

Dateline

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Milton Toastmasters hosts its **Humorous Speech and Impromptu Speech** contests at the Milton branch of the Royal Canadian Legion, 21 Charles St., at 7:30 p.m. Guests are welcome. For more information call 875-3720.

The Canadian Mental Health Association offers **Separated**, a 10-week self-help program for recently separated men and women at 7 p.m. in Oakville. The cost is \$70. To register call 693-4270.

Canadian Calorie Counters, which provides information and support during weight loss, meets from 6:30 to 8 p.m. at the Milton Community Resource Centre, 917 Nipissing Rd. For details call Thomasena at 878-5322 or Lenore at 878-0622.

The Trillium Photographic Club invites people to **Slide Clinic Number One** — a great opportunity for people to discover what does and doesn't make a good photograph. The meeting begins at 8 p.m. at East Plains United Church, 375 Plains Rd. E., in Burlington. For more information call Marilyn Chayka at 634-7755.

A **Parent Support Group** meets at 7:30 p.m. at Pinelands Presbyterian Church, 5270 New St., in Burlington. This non-denominational, self-support group with trained leaders, helps parents of children who are in trouble at home, at school or with the law, or who are abusive or taking drugs. Call 1-800-488-5666 for more information.

Learn to write a resumé, cover letter and contact card at the Milton Human Resource Centre, 310 Main St., suite 106. For

details call Maggie at 876-9828.

Wellspring Halton-Peel, 2545 Sixth Line, in Oakville hosts a **drop-in peer support group** from 10 a.m. to 2 p.m., a **reiki program** from 9:30 a.m. to noon, and an **introduction to journaling (drop-in) program** from 1 to 3 p.m. For details call 257-1988.

Wednesday Sept. 27

Mothers Who Care — an international ministry of women, under the umbrella of Campus Crusade For Christ — holds a rally at Southside Community Church, 2850 Derry Rd., from 9:30 to 11:30 a.m. For details, call Shirley at 878-2630.

Everyone is invited to attend a free seminar entitled **Thyroid Disease: Diagnosis and Treatment Options** at 7 p.m. at Oakville-Trafalgar Memorial Hospital. The speaker is Dr. Rosenthal, endocrinologist. Call 338-4379 to reserve a seat.

The Canadian Cancer Society and Halton Healthcare Services

— Oakville-Trafalgar Memorial Hospital — holds a **free thyroid disease seminar** at 7 p.m. Exhibits and refreshments begin at 6:30 p.m. followed by speaker Dr. Rosenthal. Call 338-4379 to register. Interpretive services are available for the deaf at e-mail: cpopp@otmh.on.ca or fax 878-0498.

The Halton Alcohol Drug and Gambling Assessment Prevention and Treatment Program hosts its **annual meeting** at 6 p.m. at the Holiday Inn in Burlington.

Canada's Association for the Fifty Plus Halton chapter hosts its monthly meeting at 7:30 p.m. at the Holiday Inn, 3063 South Service Rd. The topic is **how to safeguard yourself and your investments against fraud**. Guest speakers are representatives of the Ontario Securities Commission and police.

The **Travel Bugs Club** meets to discuss comments from its September and October newsletter at 1 p.m. in the library of the Milton Seniors' Activity Centre, 500 Childs Dr.

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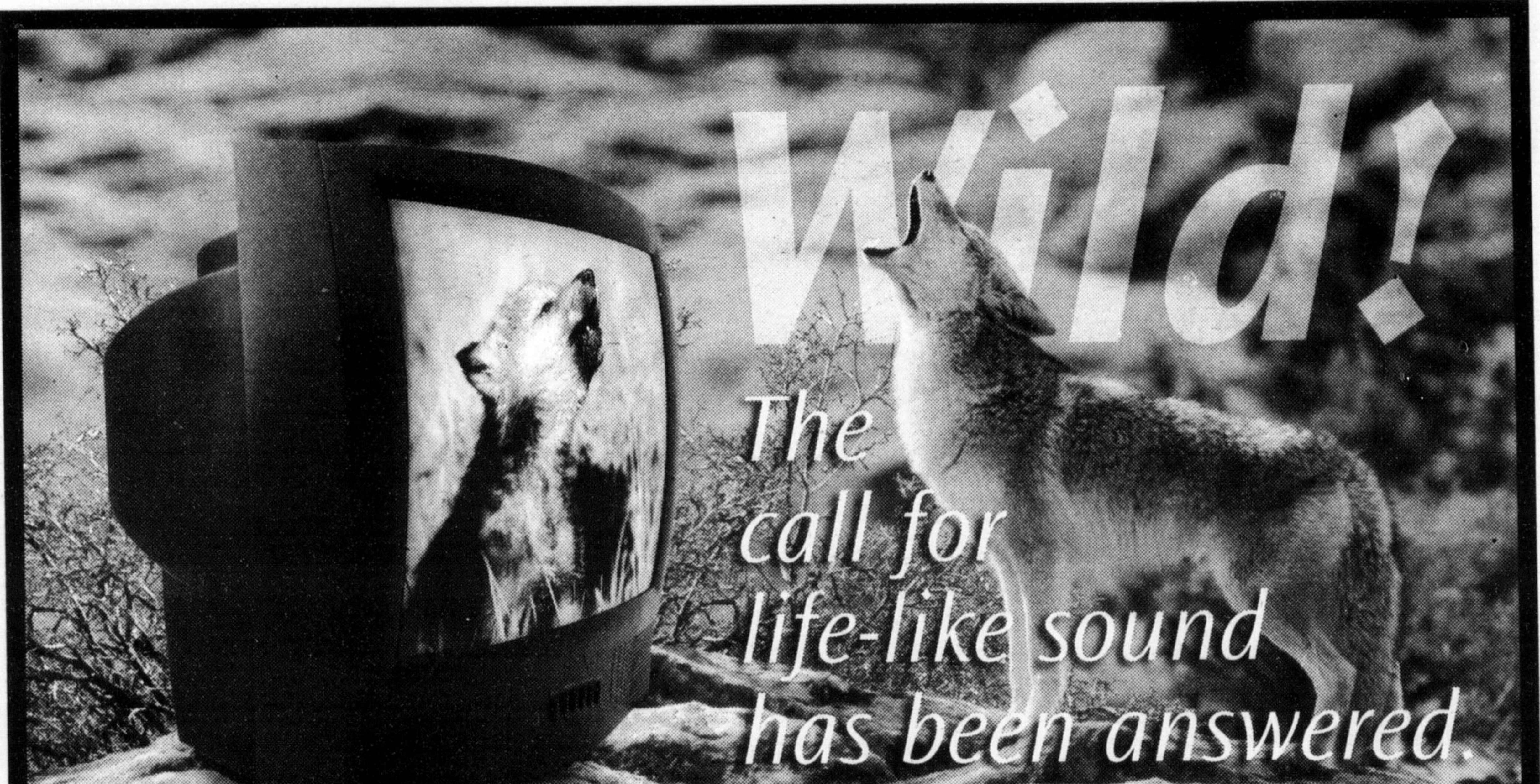
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