Quadruplets healthy and doing fine despite being born one month early

• from MILTON on page 1

and 3:41 a.m. at Toronto's Mount Sinai hospital.

"Everyone's doing great," reported Mr. Harrison, 29. "The twins are doing better than anyone expected. I don't think it has totally sunk in yet."

The non-identical quadruplets are named Luke, Jacob, Emily and Kayla. Each weigh under four pounds and stretch about 16 inches.

"They're a lot bigger than a lot of other babies in the ward," said the proud father.

And despite coming into the world at just under eight months, the babies are already functioning somewhat independently, said excited grandmother Irene Harrison.

"They're breathing on their own and they're feeding on their own," she said.

The babies, which are the first chil-

dren for the Harrisons and the first grandchildren for both sets of grandparents, were delivered via cesarean.

"They had to call extra doctors and nurses in," said Irene. "There must have been 15 people in the room."

While there's no history of multiple birth in either parent's background, there's likely an explanation for the abundance of holiday joy.

"They had been on fertility drugs for a brief time and it worked," said Irene. "They're very excited."

Not to mention a little nervous.

Prior to receiving word of their soon-to-be much extended family, Mark and Mary had sold their home and purchased a new one from Mattamy.

"If I'd have known there would be four then we'd have bought a bigger house," joked Mr. Harrison.

But with occupancy not expected

until late this year, the couple had planned on moving in with Irene in the meantime.

And that's looking like an even better idea as the couple grapples with first-time parenthood four times

"We're obviously still a little nervous. It's a little overwhelming," said Mr. Harrison. "We're going to need more than little help."

Difficult pregnancy

The tiny bundles were the culmination of a difficult pregnancy for Mary, 32, who had been in the hospital for two months prior to the births.

Since multiple birth babies are often premature, a close eye was kept on Mary, who had been experiencing contractions for a week prior to delivering.

"It's common for them just to ty and Mount Sinai hospital.

monitor," said Mr. Harrison.

The births have also injected some sweetness into a month that has for too long been shrouded in sorrow for the Harrison family.

On December 11, 1996, Mr. Harrison's father Bill Harrison passed away at age 56.

Bill had been a trustee and chairman of the public board of education.

"December 11 was his day," said Mr. Harrison. "We thought they were going to be born on December 11, which would have been nice."

Though he struggles with the fact Bill won't be there to witness all the joy and activity spawned by the four tiny babies, there's a lot to be grateful for, said Mr. Harrison.

He wanted to send a special thank you to friends, family, the communi-

FOI goodness sake...

A good health tip from Milton District Hospital

are you?

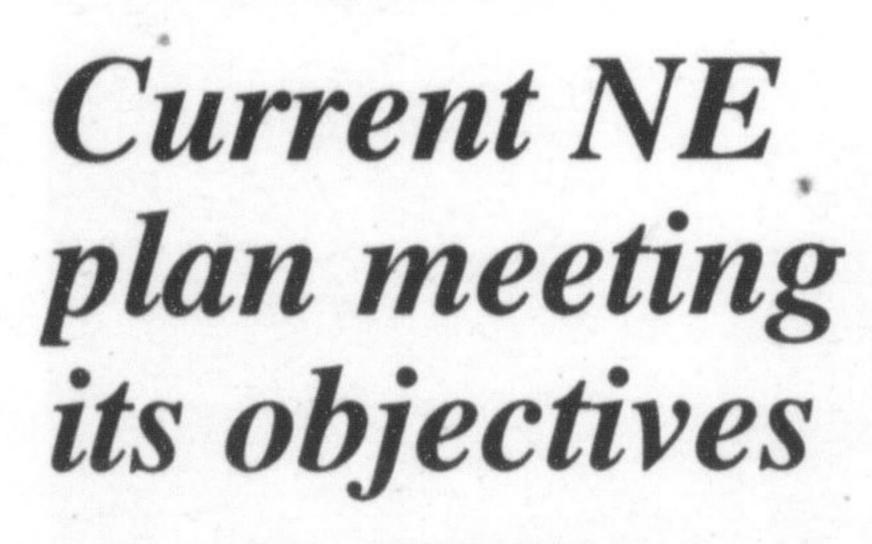


The winter season means shorter days, poorer visibility due to blowing snow and increased braking distance for drivers. If your usual exercise includes routine invigorating evening walk or jog, make sure you're visible in the dark. Drivers must be able to see and recognize you before it's too late. Carry a lit flashlight along on your route or wear reflective tags and rings (like headbands, wristbands, a belt and ankle bands).

"For goodness sake" is brought to you courtesy of

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from NEW on page 1

And NEC spokesperson Richard Murzin said the close focus is an indication that the current plan is meeting its objectives.

"People should take some satisfaction that things are working," he said. "It's a focused review. It's scoped down to what are considered to be emerging issues."

Like the burgeoning wine industry.

"One of the things you look at is where the industry is going and how to protect the environment," said Mr. Murzin.

The 2001 review will involve the NEC, which is a 17-member board consisting of nine public at large members and eight regional or municipal representatives. It oversees the NEP. It'll also involve the public and stakeholders such as CONE.

To this end, three of six discussion papers were released December 29 and circulated to 500 individuals and organizations for commentary by NEC. The final three should be available at the end of the month.

Anyone interested in accessing the papers can do so by calling the NEC at 877-5191, ext. 237, or through its website at www.escarpment.org.

The papers should be available for downloading on the website in a few days, said Mr. Murzin.

The address for return comment can be found on the website. The deadline for public input is March 30.

The review promises to look at important issues while leaving the bulk of the plan alone, said Mr. Thorne.

"This is an excellent opportunity for all stakeholders to address issues which have risen over the past five years so that the NEP will stay up to date with today's pressures on the escarpment, and remain as our most important tool for protecting it."

Mr. Murzin said he hopes to collect as much public input as possible.

"Let's hope it's brought to people's attention. I'm not sure it's something that people think about on a daily basis."

After public input has been collected, a six-week public hearing will begin in July. The NEC's final recommendations will be submitted to Cabinet in November.



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