235 GUELPH STREET 873-1999 Daily 6:55 p.m. & 9:20 p.m. Sat. & Sun. 2:00 p.m. & 4:20 p.m. ME, MYSELF & IRENE AA Daily 6:45 p.m. & 9:00 p.m. Wed., Sat. & Sun. 2:00 p.m. & 3:55 p.m. Daily 7:05 p.m. & 9:05 p.m. Sat. & Sun. 2:00 p.m. & 3:50 p.m.

Under a full moon

Embracing a happy and fulfilled life

By IRENE GENTLE

The Champion

ealing can mean facing down a painful past. But in the Full Moon Women's Healing Circle, it mostly means embracing a happy and fulfilled present.

"The emphasis is on what's the most positive in my life," said circle leader Karleen Heisler. "Everybody brings their

strength to the circle. We're tapping into the feminine. The goddess energy."

Devoting herself to helping others through everything from prayer circles to psychic consultations has taught Ms Heisler that suffering doesn't run along gender lines.

And so to everyone she extends her healing services — all but the circle, which trades in on the mysterious, magnetic, feminine power of the moon.

"Everything in nature has a masculine and a feminine," explained Ms Heisler. "Since we are women, we embody the feminine principle."

But that can be sacrificed in the fight for respect in the day-to-day world.

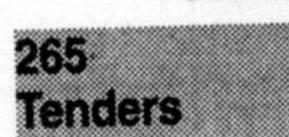
"There's very little we have that's exclusive to us," said Ms Heisler. "I've been asked repeatedly if the men could join us and I've said no."

Keeping the circle separate is a way to help women reconnect with their own brand of power.

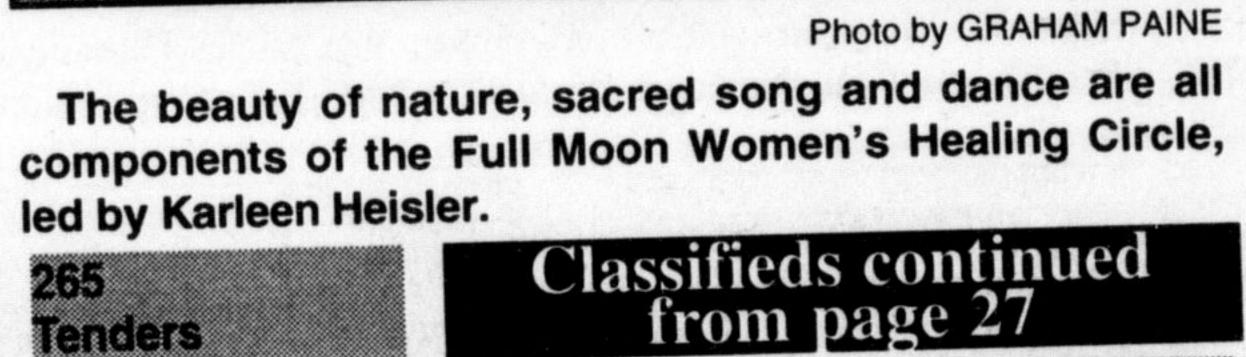
That renewed vigour can lead to positive change.

"It's important for women to educate themselves and strengthen themselves, said Ms Heisler. "It starts with a small awareness, understanding the importance of our role."

see PEOPLE on page 19



265 Tenders



265 Tenders

REQUEST FOR TENDER

Bid documents for the contract or service listed below, addressed to the Manager of Purchasing, 1151 BRONTE ROAD, OAKVILLE, ON L6M 3L1 will be received until 2:00 p.m. Oakville time on the specified closing date. Bid documents can or obtained through the Purchasing Div. of the Corporate Services Department, same address as above, tel: 905-825-6000, Ext. 7031.

Documents will be available for pick up on and after Tuesday, June 27, 2000. There is anon-refundable deposit of \$25.00 plus \$1.75 GST.

Bids will be opened in public at 2:15 p.m. on the due date specified in the Nelson Room at the above address. Those submitting bids are invited to attend.

Under no circumstances will facsimile or late bids be accepted or considered. Lowest or any bid not necessarily accepted.

00-T-015-1 SUPPLY AND DELIVERY OF METER VALVES CLOSING: TUESDAY, JULY 11, 2000

P. MURPHY COMMISSIONER

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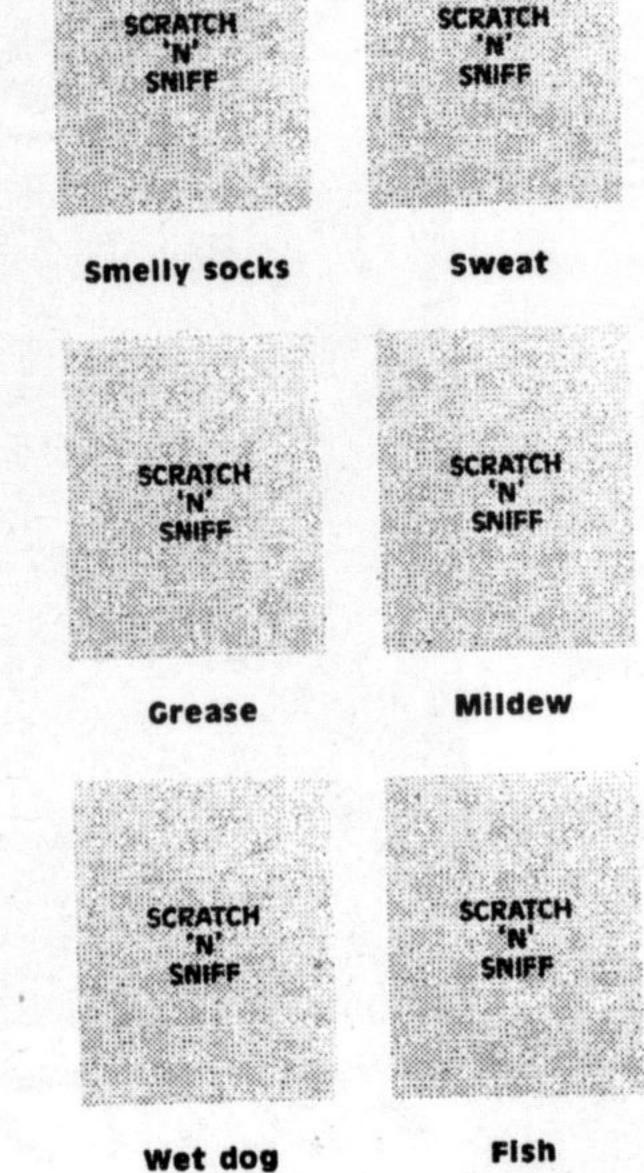


GARBAGE COLLECTION

There will be no change to garbage collection on the Canada Day holiday. Regular collection will take place on Monday, July 3, 2000. The Landfill Site will be closed on Saturday, July 1, 2000.

Garbage: 1-800-330-0868 Canadian Waste Services

For additional information contact Halton Region Waste Management Division at: 825-6034 www.region.halton.on.ca



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