



**SEPTEMBER IS PROSTATE CANCER AWARENESS MONTH**

Individuals with Prostate cancer and their families are invited to attend a **FREE** seminar entitled:

**PROSTATE CANCER Issues and Contrivies in Management**

**THURSDAY, SEPTEMBER 21, 2000**

**Milton District High School, Milton**  
(396 Williams Avenue)

Prostate cancer is the most common cancer and the second leading cause of cancer deaths in men. When detected early, before it has spread to other organs, the cancer may be curable. It is usually a small and slow-growing cancer. Risk increases with age, and most cases are in men over 65. Treatment programs are developed to meet an individual's need and depend on man's age, his health and the status of the cancer growth. The seminar will address these issues:

6:30 p.m. Displays & refreshments  
7:00 p.m. Presentations by:

Dr. P.C. Punnen, Urologist  
Dr. J. Sathya, Radiation Oncologist  
Lynda Putman, RN, VON  
John Beverley, Surgical Success Story

**FREE. Seating Limited. Call 338-4379.**

ASL interpreter available for the deaf.  
Those requiring ASL services must register:  
E-mail:cpopp@otmh.on.ca or Fax: (905) 878-0498

Made possible through an educational grant from:  
**AstraZeneca Canada Inc.**  
With appreciation to the  
Milton District Hospital Foundation

Watch for our **Lifestyles section** in next **Friday's edition.**

*Book in second printing*

The Conservation Halton Foundation's fundraising book 'Halton: Rising, Wild and Beckoning' is now in its second printing after 8,000 copies sold out.

Sales of the book have so far raised about \$200,000 for the Mountsberg Visitor Centre, said Sarah Lowe, foundation director and chair of the book com-

mittee.

"The book has not only raised considerable funds for conservation, but has also raised awareness of the watershed's significant natural environment and important work of Conservation Halton," she said.

The book is a guide to Halton's watershed that includes such unique features as the Niagara Escarpment, Carolinian forests, Lake Ontario shoreline, creeks, valleys and rich wetlands.

The hardcover book features 160 photographs, 16 coloured maps showing scenic drives and trails and a full-colour fold-out map with dozens of natural and cultural features listed on it.

Each chapter in the book is introduced by interesting people such as astronaut Dr. Roberta Bondar, patron of the visitor centre campaign, David Crombie, chair of the Lake Ontario Waterfront Regeneration Trust and Robert Bateman, international wildlife artist.

The book costs \$39.95 and is available in bookstores throughout Halton. People can also purchase a limited millennium edition of the book that has a gold embossed sleeve and is autographed by Dr. Bondar.

This book costs \$75 and is only available from the foundation.

For more information on the book, call the foundation at 336-1158, ext. 255, or order it online at [www.conservationhalton.on.ca](http://www.conservationhalton.on.ca)

**17th Annual Milton Farm Fall CRAFT SHOW**

**SEPTEMBER 23 & 24**

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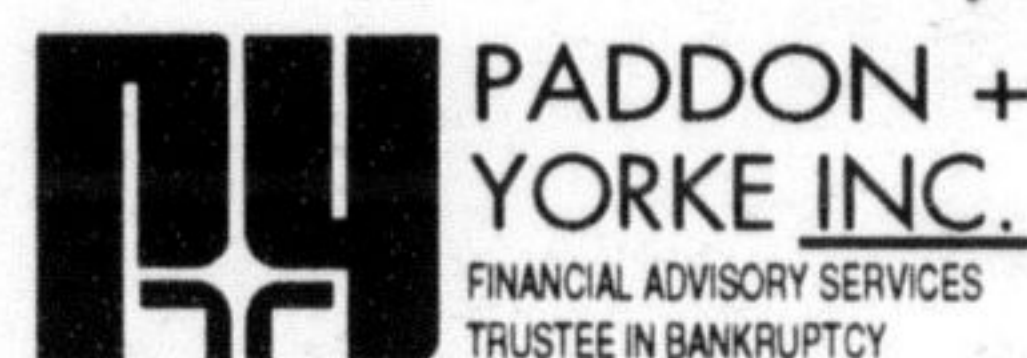
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MILTON WOMEN'S TRIATHLON



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want to say  
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to the following who helped raise over \$10,000.00 in support of Big Sisters by sponsoring the 6th Annual Milton Women's Triathlon Sunday September 3rd at Kelso Park.

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*Thank you to all our wonderful volunteers. See You Next Year! [www.womenstriathlon.com](http://www.womenstriathlon.com)*