National Cheese  
**Creamy  
Havarti** 1<sup>19</sup> 100 gr  
National Cheese  
**Danish  
Blue** 1<sup>79</sup> 100 gr

Casa Italia  
Reg or Lite, Lactose Free  
**Vera Mortadella** 88¢ 100 gr  
Maple Lodge  
**Cajun  
Chicken Breast** 1<sup>19</sup> 100 gr

J.M. Schneider  
**Fat Free  
Turkey** 1<sup>69</sup> 100 gr  
Bittner  
**Beef  
Pastrami** 99¢ 100 gr

Prices in effect from Tuesday, January 9, until Monday January 15, 2001  
WE RESERVE THE RIGHT TO LIMIT QUANTITIES  
• WE DELIVER • Seniors 5% Discount Mon-Wed

MON. - WED. 8:00 A.M. to 8:00 P.M.  
THURS. - FRI. 8:00 A.M. to 9:00 P.M.  
SAT. 8:00 A.M. to 7:00 P.M.  
SUN. 10:00 A.M. to 6:00 P.M.

**876-4496**