



Product of USA, Large

BAKING POTATOES



39¢ lb

Canada Grade A **FRESH**

TURKEYS
All Sizes Available

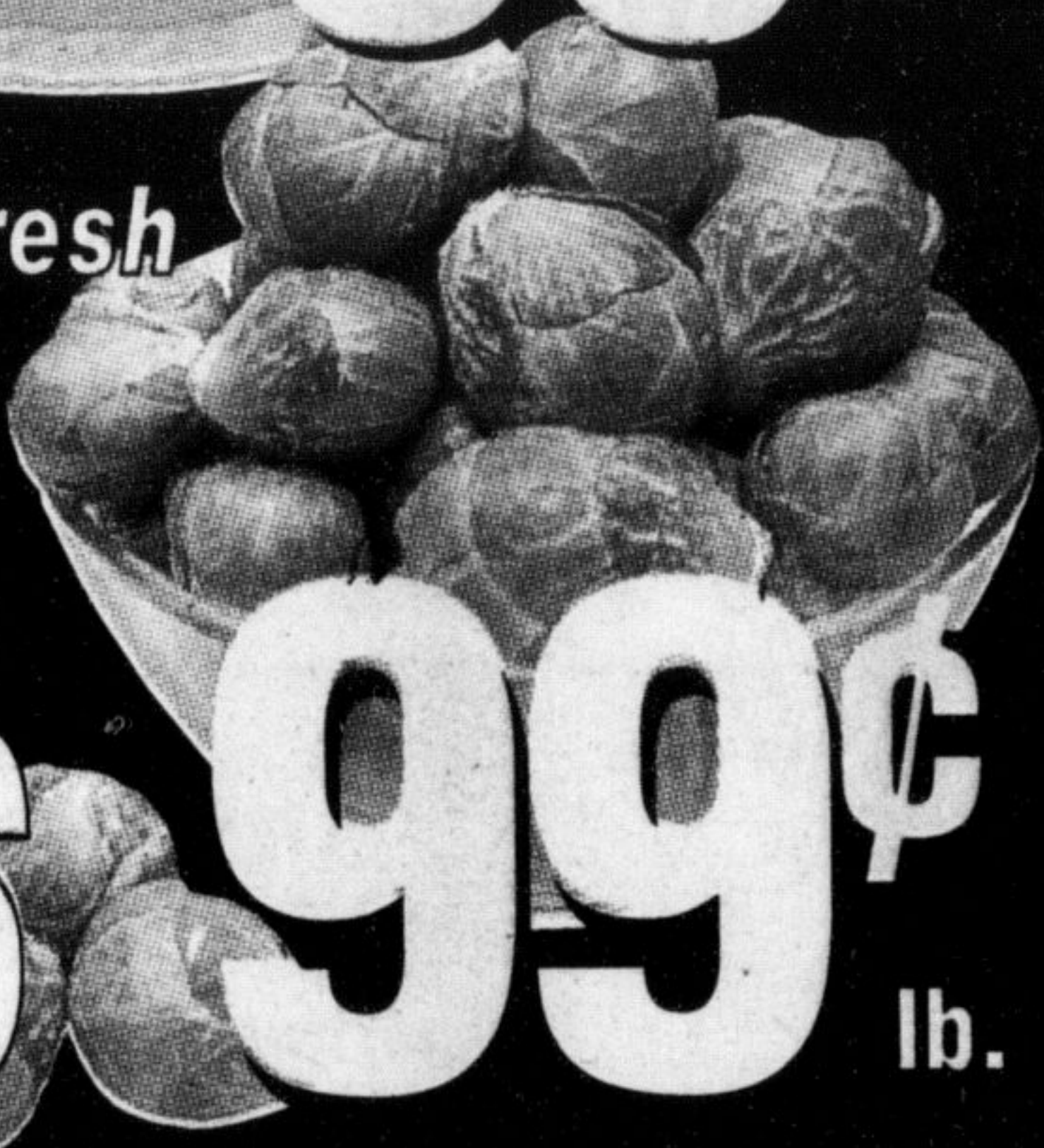
1.99 lb.
up to 16 lbs. **2.29** lb.
16 lbs. & Up

Product of USA
FRESH CRANBERRIES

1.69
12 oz / 340 g

Product of USA, Fresh

BRUSSEL SPROUTS



99¢ lb.

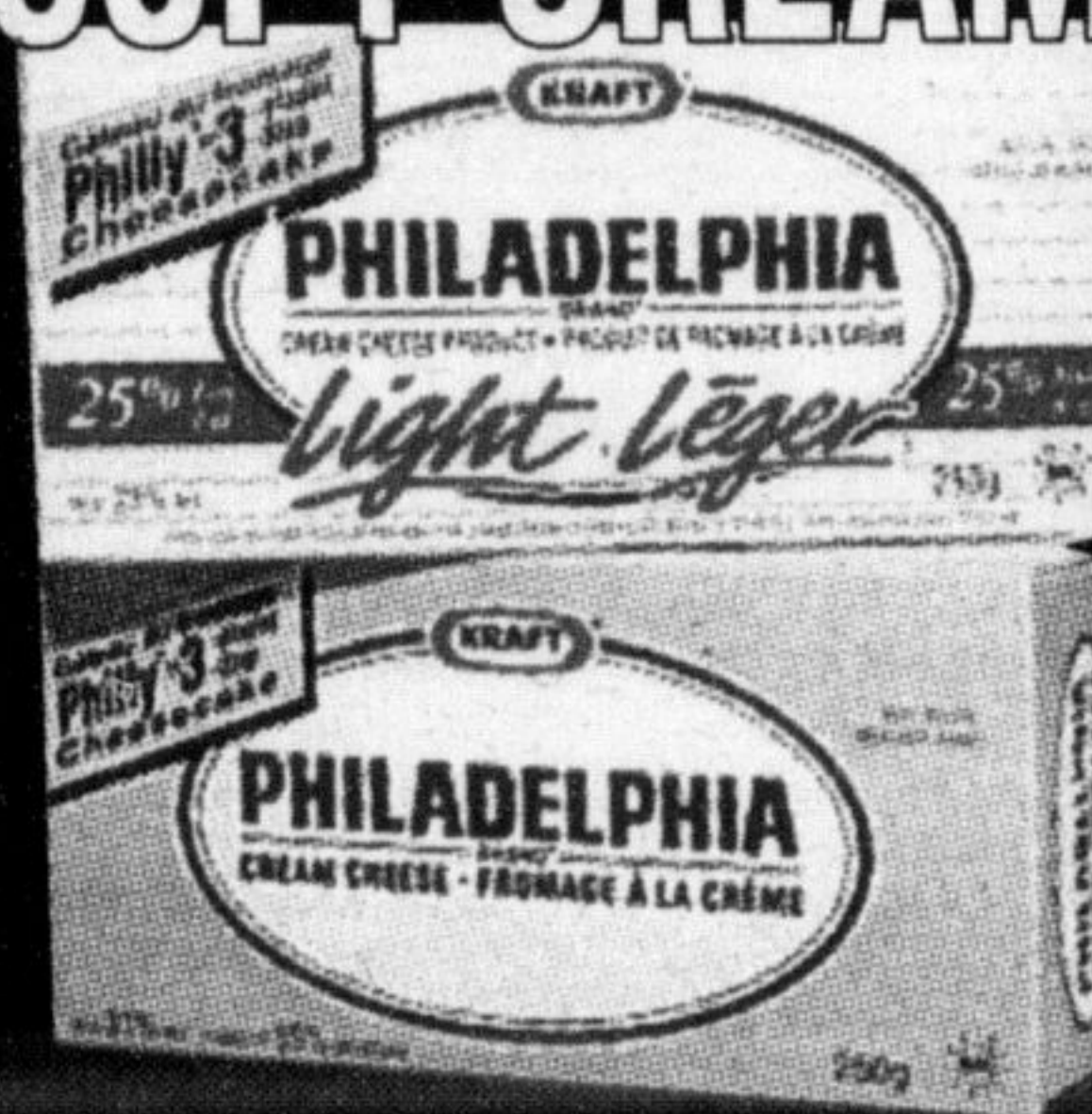
DEL MONTE ASSORTED VARIETIES CANNED VEGETABLES

59¢ 398 ml



PHILADELPHIA CREAM CHEESE BRICK OR SOFT CREAM CHEESE

1.99 250 ml



PARLOUR ASSORTED FLAVOURS ICE CREAM

2.99 2 Litre



Produce

Product of USA
Crisp Head Lettuce **99¢** ea.

Product of Ontario
Fresh Green Onions **2/99¢**

Product of USA
Sweet Large Seedless Oranges **79¢** lb.

Product of Ontario
Large Regular Cucumbers .. **2/99¢**

Product of Canada
Ripe On The Vine Tomatoes **1.99** lb.

Product of Italy
Sweet Italian Grapes **1.79** lb.

Product of Ontario
Waxed Turnips **39¢** lb.

Organically Grown, Fresh
Large Variety of Herbs **1.29** bunch

Product of USA
Fresh Avocado **79¢** ea.

Product of USA
Sweet Black Plums **99¢** lb.

Bakery

Pumpnickel Bread **1.49**
San Francisco Sour Dough Bread . **1.79**
Whole Wheat/White Dinner Rolls . **10/1.99**
Pumpkin Pie & Assorted Flavours . **3.59**

Franco American, Assorted Varieties
Gravies 284 ml **79¢**
Kraft, Mild, Med, Marble, Light, Mozzarella
Cheddar Cheese Blocks 600 g **4.99**
Post Fruit & Fibre or Honey Bunches & Oats, Assorted Varieties **2/5.00**
Breakfast Cereal 450 g **2.50**
Pillsbury Flaky
Dinner Rolls 340 g **99¢**
Ocean Spray, Reg, Light, Assorted Varieties
Cranberry Cocktail 1.89 liter **2.99**
Kraft, Reg or Light, Tex Mex
Cheez Whiz 500 g **3.49**
Old South, Assorted Varieties
Frozen Orange Juice 355 ml **99¢**
Green Giant, Assorted Varieties
Frozen Vegetables 1 kg **1.99**
Stuff n Such, Assorted Varieties
Stuffing Mix 120 g **1.29**
Maxwell House, Assorted Varieties
Coffee 300 g **2.79**
Del Monte, Slice, Bits, Chunks, Crushed
Pineapple 398 ml **99¢**
Stove Top, Assorted Varieties
Stuffing Mix 120 g **99¢**
Dairyland, Reg or Light
Sour Cream 500 g **1.69**
Dairyland
Half & Half or Table Cream.... 1 liter **1.99**

Meat

Half Hams **3.99** lb.

Fresh Can Grade A 5-6 lb average
Roasting Chicken **1.79** lb.

Excess bone & fat removed. Smoked
Bone-in Ham **1.99** lb.

J.M. Schneiders
Bacon 500 g pkg **3.69**

Sweet pickled & rolled in cornmeal
Center Cut Peameal Bacon **3.99** lb.

Chef Style
Prime Rib Roast **6.99** lb.

Pork
Breakfast Sausage **1.49** lb.

Boneless, Center Cut
Pork Loin Roast **4.99** lb.

Deli

National Cheese
Creamy Havarti **1.10** 100 gr
Cheddar Cheese Mild, Med, Old **1.10** 100 gr
Mastro
Rosemary Roasted Ham **1.19** 100 gr
Bittner
Beef Pastrami **99¢** 100 gr
Salad from Rosa's Kitchen
Old Fashioned Potato **89¢** 100 gr

Prices in effect from Tuesday, October 3, until Monday October 9, 2000
WE RESERVE THE RIGHT TO LIMIT QUANTITIES
• WE DELIVER • Seniors 5% Discount Mon-Wed

MON. - WED. 8:00 A.M. to 8:00 P.M.
THURS. - FRI. 8:00 A.M. to 9:00 P.M.
SAT. 8:00 A.M. to 7:00 P.M.
SUN. 10:00 A.M. to 6:00 P.M.

876-4496