

Dateline

Notices for Dateline should be handed in at the office of The Champion, 191 Main St. E., mailed to P.O. Box 248, Milton, Ont., L9T 4N9, or faxed to (905) 878-4943. The final deadline is noon Friday for Tuesday's edition and noon Wednesday for Friday's edition. Dateline items will not be accepted by telephone.

Friday Sept. 22

The Milton HRDC Resource Centre hosts an **informal training workshop** from 1 to 2 p.m. A question and answer period follows. To register call 876-9828.

Milton Concert Presentations offers **'An Evening of Gilbert and Sullivan'** at 8 p.m. The 15th season opener includes songs from the Mikado, HMS Pinafore and the Pirates of Penzance. Tickets cost \$25 for adults and \$20 for seniors and students. Tickets for all five concerts in the 2000-01 series are \$89 for adults and \$65 for seniors and students. Tickets can be purchased at the door or by calling 878-2432 or 878-4604.

Wellspring Halton-Peel, 2545 Sixth Line, in Oakville hosts a **drop-in peer support group** from 10 to 2 p.m. and a **drop-in relaxation and visualization program** from 11 to 12:30 p.m. For details call 257-1988.

Friday Sept. 22 - 24

Milton Public Library registration for its various **pre-school programs**, which include Babytime, Tales for Two's, Pre-school Storytime and Teddy Bear Time. For further information on specific programs, drop in the library or call 875-2665.

Saturday Sept. 23

The Ladies of the Milton Bible Church host a

craft and bake sale at the Milton Farmer's Market. All proceeds from the homebaked goods and crafts go to the church's building fund.

The Milton Seniors' Activity Centre hosts a **bake sale** at the Milton Farmers' Market from 8 a.m. to noon.

Milton Baptist Church, 900 Nipissing Rd, hosts a **garage sale, bake sale and barbecue** from 8:10 a.m. to 1 p.m. For details call 875-1626.

Saturday Sept. 23 - 24

Country Heritage Park, formerly known as the Milton Farm Museum, hosts its **17th Annual Fall Craft Show** from 9 a.m. to 4 p.m. The Gambrel Barn features the work of more than 120 artisans. The event also features easy-listening music, food and an excursion of the heritage park by wagon ride. The park is located at 8560 Tremaine Rd. Admission is \$4. For more information call 1-888-307-FARM (3276).

Learn how to prevent injuries and deliver first aid and CPR with the **Canadian Red Cross' Emergency and Standard First Aid Course**. To register or for details call 875-1459.

Sunday Sept. 24

The Halton-Peel branch of the **Ontario Genealogical Society** hosts a meeting at the Chinguacousy Branch Library, lower level, 150 Central Park Dr., in Brampton at 2 p.m. Visitors are welcome. The guest speaker is John Rutherford who does an impersonation entitled 'A visit from John Graves Simcoe'. For details call 843-2077.

Register your children for a number of programs at Milton Public Library, 45 Bruce St. Classes begin October 10. **Babytime** is for children aged 6 to 23 months and an accompanying adult, while **Tales for Two** is a program for chil-

dren 2 years of age and older with an accompanying adult. **Preschool storytime** is for children 3 to 5 years old.

Join the Milton District Hospital (MDH) Auxiliary for a **luncheon and fashion show** at Rattlesnake Point Golf Club. Fashions from Jo'leens, Dorothy's and Cypress Intimate Apparel as well as the MDH gift shop are featured. There's also door prizes, raffles and entertainment. Tickets cost \$40 and can be purchased at the Genuine Gold Connection, Cypress and Jo'leens. Tables of eight are available.

Join the Halton branch of the Lung Association for the **Clean Air Challenge**, its annual bike trek through the scenic Glen Abbey trails. People can either collect pledges or pay a set fee. Register with the Lung Association (847-1033 or e-mail at halton@on.lung.ca), Oakville Cyclepath or the Fire Hall Restaurant, 2441 Lakeshore Rd. W.

Monday Sept. 25

Southside Community Church, 2850 Derry Road, offers a **30-week course on the Book of John** from 7 to 8:30 p.m. All women are welcome. The course costs \$15. For more information call 878-5664.

Drop-in to the Milton Community Resource Centre, 917 Nipissing Rd., from 9:15 a.m. to noon. Children and adults are invited to play and socialize. Call 876-1244, ext. 12, for details.

The **Halton Hills Quilters Guild** meets at Centennial Middle School in Georgetown at 7:15 p.m. For information call Wendy McHugh at 833-0483.

Mother Goose is for parents and their babies and focuses on the pleasure and power of rhymes, songs and stories. The program runs from 1 to 2 p.m. at the Milton Community Resource Centre, 917 Nipissing Rd. Call 876-

1244, ext. 12.

Learn to write a resumé, cover letter and contact card at the Milton Human Resource Centre, 310 Main St., suite 106. For details call Maggie at 876-9828.

Music, games, songs and exercising are the focus of the pre-school **'Jumpin and Jammin'** program that runs from 1 to 2:15 p.m. at the Milton Community Resource Centre, 917 Nipissing Rd. While having fun, children learn skills such as listening, speaking, counting, singing, moving and participating with a group. Call 876-1244, ext. 12, for details.

Wellspring Halton-Peel, 2545 Sixth Line, in Oakville hosts a **drop-in peer support group** from 10 a.m. to 2 p.m., **reiki** from 9:30 a.m. to noon, **drop-in introduction to Qi Gong and Qi Gong** from 6:30 p.m. to 8 p.m. Another **drop-in peer support group** goes from 6 to 8:30 p.m.

Tuesday Sept. 26

Nassagaweya Presbyterian Church hosts the **Roast Beef Dinner** at 5 p.m. and 6:45 p.m. Takeout is also available. Tickets cost \$12 for adults and \$6 for children aged 6 to 12 years. Children aged 5 years and under eat for free. Tickets must be bought in advance. Call 854-1055, 876-3322 or 854-2375.

The **North Halton Literacy Guild** holds basic tutoring services in English, math and independence skills from 6:30 to 8:30 p.m. at Bishop Reding Secondary School. For more information, call 873-2200.

The Halton Regional Health Department presents **'Quick Easy Ways to Healthy Eating'** for women aged 25 to 44 upstairs in Loblaw's from 6:30 to 8:30 p.m. The cost is \$5. To reserve a seat call 825-6060, ext. 7489.

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Positive Impact

WORKSHOPS IN PERSONAL GROWTH

Make a fresh start for the millennium!

A Journey Toward Strength for Women

"...when you leaf through the studies, you can sense, floating in the air, ghosts of unborn dreams, unrealized hopes, undiscovered talents"

— Caryl Rivers, Rosalind Barnett in *Beyond Sugar and Spice*

Why is it so many of us find difficulty truly valuing ourselves?

Join Jane Kelland-Germain for a six week workshop designed especially for women. In a comfortable, relaxed atmosphere discover ways to develop physical and mental strength, to raise your self-worth and to rediscover "you".

Jane has been working with women for over 20 years. She has a background in physical fitness, nutrition and psychology and was host and producer of the CTV television series "Fitness with Love". She now dedicates herself to helping women develop self-esteem and the power to follow their dreams. She will lead you through a thought provoking journey of personal growth followed by a class of stretch, strength and relaxation using **yoga, meditation and guided imagery**. You will leave the workshop feeling refreshed, strong and energized.

Workshop Date and Location

MILTON

Tuesdays Starting Sept. 26th

7-9:30 pm

Quality Inn, 161 Chisholm Drive.

For more information, please call Positive Impact 905-659-0733

Milton Farmers' Market

Featuring:

Fresh Local Fruits & Vegetables,

• Meats, Breads, Cheeses,
Pies, Maple Syrup, Plants,
Flowers, Crafts & More!

Be sure to try our
Bacon-On-A-Bun
at the Scholarship Cafe

SATURDAY MORNINGS

7:00 am - 12 noon

Until October 30

Downtown on Main Street

A warm welcome awaits you at the Milton Market!

For more information call

878-0581

