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THE HEARTBEAT OF OUR COMMUNITY

### **NEWS AND INFORMATION FROM MILTON DISTRICT HOSPITAL**

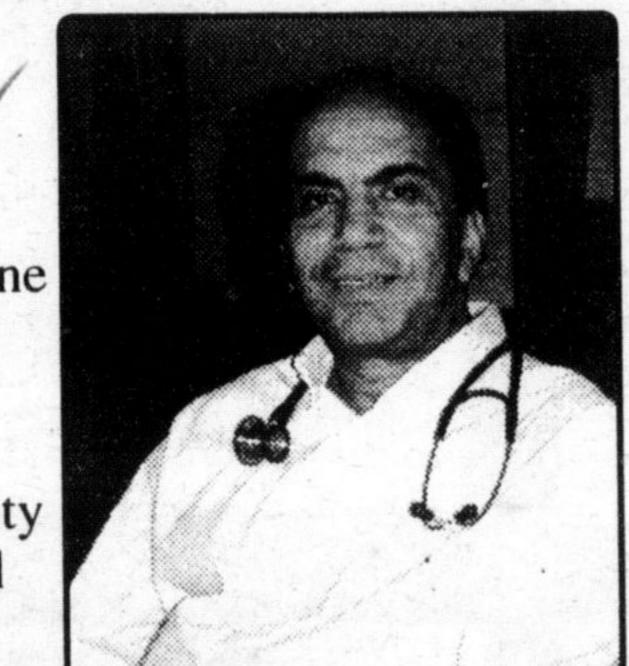
We would like to thank our sponsors, Halton Automotive, Bill Currie, Bob (Pie) Lee, McCuaig Insurance Ltd. and McKersie-Kocher Funeral Home Ltd. for their wonderful support and generosity.

# HIASIPHIAL

#### MDH Welcomes ...

#### Dr. Sawhney, Internist

Meet Dr. Gulshan Sawhney, one of our new specialists, who recently joined the MDH medical staff. Dr. Sawhney comes to the Milton community from Highland View Regional Hospital in Amherst, Nova Scotia. Graduating from



Dalhousie University as an Internist in 1991. Dr. Sawhney has a special interest in Gastroenterology as well as Cardiology. In addition to his work as an Internist, he will be providing Cardiac Echo and Pacemaker Services at MDH. Dr. Sawhney and his family look forward to getting involved in the community. Please join us in welcoming Dr. Sawhney.

# Nothing To Sneeze At



It's fall and we're heading into the Flu Season. Once again it's time to roll up your sleeves for that flu shot. Getting a flu shot will help prevent you and the ones you love from getting sick.

The flu is a highly contagious respiratory disease caused by a virus. Anyone can get influenza but some people have a greater risk of becoming a serous or even lifethreatening illness.

Contrary to popular belief, you cannot get the flu from the flu shot. Your family doctor will be able to provide you with more information about flu shots. Stay tuned for more information on where you can get your flu shot in the community.

#### Free Health Seminars

Free breast self-examination workshop

## Mammacheck

Wednesday October 4, 2000 7 - 9 pm

**Upstairs at Loblaws** 

### Stressed Out & Loving It!!!

Seminar with Sharron Stasuik Tuesday, November 28 7:00 pm Milton

To reserve a seat or obtain more information, please call (905) 338-4379. Seating is limited.

# FROTINE ATERNA



## YOU COULD WIN THE HOME OF YOUR DREAMS

## the car of your dreams, or the trip of a lifetime

Drop on over to the Foundation office Monday to Friday and purchase a chance to win a fabulous prize. Tickets are only \$40 each or 3 for \$100. You have 1 in 29 chances of winning. Remember, to be eligible for the early bird draw you must purchase your ticket by November 3rd, 9 p.m. Final Draw cut-off is November 17th at 9 p.m. A portion of the proceeds will benefit MILTON DISTRICT HOSPITAL.

# FORE!



The sun smiled down on us and gave us a perfect day for MDH's inaugural golf tournament held on Monday, September 11th. Thanks to all those who supported and/or participated in the event The fun filled day raised approximately \$10,000 for Milton District Hospital.

Carol and Murray Wilson

# Milton District Hospital Foundation [ 1777 ENE THISNE OUR THOUSED THANK TO "-

#### THANKS TO THE ORGANIZERS OF ....

Leslie Wells Slowpitch Tournament which raised \$5,122.90 for MDH

Foundation Co-ordinator, Donna McLaughlin; Leslie Wells' Tournament organizers, Matt Townsend, Shane Bailey and Mark Ollerenshaw

# AUXILIAR

#### THANKS TO .....

all who supported the "Many Faces of Fashion" at Rattlesnake Point Golf Club on Sunday, September 24th. It was an outstanding success!

# MARK YOUR CALENDARS.....

for the event of the year. "A CELEBRATION OF STARS"

The Auxiliary and Foundation will jointly be celebrating its anniversaries on Friday, October 27th at Granite Ridge Golf Course. This wonderful evening will consist of a champagne cocktail reception, dinner wine and a delicious meal followed. Musical entertainment will be offered by Thornhill Swing Band, Bill & Dianne's DJ Services and Lorne Greenwood. Formal attire. Tickets are \$50 each or \$400 for a table of 8. For information contact the Foundation office at 876-7014.

#### ANNUAL CHRISTMAS CRAFT SALE AND LUNCHEON will be held at MDH on on Friday, November 17th between the hours of 10 a.m. and 6 p.m. Father Mark Curtis will be available to sign his latest CD and cassette, "The Bridge to Us All" at 2 p.m.



#### MILTON MALL'S CRAFT SALE



will be on Saturday, November 25th. MDHA's Junior Volunteers will be offering a bake and craft table.

#### CONGRATULATIONS.....

to MDH Auxiliary member, Sheila Raspberry. Sheila was selected to be "Terry's Teammate 2000" for the Terry Fox Run held on September 17th.

MDH Auxilary Member Sheila Rasberry



MILTON DISTRICT HOSPITAL Quality Care for a Healthier Community.