

SPORTS

THE CANADIAN CHAMPION

FRIDAY SEPTEMBER 8, 2000

Triathlete still tops at local showcase

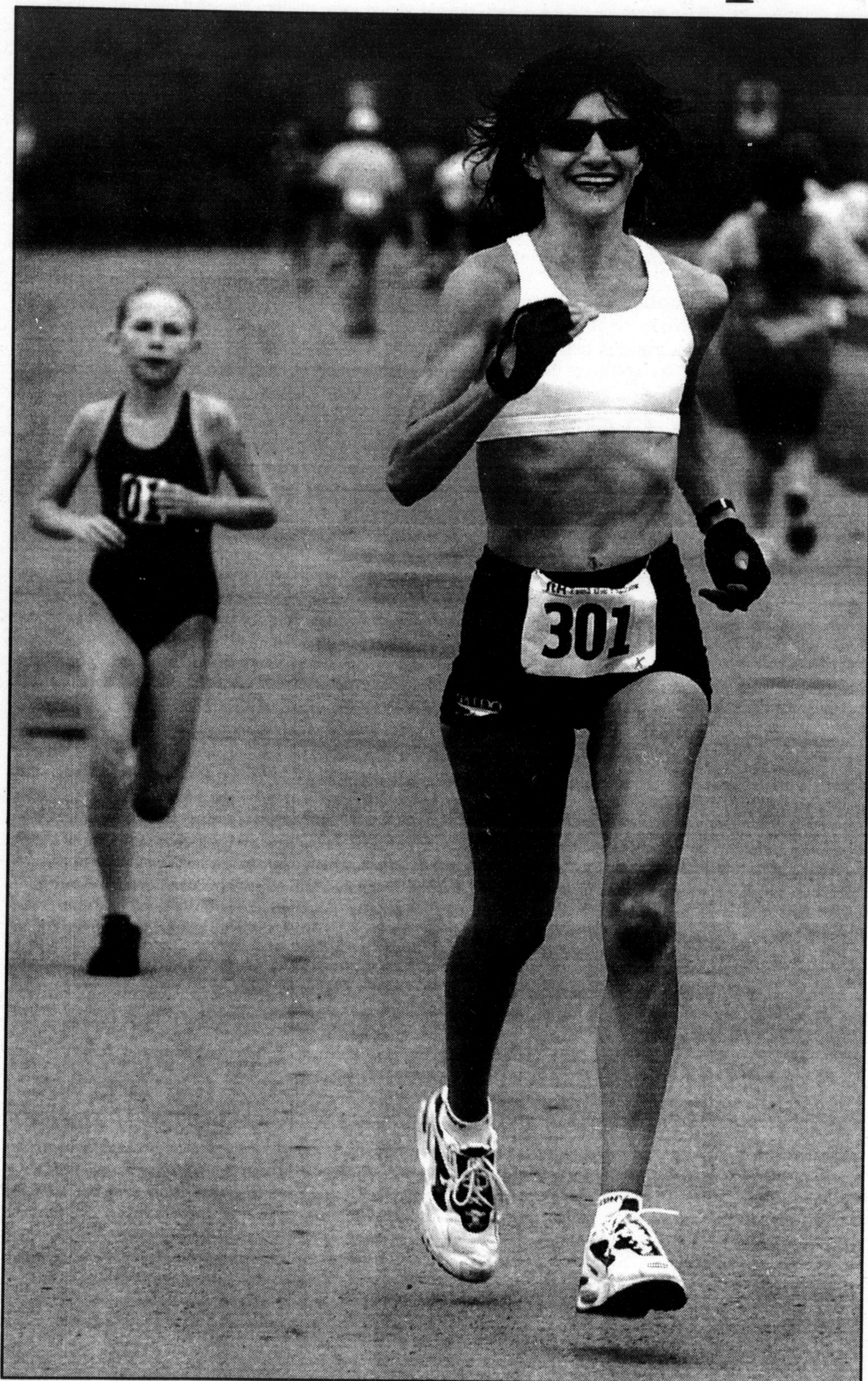


Photo by GRAHAM PAINE

Triathlete Angela Quick (left) and duathlete Josie Radocchia close in on the finish line during Sunday's sixth annual Women's Triathlon/Duathlon Milton at Kelso Conservation Area.

Minesing teen moves up to longer distance race and still prevails at Kelso Sunday

Brand new challenge, same old success.

That was the story for Minesing's Brianna Martin Sunday morning during the sixth annual Women's Triathlon Milton at Kelso Conservation Area.

The 16-year-old racer had won last year's shorter 300-metre swim, 11-kilometre bike, 2-kilometre run course and this time around tested her mettle with the more grueling 750-metre swim, 22-kilometre bike, 5-kilometre run triathlon.

Once again, she bested all challengers — clocking in at an impressive 1:14.01, just 15 seconds ahead of Georgetown's Lesley Grice.

Sister shines as well

Kid sister Arielle Martin, 12 — who last year won the 2-kilometre run, 11-kilometre bike, 2-kilometre run duathlon — won her 10-15 year age class in the lengthier triathlon and was 11th overall with a time of 1:20:40.

Meanwhile, Campbellville's Sonia Boucher was the top local finisher. She placed 20th overall and fourth in her 30-39 year division with a 1:27:28 effort.

With shorter triathlon competition, local racers enjoyed greater collective success.

Milton's Kristina Dick took second overall, clocking in less than a minute behind winner Tamara Baldwin of Brockville with a time of 39.13.

Four spots back for sixth — finishing in 41.01 — was Andrea Tereszko, who won

her 20-29 age group by more than half-a-minute.

Neck and neck

Fellow Miltonians Joan Whitman and Carrie Ann Nichols — 42 and 19 years of age — finished 13th and 14th respectively.

Whitman, who was a mere seven seconds faster with a finish of 42.24, won her 40-49 age division while Nichols took second in her teen loop.

Race founder Tina Braam, 56, of Milton tamed the shorter triathlon course in 47:52 for top spot in her 50-59 year division and 48th place overall.

Milton's top duathlon finisher was 30-year-old Shannon Dick, who stopped the clock in 42.16. She was third in the 30-39 division and 14th overall.

One spot back within the division and 26th overall — with a time of 43.31 — was 32-year-old Darlene Long.

Eleven-year-old Elissa Whitman was second in the 10-15 class and 81st overall. She negotiated the course in 48:35.

This year's event included approximately 350 competitors for the best showing ever. Financially, Women's Triathlon Milton's 2000 showcase also hit a record. Now backed by major sponsor TwinLab of Acton, this year's event took in roughly \$10,000 for Big Sisters of North Halton.

More than 50 volunteers helped make the event a success, and any of those who did not receive a t-shirt on race day are asked to call Harry Barnes at (519) 856-1154.

Brancier earns plate

Miltonian Alex Brancier is among the best BMX riders in North America — and has the moment to prove it.

The 15-year-old racer earned a fifth-place finish in his novice age class for the season following Saturday's Grand Nationals in Louisville, Kentucky.

Despite a disappointing eighth-place finish in the eighths round — during which he crashed early and was unable to recover — Alex had a fairly solid weekend, taking first, second and third place in his mottos within what was the largest and arguably the toughest age division in North America.

Strong performances in Pittsburgh and Waterford, Michigan led him to a top-five finish for the year.

Meanwhile, Milton's Bob Rowley — one of the top professional male riders in Canada — came up just shy of getting past the motto stage in his elite men's class Saturday.

He finished second, fourth and fifth which wasn't quite enough for advancement.

Nevertheless, the 23-year-old said he was fairly pleased with his season.

"I think I'm improved this season," he said.



**HAC OPEN
BASEBALL
TRYOUTS**

The Halton Athletic Club

will hold **Open Baseball Tryouts** on **Saturday 16 and Sunday 17 of September 2000** from **10:00 a.m. to 2:00 p.m.** (both days)

Players interested in attending tryouts must contact
Head Coach Steve Mousseau at (905) 257-8333.

HAC offers exceptional developmental programs and high-level competition to Halton area athletes age 13-16.
For additional information about HAC check us out at hacbaseball.com