Be sure to check out our

Arts & Entertainment section in next Friday's Champion.





Caring Today, Growing for Tomorrow

invite you to attend a FREE seminar entitled:

Prostate Cancer Issues and Controversies in Management

Thursday, September 21, 2000

6:30 p.m. Displays, Refreshments

7:00 p.m. Presentation by: Dr. P.C. Punnen, Urologist Milton District Hospital, Humber Memorial Regional Hospital Dr. J. Sathya, Radiation Oncologist Hamilton Regional Cancer Centre Lynda Putman, RN, VON John Beverley, Surgical Success Story

> Milton District High School, Milton 396 Williams Avenue

(west on Derry Rd. from #25, north on Commercial for two blocks)

FREE. Seating Limited. Call 338-4379.

ASL interpreter available for the deaf. Those requiring ASL services must register: E-mail:cpopp@otmh.on.ca or Fax: (905) 878-0498

Made possible through an educational grant from:

AstraZeneca Canada Inc.

With appreciation to the Milton District Hospital Foundation

Ostrichfest set for this weekend

Don't stick your head in the sand. This weekend, have fun and learn at Ostrichfest 2000 instead.

It will take place Saturday and Sunday at White Rock Ostrich Farm located on Fourth Line just north of No. 25 Sideroad/Regional Road 12.

Ostrichfest allows visitors to witness the strange birds that boast three pairs of eye-

lids, two toes and one toenail up close at a working ostrich farm.

Crafts such as painted ostrich eggs, painted feathers, hand-carved ostrich eggs, egg-shell jewelry and ostrich hand-puppets will be on sale at the event.

And visitors can sample low-fat, low cholesterol ostrich meat in the form of burgers, hot dogs or smoked roast on a

ADVERTISEMENT

27 Tips to Drive Up the Sale Price Of Your Home

MILTON - Because your home may well be your largest asset, selling it is probably one of the most important decisions you will make in your life. And once you have made that decision, you'll want to sell your home for the highest price in the shortest time possible without compromising your sanity. Before you place your home on the market, here's a way to help you to be as prepared as possible.

To assist homesellers, a new industry report has just been released called "27 Valuable Tips That You Should Know to Get Your Home Sold Fast and for Top Dollar." It tackles the important issues you need to know to make your home competitive in today's tough, aggressive marketplace.

Through these 27 tips, you will discover how to protect and capitalize on your most important investment, reduce stress, be in control of your situation, and make the most profit possible.

In this report you'll discover how to avoid financial disappiontment or worse, a financial disaster when selling your home. Using a commmon-sense approach, you get the straight facts about what can make or break the sale of your home.

You owe it to yourself to learn how these important tips will give you the competitive edge to get your home sold fast and for the most amount of money.

To hear a brief recorded message about how to order your free copy of this report, call 1-888-475-8645 and enter ID#1023. You can call anytime, 24 hours a day, 7 days a week.

This report is courtesy of Chris Newell, Sales Rep., Remax Blue Springs Realty (Halton) Corp.

bun. Frozen ostrich meat is also available to take home.

A guided haywagon tour will show guests around the farm for a \$2 fee, which

includes a souvenir ostrich feather. This year's Ostrichfest will also mark the debut of Screamfest, an on-site haunted house created in time for Halloween.

Admission to the spooky sight is \$2 during Ostrichfest, rising to \$5 for adults throughout October.

A less ghoulish Screamfest tent will be set up for the younger set, with the cost of admission set at \$1 this weekend.

The new features illustrate the evolution of the special event, said Deborah Simmonds, who owns the farm with her husband Ron.

"We think it's important to always offer something new to our guests," she said. "This is our third Ostrichfest and we're getting to know our visitors and their needs better."

Guests will leave with a myriad of interesting ostrich information. For example, one ostrich egg, which weighs between three and four pounds, is laid about every second day, takes about 42 days to incubate, and is the equivalent of two dozen chicken eggs.

Also, an ostrich can expect to live up to 70 years and can run at a speed of about 70 kms an hour for 15 minute stretches.

And young ostriches grow to a mature weight of between 250 to 350 pounds in 10 to 14 months.

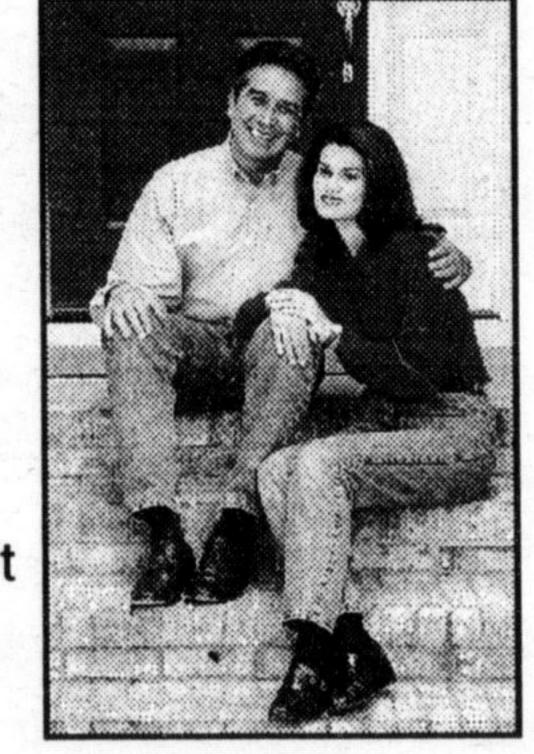
The farm even offers a skin care product line made from ostrich oils.

White Rock is open Wednesday through Sunday until Thanksgiving, then is open weekends only until Christmas. Its hours are 10 a.m. to 5 p.m. For more information, call White Rock at (519) 856-1487.



Getting to know the Community Care Access Centre (CCAC) of Halton

- The Community Care Access Centre of Halton provides quality services for home care, referrals to nursing homes and health information to Halton residents.
- The Community Care Access Centre of Halton helps the elderly, people with disabilities and those who are seriously ill to stay in the comfort of their own homes for as long as possible. We will also help you to find a home for your loved one when living independently is no longer a safe option.
 - There are many community agencies in Halton to serve your needs. If you are looking for help and don't know where to turn, call the Community Care Access Centre of Halton and ask to speak with a member of our Information and Referral Team.



• The Community Care Access Centre of Halton is easy to contact. If you, a family member or friend needs home care services,

personal support or placement into a nursing home, you can reach us 7 days a week, 8:30 a.m. to 10:00 p.m. by calling (905) 639-5228 or, toll free at 1-800-810-0000. There is no cost to the client for direct services provided by the CCAC. Services are funded through the Ministry of Health and Long-Term Care.

CLIP AND SAVE

CCAC of Halton **Annual General Meeting**

Wednesday, September 20, 2000 Commencing at 7:00 p.m.

Halton Regional Centre, Auditorium 1151 Bronte Road, Oakville

Speaker: Harry van Bommel Family Caregiver, Renowned Speaker and Author of:

 Caring for Loved Ones at Home • Family Hospice Care – Pre-planning and Care Guide

Please R.S.V.P. to

Roberta Calderbank (905) 639-5228, ext. 8746 or toll free 1-800-810-0000

Open Board Meeting Dates ~note new time!~

- October 18, 2000; 6:30 p.m. CCAC of Halton,
 - 440 Elizabeth Street, 4th Floor, Burlington
- November 15, 2000; 6:30 p.m. Milton Police Station, 490 Childs Drive, Milton
- December 20, 2000; 6:30 p.m. CCAC of Halton,

440 Elizabeth Street, 4th Floor, Burlington

For further information regarding Board meetings, please contact Linda Ferras at:

(905) 639-5228, ext. 8921 or call toll free 1-800-810-0000

How to contact us:

Phone Numbers: (905) 639-5228 or toll free: 1-800-810-0000

440 Elizabeth St., 4th Floor, Burlington

> Visit our website: www.ccac-halton.on.ca

Telephone Inquiries: 8:30 a.m. - 10:00 p.m. daily

Office Hours (open to the public): 8:30 a.m. - 4:30 p.m. (Monday - Friday)