

For  
goodness  
sake . . .



A good health  
tip from  
Milton District  
Hospital

**AAAAACHOOOO!**  
**It's the flu!!!**

It's time to roll up your sleeves and fight the flu! The flu is a highly contagious respiratory disease caused by a virus. Anyone can get influenza but some people have a greater risk of it becoming a serious or even life-threatening illness. The Halton Region Health Department is offering free flu shots to anyone with certain medical problems or a chronic illness, people who are 65 years old and over, and health care and emergency service workers in Milton at the following location:

**Wednesday, October 25th**  
**10 a.m. to 6 p.m.**  
**Milton Seniors' Activity Centre**  
**500 Child's Drive**  
**Milton**

Your family doctor will be able to provide you with more information about flu shots. For more information about the Region's 2000 Influenza Immunization Program please call the Halton Region Health Department Flu Line at (905) 825-6158, TTY (905) 827-9833.

"For goodness sake"  
is brought to you courtesy of



**Halton Healthcare**  
S.E.R.V.I.C.E.S

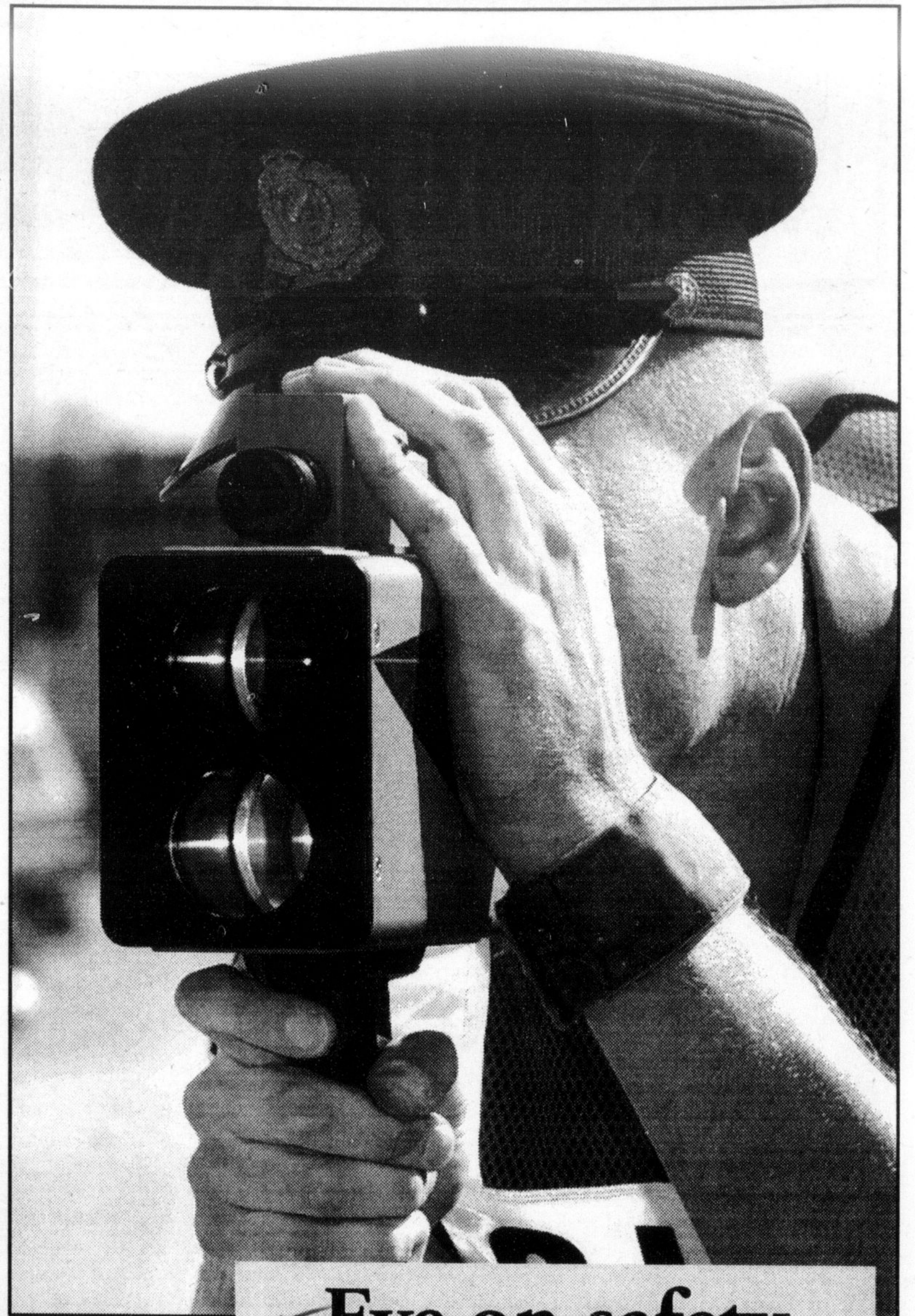
and

**The Canadian Champion**

LOOK  
for your  
**COVERS  
FLYER**



in  
**TODAY'S  
PAPER**



**Eye on safety**

Halton Regional Police were out in full force during a recent weekend safety blitz to curtail speeders and increase seatbelt compliance. Here, Constable Bruce Hasenbacher is seen using a Lidar laser on Martin Street.

Photo by GRAHAM PAINE

**Educational Resources**



**Millennium  
Multimedia  
Fair**

Thursday,  
October 19, 2000  
12:30 - 8:30 p.m.

**Open to the public, parents and students**  
**-- FREE ADMISSION --**

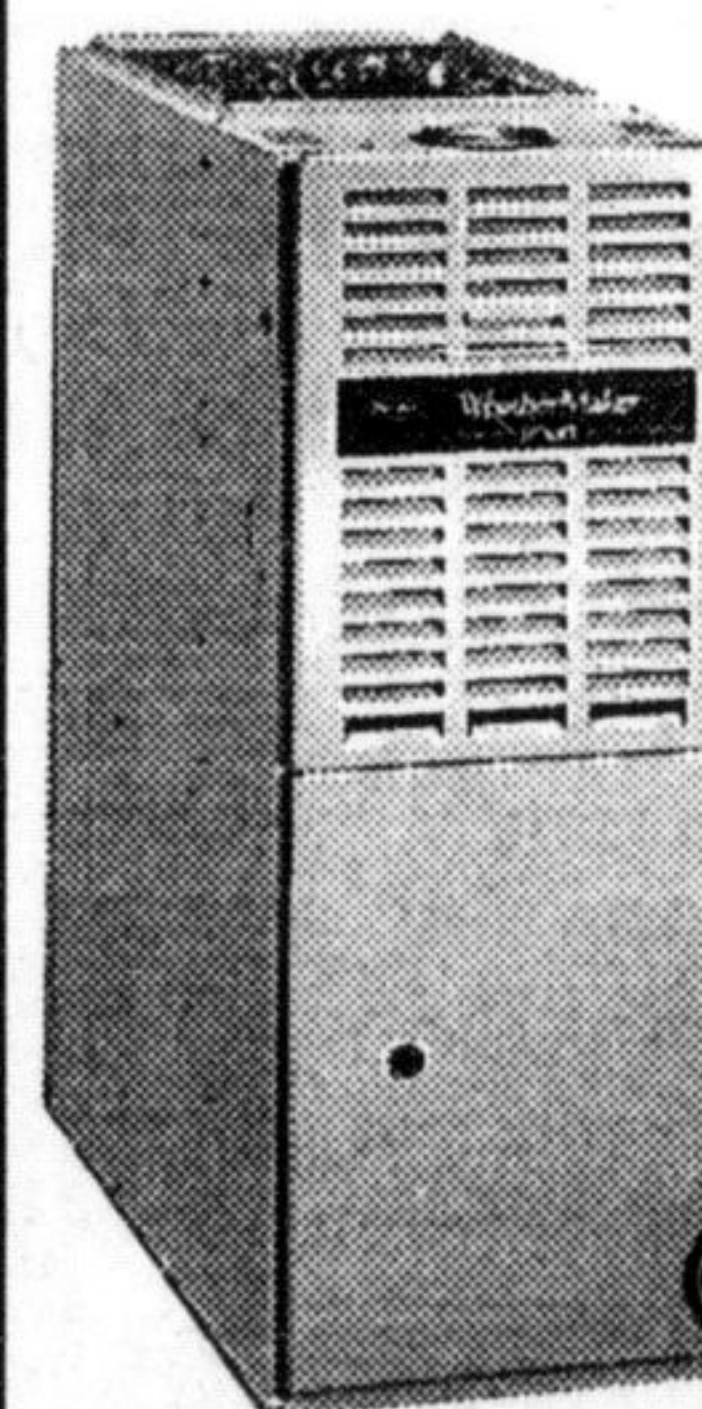
St. Volodymyr Cultural Centre  
1280 Dundas St. W. (Hwy. 5) Oakville  
(Plenty of Free Parking)

**Organized and Sponsored by the  
Halton District School Board**

**ph: 905-335-3665 x3216 or 2222**  
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VISIT OUR SHOWROOM MON-FRI 10-9, SAT 9:30-6  
Georgetown Marketplace Mall  
(905) 876-1020

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