

MILTON OPTICAL

COMPLETE PACKAGE

LAB ON PREMISES \$129

EYE EXAMINATIONS ARRANGED

FAST EFFICIENT SERVICE

INCLUDES:
 ✓ FRAME
 ✓ SINGLE VISION LENSES
 ✓ SCRATCH COAT
 ✓ 1 YEAR FRAME WARRANTY

15 Martin St. Carriage Square
 Milton 876-0556

HALTON HELPING HANDS
 SERVING THE ELDERLY AND DISABLED

HANDYMAN SERVICES

- Grab Bar Installation
- Carpentry
- Minor electrical/plumbing
- Window Cleaning
- Air Conditioner installation

For more information call JOHN at 878-6403

NASSAGAWEYA
Country News
 "It's in the News"
693-1559

ROBERT (PIE) LEE, B.Sc., B.B.A.
LIFE INSURANCE AGENCY
 Life - Disability - Annuities - RRIFs - LIFs
 RRSP's - Mutual Funds (Lic. with M.S.I.L.)
 Celebrating 26 years in Business

Miltowne Insurance Agency Ltd.
 Bob Lee & Kim Mitchell

245 COMMERCIAL ST.
 MILTON L9T 2J3
 OFFICE 878-5786
 FAX: 878-3692
 email: robertlee@aztec-net.com

We are **SENIOR TRAVEL SPECIALISTS**
 • Resorts • Tours • Insurance

The way to go!

Bruce Hood Travel

16 Martin St. Downtown Milton
878-2886
 Bringing the world to you since 1961

News for SENIORS
 Milton Seniors Activity Centre
 Current Events
 by Tim Hawkins, Publicity

"Soaring into the Millenium"
DECEMBER CURRENT EVENTS

Friday, December 1: The Centre's "Song Spinners Chorus" under direction of Joyce Hayward present their annual Concert "Christmas Cheer in Song" to get us into a festive mood. There will be music, sing-alongs plus a few surprises. Light refreshments will be served. Show begins at 7:00pm. Tickets: \$5.00.

Wednesday, December 13: Senior Centre holds its final "Evening Euchre Party" this year! Come along at 7:30pm for great socializing, keen competition and just plain fun! Prizes awarded. Admission: \$2./person

Monday, December 4: Photo Sale! Many of the photos staff take over the years will be available to purchase today! Come by our front lobby today for your favorite pics. Cost: 1 picture \$.25; or 3 for \$.50.

Wednesday, December 13: Come along to the Centre's annual "Christmas Party Social" and get into the festive spirit! There will be music and carol singing by the "Song Spinners Choir", light entertainment plus a delicious Turkey Luncheon with all of the trimmings. Time: 12 noon. Tickets: \$8./person now available at reception.

Monday, Dec. 4: It's "Seniors Day at the Mall"! Come out for all the festivities - meet and greet, play "Seniors Bingo" and enjoy Christmas shopping values.

Friday, December 23: The Seniors Centre will close its doors on 2000 and open once again bright and early on Tuesday, January 2, 2001 to start a new year!

Wednesday, Dec. 6: The Centre's Computer Club meets today at 1:30pm in the Lounge. Today's topic will be "How to have Fun on your Computer" and we will look at various games and activities while we socialize and enjoy a pot-luck Christmas Party. Come along at 1:30pm for fun and food!

Sunday December 31: It's the last event at the Centre in 2000! Come along to the Centre's "New Years Eve" Party at the Senior Centre. Doors open at 8:00pm for a super social evening of festivities including cards & games, buffet luncheon, sing-a-long, and a view of Times Square on our giant TV screen as the year winds down. Call the Centre for more information 875-1681.

Thursday, Dec. 7: (and every Thursday) "Seniors Cinemas" 1:30pm at Seniors Centre. \$1. Admission includes refreshments. Feature performances below.

Monday, Dec. 11: Our last fabulous "Casino-Rama" excursion to Orillia for 2000. Come along for all the fun and excitement, a great buffet and the opportunity to hit it big! Hey, bring a friend! It's only \$2.50 each! Call Centre 875-1681 to sign up today!

"Seniors Cinemas"
 Dec. Performances at the Senior Centre
 Thursdays, starting at 1:30pm.

December 7 - Mousehunt
December 14 - Toy Story 2
December 21 - Frequency

Tuesday, Dec. 12: The Seniors "Lunch Bunch" group holds its monthly get together at a local eatery. Join them to meet new friends, enjoy good eats and hear the best news in town! Time: 12 noon. Call Centre 875-1681 for December location.

Fall Programs Include: Bridge, Learn to Play Bridge, Euchre, Cribbage, Bingo, Table Tennis, Snooker, Darts, Shuffleboard, T'ai Chi, Qi-Gong, Line Dancing, Clogging, Folk Art, Bunka Japanese Embroidery, Oil Painting, Ceramics, Drop-in Oil Painting, Spanish, Personal Life Stories/Writing Your Memoirs and Senior Cinemas. Additional Activities Include: Library, Bus tours, Lunch Bunch, Diners Club, Kitchen Band, Computer Club, Friendship Club, Folk Art Club, Soft Wood Carving Club, Song Spinners Chorus, Craft Club plus Special Events & Fundraisers.

THE ABOVE INFORMATION IS SUBJECT TO CHANGE AND LIMITATIONS.
For further details on activities at the Milton Seniors Activity Centre, Call (905) 875-1681

Get better with age... naturally!

Come In & See What We Have For You!

10% SENIOR'S DISCOUNT
 Any day. Any time

nutrition house
 Come home to wellness

Milton Mall
 55 Ontario St. S.
(905) 693-8942

For more information visit our website:
 www.nutritionhouse.com

"Have you done anything about your loose dentures yet?"

Milton Denture Clinic

NO REFERRAL NEEDED
 Call us direct
LAB ON SITE

- 1 HOUR REPAIRS
- IMMEDIATE DENTURES
- SAME DAY RELINES
- SOFT LINERS

153 MAIN ST. E., MILTON (BESIDE CIBC)

HOURS:
 Mon-Wed 9-6
 Thurs 12-8
 Fri 9-12

876-2000

Zellers

SHOP ZELLERS MILTON FOR CLUB Z POINTS

STOP IN AND VISIT OUR PHARMACY

MILTON MALL
 55 ONTARIO ST.
878-8178
 Hours: Mon. - Fri. 9:00 - 9:00
 Sat. 8:00 - 6:00 Sun. 12:00 - 5:00

Charley FitzWhiskey's TAP & EATERY

55 Ontario St. N. **878-6697**

50's & 60's music
5pm - Close

Every Wednesday is Seniors Day
25% OFF
 all menu items
 (excluding alcohol)
 Noon until closing