# goodness sake...



A good health tip from Milton District Hospital

### SEMINARS ON PROSTATE CANCER

THURSDAY, SEPTEMBER 21

"Prostate Cancer: Issues and Controversies in Management" with Doctors Punen and Sathya at Milton District High School from 7:00 to 9:00 p.m. Displays from 6:30 p.m.

Call 338-4379 to reserve a seat.

"For goodness sake" is brought to you courtesy of



and The Canadian Champion



Photo by GRAHAM PAINE

### Close inspection

Bill Schorse lets another British car enthusiast peek under the hood of his '58 Austin Westminster A95 coupe during the annual British Saloon Car Club picnic and show at the Halton Region Museum August 27.

GoodLife

Invites You To Our

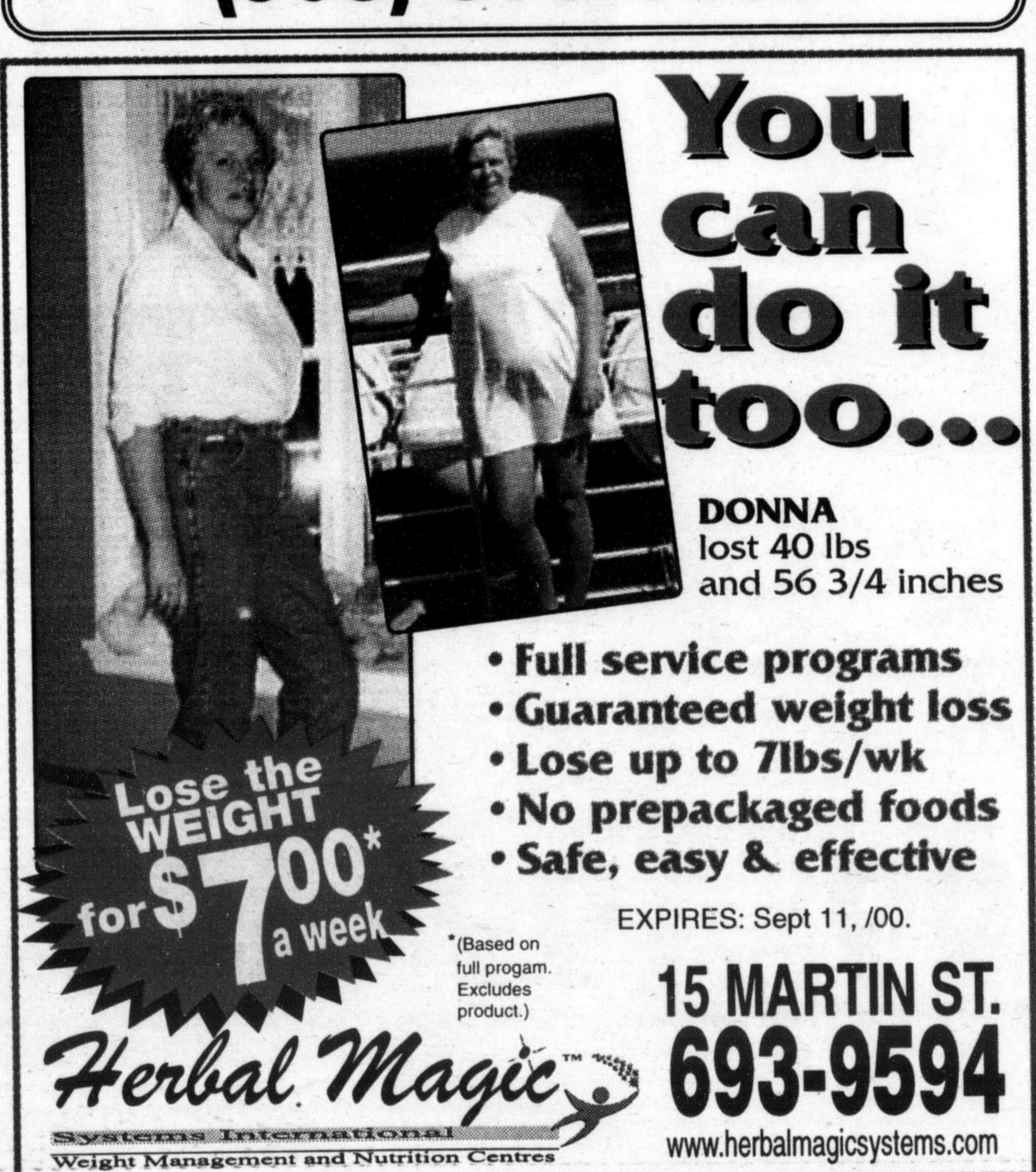
Tuesday, Sept. 12, 4:00 - 8:00 pm Thursday, Sept. 14, 10:00 am - 12 noon

We are accepting resumés for the following positions:

- Customer Service
- Group Fitness Instructor
- Membership Co-Ordinator
  Personal Trainer
- Fitness Trainer

Please bring your resumé to:

855 Steeles Ave. E., Milton (905) 876-3488



## Dateline

Notices for Dateline should be handed in at the office of The Champion, 191 Main St. E., mailed to P.O. Box 248, Milton, Ont., L9T 4N9, or faxed to (905) 878-4943. The final deadline is noon Friday for Tuesday's edition and noon Wednesday for Friday's edition.

#### **Tuesday Sept. 5**

The Peel/Halton Vaginal Birth After Cesarean/Cesarean Awareness Group provides information, support and topical discussions at its 7:30 p.m. meeting. For telephone support, further information or directions call Penny at (905) 873-2779 or Wendy at (905) 891-9793.

Learn to write a resumé, cover letter and contact card at the Milton Human Resource Centre, 310 Main St., suite 106. For details call Maggie at 876-9828.

The Milton Fibromyalgia Support Group meets at 2 p.m. at St. Paul's United Church. For details call 878-4406.

The Milton Choristers, a choir of enthusiastic men and women of all ages, is looking for new singers to help kick off its 32nd season. The first rehearsal is from 7:45 to 10 p.m. at Grace Anglican Church on Main Street. For more information contact Robin at 876-3307.

Learn how to become an effective speaker and listener and to think on your feet with the Milton Toastmasters at 7:30 p.m. at the Royal Canadian Legion on Charles Street. For details call 875-3720.

A Parent Support Group meets at 7:30 p.m. at Pinelands Presbyterian Church, 5270 New St., in Burlington. This nondenominational self-support group with trained leaders helps parents of children who are in trouble at home, at school or with the law or who are abusive or taking drugs. For details call 1-800-488-5666.

#### Wednesday Sept. 6

The Milton Seniors' Activity Centre, 500 Childs Dr., begins its weekly Lunch Counter from 11:30 a.m. to 1 p.m. People must register by the Monday before. For details call 875-1681.

The Milton Seniors' Activity Centre, 500 Childs Dr., hosts its Computer Club at 1:30 p.m. in the library. This month's topic is 'Learning Windows '98'. For details call 875-1681.

The Milton Seniors' Activity Centre, 500 Childs Dr., hosts an Evening Euchre Party at 7:30 p.m. For \$2, people can enjoy great conversation and keen competition. For details call 875-

Wellspring Halton-Peel, 2545 Sixth Line, in Oakville offers the Community Open House from noon to 6:30 p.m. People are invited to drop in and tour the new facility. The Oakville Trafalgar Lions Club hosts a barbecue from noon to 2 p.m. and 5 to 6:30 p.m. Proceeds go to Wellspring.

#### Thursday Sept. 7

The Milton Seniors' Activity Centre, 500 Childs Dr., offers Seniors Cinema for \$1. Call 875-1681 for the feature perfor-

The Victorian Order of Nurses hosts a Foot Care Clinic at the Milton Seniors' Activity Centre, 500 Childs Dr., from 1 to 4 p.m. To reserve a spot contact the centre at 875-1681.

The Milton Seniors' Activity Centre, 500 Childs Dr., hosts Open House Day from 11 a.m. to 1:30 p.m. People are invited to visit the centre to get the scoop on the new fall activities and enjoy free hot dogs and a movie.

#### Saturday Sept. 9

Community organizations and clubs offer information and demonstrations at the Milton Community Resource Centre's Annual Open House from 9:30 a.m. to 3 p.m. at Milton Mall. People can also sign up for courses at that time. For more information call the centre at 875-4636 or 875-INFO.

St. Stephen's Anglican Church, Steeles Avenue and Ninth Line, in Hornby presents Rev. Mark Curtis at 7:30 p.m. The topic is 'Making Soulful Choices for our Lives'. A free offering is accepted.

#### Sunday Sept. 10

Everyone is invited to the Garden Party BBQ at 1:30 p.m. at 14 Mill St. People can enjoy delectable delights by Caribbean chefs from the Greater Toronto Area as well as steel band music, raffles, prizes and laughter. Mums are also for sale. A \$15 donation is required with proceeds going to the UHWI Graduate Nurses Association Heartstrings Fund.

#### Sunday Sept. 10 - 11

The Milton Players Theatre Group hosts auditions for the Odd Couple by Neil Simon at 1:30 p.m. Sunday and 7:30 p.m. Monday. Auditions for the Geoff Ford production are at 295 Alliance Rd., unit 15. Show dates are November 3, 4, 8, 9, 10 and 11. For more information call 875-4053.