



Cut from Can Triple A Beef Aged 21 days

# OUTSIDE ROUND STEAK ROAST

## \$2.69

lb.

Product of USA

# LARGE CRISP HEAD LETTUCE

99¢ ea.

Product of USA

# FRESH BRUSSEL SPROUTS

99¢ Lb.

REGULAR

# JAVEX BLEACH

## 1.69

5 Litre

KRAFT, SMOOTH, CRUNCHY, LIGHT, EXTRA CREAMY

# PEANUT BUTTER

## 2.99

1 Kg

REG OR DIET

# COKE or CANADA DRY

## 99¢

2 Litre

<i>Produce</i> Product of USA <b>Florida Sweet Juice Granges</b> . . . 5 lb bag <b>2.99</b> bag	Product of P.E.I. <b>10 lb. Potatoes</b> . . . <b>1.99</b> bag
Product of Ontario <b>2 lb. Cooking Onions</b> . . . <b>69¢</b> bag	Product of USA, Size 32 <b>Large Florida Red Grapefruit</b> . . . <b>3/1.99</b>
Product of USA <b>Sweet Honey Tangerines</b> . . . <b>1.49</b> lb.	Product of USA <b>Fresh Regular Cucumbers</b> . . . <b>2/99¢</b>
Product of Ontario <b>Fresh Leeks</b> . . . . . <b>1.69</b> bunch	Product of Ontario <b>Fresh Waxed Turnips</b> . . . . . <b>49¢</b> lb.
Product of Ontario <b>Fresh Raddichio</b> . . . <b>1.99</b> lb.	Product of Ontario <b>3 Lb. bag Assorted Apples</b> . . . . . <b>1.99</b> bag

Reg, Extra Fresh <b>Fleecy Fabric Softner</b> . . . . . 5 Litre <b>3.99</b>
From Concentrate Natural <b>Motts Apple Juice</b> . . . . . 1.82 Litre <b>1.99</b>
Assorted Varieties <b>Orval Redenbacher Microwave Pop Corn</b> . . . . . 452-594 gr <b>3.99</b>
Assorted Varieties <b>Kraft Cheeze Whiz</b> . . . . . 500 gr <b>3.49</b>
Reg, Light, Ultra Light <b>Philadelphia Cream Cheese</b> . . . 250 gr brick <b>1.99</b>
Assorted Varieties <b>Philadelphia Soft Cream Cheese</b> 250 gr brick <b>1.99</b>
<b>OUR VERY OWN Butter</b> . . . . . 1 Lb. <b>2.99</b>
Assorted Flavours <b>Jell-O Jelly Powders</b> . . . . . <b>5/1.99</b>
Kellogg's <b>X-Treem Breakfast Cereal</b> . 450 gr <b>2.99</b>

<i>Meat</i> Cut from Canada Triple A Beef <b>Sirloin Tip Roast</b> . . . . . <b>2.99</b> lb.	Cut from Canada Triple A Beef <b>Inside Round Steak Roast</b> . . . <b>2.99</b> lb.
Cut from Canada Triple A Beef <b>Eye of the Round Roast</b> . . . . . <b>3.49</b> lb.	Cut from Canada Triple A Beef <b>Rump Roast</b> . . . . . <b>3.29</b> lb.
500 gr <b>Western Bacon</b> . . . . . <b>2.49</b>	<b>Fresh Chicken Drum, Thighs</b> . <b>1.49</b> lb.
<b>Tenderized Cube Steaks</b> . . . . . <b>3.49</b> lb.	<b>Norwich Packers Corned Beef</b> . . . . . <b>3.99</b> lb.

<i>Bakery</i> <b>Buttertop Bread</b> . . . . . <b>1.49</b>
<b>Vienna Stick</b> . . . . . <b>99¢</b>
<b>Hot Cross Buns</b> . . . . . <b>1.79</b>
<b>Pies Assorted Flavours</b> . . . . . <b>3.59</b>

<i>Deli</i> National Cheese <b>Mild or Medium Gouda</b> . . . . . <b>1.79</b> 100 gr	Mastro <b>Mild or Hot Genoa Salami</b> . . . . . <b>1.59</b> 100 gr	Casa Italia <b>Prosciutto Cotto</b> . . . . . <b>99¢</b> 100 gr
<b>Imported Swiss Cheese</b> . . . . . <b>1.59</b> 100 gr	<b>Roast Beef</b> . . . . . <b>99¢</b> 100 gr	Bittner's <b>Honey Maple Ham</b> . <b>99¢</b> 100 gr

Prices in effect from Tuesday, November 14, until Monday November 20, 2000  
 WE RESERVE THE RIGHT TO LIMIT QUANTITIES  
 • WE DELIVER • Seniors 5% Discount Mon-Wed

MON. - WED. 8:00 A.M. to 8:00 P.M.  
 THURS. - FRI. 8:00 A.M. to 9:00 P.M.  
 SAT. 8:00 A.M. to 7:00 P.M.  
 SUN. 10:00 A.M. to 6:00 P.M.

# 876-4496