Show jumper earns another trip to the Washington Nations' Cup

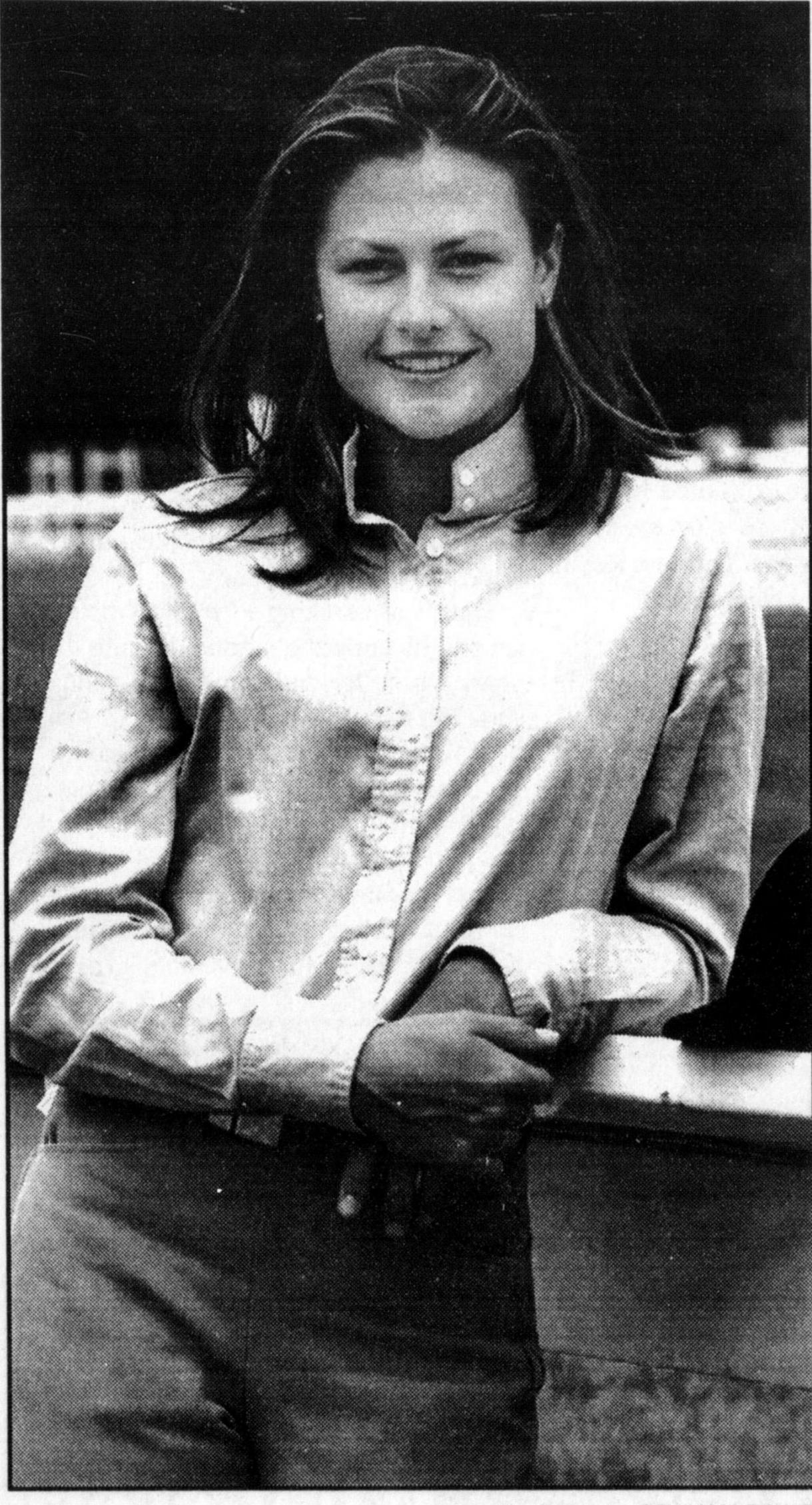


Photo by GRAHAM PAINE

Milton's Ainsley Vince is hoping to finish off her 2000 equestrian season on a strong note. She'll get the chance next month at the Washington International Horse Show Nations' Cup.



Caring Today, Growing for Tomorrow



Did you know?

- 1 in 9 Canadian women will develop breast cancer in their lifetime.
- Over 80% of all breast cancers are discovered by women themselves.

attend a free breast self-examination workshop:

MAMMACHECI

Wednesday, Oct 4, 2000. 7:00 - 9:00 pm

Upstairs at Loblaws, Milton 75 Nipissing Road

This workshop incorporates the following:

- video presentation
- practice with silicone breast models
 - discussion
- instruction pamphlet

Call 338-4379 to reserve a seat.

A community project sponsored by Zonta Club of Burlington 1 Breast Cancer Support Services

By STEVE LeBLANC

The Champion

The Olympics may have proved elusive, but another form of international competition couldn't slip through her fingers.

Miltonian Ainsley Vince — who last year forced Canada's equestrian federation to sit up and take notice with a breakthrough season in the ring — has been named to the four-member Nations' Cup team for next month's Washington International Horse Show.

Along with trusty partner Catch 22, Trinity Farms' 10-year-old Dutch warmblood gelding, the 24-year-old show jumper will look to rebound from a less than stellar performance during her debut in Washington last year.

Canada's 2000 foursome will be rounded out by John Anderson of Calgary, Frankie Chesler of Orangeville and Jonathon Millar of Perth — who along with Vince will do battle

see VINCE on page 22

MONTH OF PRAYER

THE SALVATION ARMY
MILTON COMMUNITY CHURCH
100 NIPISSING RD. UNIT #3

Every night during the month of October the church will be open to the community for prayer from 7:00 pm - 9:00 pm. There will be someone here every evening to provide assistance or, pray with you if you desire. There is also room to pray on your own, in groups or however the Spirit leads.

Come and pray for your family, friends, your church, pray that God would have His way in this community and that we would see it brought to Him.

If you would like more information, please call the Church office at 876-2420.

The prayer of a righteous main is powerful and effective. James 5:16



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